

SATURDAY

ESCONDIDO 9:00am to 10:30am
CoDA Saturday Escondido - CA0137 (s, ss, t)
Trinity Episcopal Church (in the library)
[845 Chestnut Street, Escondido, CA 92025](http://845ChestnutStreet,Escondido,CA92025)
Nicole (619) 733-6425

UNIVERSITY HEIGHTS 10:00am to 11:00am
Live Easy but Think First - CA1307 (wc, s)
Live and Let Live Alano Club
[1730 Monroe Ave, San Diego, CA 92116](http://1730MonroeAve,SanDiego,CA92116)
Scott J. (619) 208-1412

MENIFEE 10:00am to 11:30am
Saturday CoDA Book Study - CA1354 (sp, wc)
St. Stephen Episcopal Church
[26704 Murrieta Road, Menifee, CA 92065](http://26704MurrietaRoad,Menifee,CA92065)
Mary D. (951) 514-6418

GRUPOS EN ESPAÑOL

www.codaespanol.org
www.codaenespanol.org

Para más informes, escriba a espanol@coda.org o
marque 888 444-2379. Deje un mensaje y se le
devolverá la llamada.

CHULA VISTA Jueves 6:30pm to 8:30pm
Ya no sea Codependente - CA1324 (e, s)
First Baptist Church
[494 E Street, Chula Vista, CA 91910](http://494EStreet,ChulaVista,CA91910)
Cindy (619) 482-6966

CHULA VISTA Martes 6:30pm to 8:30pm
Encontrando mi Identidad - CA1290 (e, ss, t)
[226 Church Ave, Chula Vista, CA 91910](http://226ChurchAve,ChulaVista,CA91910)
Lety (619) 623-7640

THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request.
Being listed on this schedule does not
constitute approval of any group's manner
of practicing the CoDA program.

(revised 12/29/2018)

MONTHLY MEETINGS

KENSINGTON First Sundays 5:30pm to 7:15pm
Sunday Speaker's Meeting - CA0859 (spk)
Kensington Community Church
4773 Marlborough, San Diego, CA 92116
Corner of Alder & Marlborough in the main hall.
Contact email: sdcodaspeakers@gmail.com

Community Business Meeting

Third Saturdays 10:00am to 12:00pm

All members are welcome.

Mira Mesa Presbyterian Church,
[8081 Mira Mesa Blvd, San Diego, CA 92126](http://8081MiraMesaBlvd,SanDiego,CA92126).
Corner of Reagan Rd. Enter parking lot from
Berwyn Rd. - Contact Fran M. (619) 426-6843

H&I Volunteer Opportunities in San Diego and Vista Correctional Intuitions.

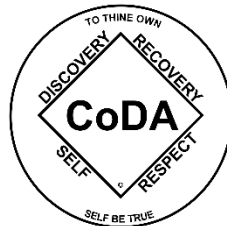
Please Email: h-i@sdccoda.org

CoDA has **Alternative Format Meetings**,
which include meetings by telephone and
online (email, chat, video chat).

Link: [CoDA.org - Find a Meeting](http://CoDA.org-FindaMeeting)

Links to other CoDA websites:

CoDA International www.coda.org
Los Angeles County www.lacoda.org
Orange County www.occoda.org
Southern California www.socalcoda.org
Desert Area www.desertcoda.org



Co-Dependents Anonymous of San Diego, CA

CoDA Meetings Schedule January 2019

P.O. Box 720064
San Diego, CA 92172-0064
Meeting Phone Line: (619) 222-1244
www.sdccoda.org

**Newcomers are welcome at all meetings.
If you attend a meeting and it does not
meet your needs, please try another.**

For **San Diego** meeting changes and meeting
contact information changes, please email:
newsletter@sdccoda.org.

For meeting registration and to list meetings
with CoDA.org, email meetings@coda.org.

Please email your meeting's contact info to
meeting_contact@codependents.org if you
would like to receive info from CoDA.org.

Meetings Worldwide: [CoDA.org - Find a Meeting](http://CoDA.org-FindaMeeting)

Meeting Codes:

c	Closed - call before coming	wc	Wheelchair Access
b	Book Study	sp	Sponsor Available
e	Español	spk	Speaker
g	Gay	ss	Step Study
m	Men	t	Traditions
s	Sharing	w	Women

SUNDAY

CLAIREMONT 10:30am to 12:00pm
Sunday Serenity Meeting - CA0857 (sp, ss, t)
The Serenity Shop
[4736 Clairemont Mesa Blvd, San Diego, CA 92117](#)
Steve (619) 770-9379

KEARNY MESA 12:30pm to 2:00pm
Not Just Beginners - CA0228 (s)
Sharp Mesa Vista Hospital
[7850 Vista Hill Ave, San Diego, CA 92123](#)
Enter through east parking lot on Meadowlark Dr.
Professionals and clinical observers not permitted.
Michelle S. (619) 772-0509, Mike M. (619) 934-6621

KENSINGTON see **MONTHLY MEETINGS** on other side.

