

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS***

**MINUTES OF THE REGULAR MONTHLY MEETING**

**May 19, 2007**

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1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 A.M. by the Community Representative Gary J. The Newcomers Welcome, CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie announced there were a few copies of the April 22 minutes available. Corrections were made to the April minutes from Nancy, Lynn and Johnny. A corrected set of minutes is attached to the secretary's copy. A current list of members was passed around to "check in" or add your info if necessary (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone.)
3. **Reports**
  - **Community Representative.** Gary reported that 2 meetings have contacted the SDCCoDA for help and direction. Copies of the emails involved are attached to the secretary's copy of the minutes. Three messages were left on the answering machine; two were called back, one still has not been reached. The new phone service has been started. Thanks Raffi! A 2-1-1 agency contacted CoDA to update info in their referral files. That email is also attached. None of our info had changed. The SoCal "retreat" is coming up and we need to let them know if we are willing to hold the 2008 conference here. Also, what were the group's input in regards to the 3<sup>rd</sup> tradition wording change? These topics will be addressed later.
  - **Alternative Community Representative.** (Position open). No report.
  - **Parliamentarian.** Johnny described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.
  - **Treasurer.** Raffi provided a report that is attached to the secretary's minutes.
  - **Regional Representative** Nancy was absent but Gary read her emailed report: The Regional retreat/conference is June 8-10. Info and registration forms can be found at lacoda.org. There will be the Regional business meeting Friday and Assembly Saturday of that weekend as well. Lunch will be provided for the first 40 attendees. Nancy will be unable to attend the conference and a replacement will be needed. Trevor and Betty Jo had expressed interest in going and might be possible voting reps.
  - **Alternate Regional Representative.** Trevor will not be able to attend the SoCal retreat either. We should have a rep there with authority to vote.
  - **Panels/Workshops and Seminars.** Bette Jo gave us a summary of the feedback she received for the Super Seminar Saturday. Several comments were made about the selection

process used for choosing SSS speakers and their qualifications. It was suggested that we have a group conscience before the next SSS meeting. Gary, Joe and Betty Jo have been discussing options via email. Betty Jo thanked everyone for their support and shared that this process has given her much growth.

- **Public Information/Mail.** Csilla reported that she picked up the mail and would have forwarded it to the correct chairpersons.
- **Public Information/Telephone.** (Position open) Raffi gave us a rundown on the new phone system. He and a committee of 4 others initiated the system. We were paying approximately \$150 per month and now will be spending \$50 per month for the system and the transfer of the messages to the number in LA
- **Website Master.** (Position open). As acting chair, Joe reported about a few corrections he's made on for the website. Gary told us about the El Cajon church that wants to start a new meeting and about a group moving to Fridays that isn't on our schedule.
- **Hospitals & Institutions.** Lynne told us about the three meetings (as listed in the newsletter); Monday mornings at Las Colinas, Wed nights at Las Colinas and Wed nights at the downtown men's jail. She may start having potlucks again for the H&I volunteers.
- **Literature.** Tim provided us with a report that is attached to the secretary's copy of the minutes. There is no prudent reserve right now, but since he only spends what comes in, the reserve will gradually climb back to where it should be as he orders in bulk and the rounded up items are ordered. He had to leave early due to work.
- **Outreach.** (Position open). No report. Gary handled the outreach items this month, but stressed the importance of needing an outreach chairperson.
- **Newsletter.** Lesa provided us with the new June newsletter. There were 3 requests for newsletters and 1 subscription ordered.
- **Activities/Refreshments.** Csilla reported on refreshments available.

#### **Announcements:**

Betty Jo asked people going to the Founders event to bring some extra serving dishes.

## **5. Quorum**

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (Twelve voting members until Tim had to leave). Eight voting members constitute a quorum.

## **6. Old and New Business**

- A tabled item from Tom was presented regarding CoDA approved literature. It was discussed that some people, especially newcomers are confused by the fact that only CoDA approved literature is used. It was agreed that this topic should be made more aware in general.
- A tabled item from Tom was discussed about placing speakers recordings on the website for downloading. Gary filled Tom in with what had been discussed last month. Betty Jo offered

to write an article for the newsletter about tapes being available. Tim told us that C.O.R.E. has 21 available for purchase and that a list is available on the website.

- A motion was made by Raffi “Along the lines of Tradition 5 it is proposed to send a letter of advertisement to be placed in the San Diego Reader, weekly, stating that those suffering from Co-Dependence call <our number> or email <our email address>. It was duly seconded and discussed. Raffi volunteered to send a letter each week for this purpose. The motion was amended to state “...is proposed to send an advertisement from a postcard to be placed in the San Diego Reader.” Motion passed 10-0-2.
- A motion was made by Csilla that before taking a community conscience we take a break of a few moments to get in touch with our higher power before voting. It was duly seconded and after discussion motion passed unanimously.
- Tom made a motion to change the first sentence of #2 in the Submission waiver from “transfer copyright” to “permission”. It was duly seconded and after discussion, Tom withdrew his motion and the topic was tabled.
- A conference related motion was made by Trevor to nominate and elect a representative to go to the conference business meeting on Friday, 6/8 at 4pm. It was duly seconded and discussed. Betty Jo volunteered for the position. Gary and Lesa will also be there. The motion was amended to read “...Betty Jo as the primary rep, Gary and the secondary rep and Lesa if needed...”. After a brief moment, the motion was passed unanimously.
- There was a conference related discussion led by Betty Jo about two 90 minute workshop slots on Saturday 6/9. Do we want to fill those spots? Topics suggested by SoCal are “Boundaries” or “F.E.A.R. (False Evidence Appearing Real)”. Joe volunteered to do a Boundaries workshop. It was decided we would accept both time slots between the 5 going (Gary, Karla, Betty Jo, Lesa and Joe). Betty Jo will contact SoCal with our reply.
- A motion was made to accept the 3<sup>rd</sup> tradition change (...with ourselves and then others). It was duly seconded and discussed. The concern of some of the groups was that it should read “,, with our Higher Power, ourselves and then others.” Since we had to vote on the recommended change (for or against) and after a brief moment, the vote was 5-5-1. Betty Jo will let SoCal know of our interest in adding “Higher Power” to the change. **PLEASE ASK YOUR GROUPS THIS WEEK AND EMAIL BETTY JO WITH GROUP COMMENTS AND FEEDBACK ASAP.**
- A motion was made asking if we should host the next (2008) Regional Retreat. It was duly seconded and discussed and after a brief moment, the motion passed 8-0-3. We won’t pay for it but would choose site and chair if we are selected in June to be the 2008 hosts.

## 7. Adjournment

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition; and there being no further business before the Committee, the meeting was adjourned at 12:00 P.M.

Respectfully submitted,

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Jackie Mc, Secretary