OCEANSIDE 5:00pm to 6:00pm
CoDA "BYOBlue Book" - CA1519 (b) (all genders)
Immanuel Lutheran Church
[1900 S Nevada Street, Oceanside, CA 92054](#).
In portable trailers next to the playground.
Last Sunday is a Speaker. Babysitting children 2-10.
Erin H. (760) 213-8946

UNIVERSITY HEIGHTS 2:00pm to 3:00pm
Hillcrest/Univ. Hts., Sunday - CA1157 (s, wc, g)
Live & Let Live Alano Club
[1730 Monroe Ave, San Diego, CA 92116](#)
Ground Floor, Large Room - Scott (619) 208-1412

TEMECULA 3:00 pm to 4:30pm
The Sunday Group - CA1365 (s)
[27470 Commerce Center Drive, Temecula, CA 92590](#)
Alano Club - Darcie (951) 259-5248

TEMECULA ~ **NEW MEETING** ~ 5:45 pm to 7:00pm
The 5:45 Temecula CODA Step Meeting - CA1500
[41877 Enterprise Circle N, # 100, Temecula, CA 92590](#)
Darcie (951) 259-5248

MONDAY

SAN CARLOS / LAKE MURRAY 6:30pm to 8:00pm
La Mesa Monday Nights - CA1105 (s, sp, t, ss, wc)
[6556 Park Ridge Blvd, San Diego, CA 92120](#)
St. Dunstan's Episcopal Church - Craig (619) 368-8433

SAN DIEGO 7:00pm to 8:00pm
All Things Considered - CA1293 (s)
[4141 Pacific Coast Hwy, San Diego, CA 92110](#) –
Veteran Village of San Diego - Justin J. (619) 497-0142

DEL MAR 7:00pm to 8:00pm
Del Mar CoDA - CA0207 (ss, wc)
St. Peters Episcopal Church - Youth Room
[334 14th Street, Del Mar, CA 92014](#). Take 14th St to
Maiden Ln to Parish Ln, park in upper lot.
Bill B. (858) 755-1250

CHULA VISTA 7:00pm to 8:15pm
Serenity Seekers - CA1289 (s)
Victory Church
[810 Buena Vista Way, Chula Vista CA, 91910](#)
Nancy Y. (619) 787-5748

CLAIREMONT 8:00pm to 9:15pm
Candlelight - CA0405 (s)
The Serenity Shop
[4736 Clairemont Mesa Blvd, San Diego, CA 92117](#)
Scott (619) 254-5559

CARLSBAD 6:45pm to 8:00pm
Women's Monday Night Meeting - CA1457 (w, s)
[2020 Chestnut Ave, Carlsbad, CA 92008](#)
Pilgrim's Church. Please park in the lot on Monroe St.
Marcy J. (301) 639-2508

TUESDAY

CLAIREMONT 5:30pm to 7:00pm
Loving Support - CA0037 (s, ss, t)
Clairemont Lutheran Church
[4271 Clairemont Mesa Blvd, San Diego, CA 92117](#)
Gary (760) 215-9060

TEMECULA 12:00pm to 1:30pm
Tuesday Noon - CA1306
[27470 Commerce Center Drive, Temecula, CA 92590](#)
Alano Club - Darcie (951) 259-5248

WEDNESDAY

ALLIED GARDENS 9:30am to 10:45am
Miracles - CA1428 (s)
[5107 Waring Road, San Diego, CA 92120](#)
Meeting is in the flat building to right of Fosters Freeze.
Tina (619) 957-3071

ESCONDIDO 6:30pm to 7:45pm
Wednesday Night Empowerment Through Recovery -
CA1316 (s, ss, t).
[795 N Rose Street, Escondido, CA 92025](#)
Corner of Mission Ave & Rose St
Gary (760) 215-9060

THURSDAY

LA MESA / SPRING VALEY 6:30pm to 8:00pm
Reflection and Meditation - CA1262 (b, s, sp, wc)
Trinity Presbyterian Church ~ **NEW LOCATION** ~
[3902 Kenwood Drive, Spring Valley, CA 91977](#)
In the Ward Building across from the Sanctuary.
Jill 619-549-9251

MIRA MESA 7:00pm to 8:30pm
CoDA for Beginners - CA0220 (s, sp, wc)
Mira Mesa Presbyterian Church (at Reagan Rd)
[8081 Mira Mesa Blvd, San Diego, CA 92126](#)
Robin L. (858) 733-2396

OCEANSIDE 6:30pm to 8:00pm
Women's Truth & Recovery Meeting - CA1247 (w)
Immanuel Lutheran Church
[1900 S Nevada Street, Oceanside, CA 92054](#)
Susan T. (760) 480-4492

TEMECULA 7:00pm to 8:30pm
Living Recovery - CA1239 (b, s, sp, ss, t)
[27470 Commerce Center Drive, Temecula, CA 92590](#)
Alano Club - Darcie (951) 259-5248

FRIDAY

MIRA MESA 6:00pm to 7:15pm
Mira Mesa Serenity Lifers - CA0975 (s, sp, wc)
Mira Mesa Presbyterian Church (at Reagan Rd)
[8081 Mira Mesa Blvd, San Diego, CA 92126](#)
Bryna (619) 203-5852

SAN MARCOS 6:00pm to 7:15pm
Women's Peace & Serenity - CA1391 (w, s, t, ss)
Panorama Teen and Family Center
[131 Richmar Ave, San Marcos, CA 92069](#)
Next to San Marcos Senior Center and Fire Station.
Rita (760) 420-7857

ENCINITAS 7:00pm to 8:00pm
Encinitas Seaside - CA1277 (s)
Seaside Center for Spiritual Living
[1613 Lake Drive, Encinitas, CA 92024](#)
Quimby Room (facing Lake Drive)
Susan (760) 944-6101

SANTEE 7:00pm to 8:00pm
Step by Step Serenity and Beyond - CA1463
[8790 Cuyamaca Street, Suite D, Santee, CA 92071](#)
Gary (760) 215-9060 and Julie (619) 654-6044