

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS***

**MINUTES OF THE REGULAR MONTHLY MEETING**

**June 16, 2007**

---

1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 A.M. by the Community Representative Gary J. The Newcomers Welcome, CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie announced there were a few copies of the May 19 minutes available. Corrections were made to the May minutes from Gary. It was moved and seconded to approve the corrected minutes. A corrected set of minutes is attached to the secretary's copy. A current list of members was passed around to "check in" or add your info if necessary (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone.)

**3. Reports**

**Community Representative.** "We experienced the So Cal Conference/retreat this last month and as always, we had a mixed bag of highs and lows. My emotional roller-coaster was fully present that weekend. And I know discussion will ensue here because of issues that need our community input.

We had a wonderful representation of SD County up at the 'retreat' and 'acting' representatives did a great job. Also, members of the community courageously stepped forward to speak up when violations of the Traditions happened. Where we go from here is up to the community. I contacted Daniel of the Spanish-speaking CoDA community to assist us with the phone line, specifically Box 7. I sent him instructions on how to put a message in the box and contacted him after a week when there was no change to the phone line. I haven't heard back from him yet and I have heard from Raffi that he has had a friend leave a message about the times and locations of the Spanish-speaking meetings in that box. We shall see what happens. In answering the phones, I have had 3 messages, two about perceived errors on our list and one from a therapist wanting to know more about CoDA for a client. The errors do not exist on our current meetings list and the therapist has a better idea of what CoDA is about. I know I have forgotten something, so let's get to business." PS A copy of current bylaws are available for those who don't have one.

- **Alternative Community Representative.** (Position open). No report.
- **Parliamentarian.** Johnny described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.
- **Treasurer.** Raffi provided a report that is attached to the secretary's minutes.
- **Regional Representative** - [Nancy-Bette Jo, as substitute for the Regional and Alternate Regional representatives,](#) reported on the [Quarterly Regional Southern California CoDA board meeting held at the 2007 retreat recently held for in Marina del Rey Southern California](#)

~~CoDA~~. At the prior quarterly meeting we had informed So Cal that we ~~had considered holding~~ were considering having a booth at our county fair, ~~but and at this meeting we reported that we had determined we don't have enough resources to staff the booth this year.~~ It will be looked into for next year. We reported that Super Seminar Saturday was held in April and that one-third of the attendees were from outside the San Diego County CoDA community. A report was made about our Super Seminar Saturdays. At the Assembly, Karla K. We also volunteered to host the 2008 retreat in San Diego. There was some expressed concern during the workshops about the selection process of speakers and about the use of non-CoDA-approved literature at one of the Retreat workshops. She introduced a motion later in the meeting on this subject. Also at the Assembly, t-adhering to the "rule" about CoDA-approved literature. The new budget was approved for the region, ~~a~~. And the bylaws were amended to allow send 2 delegates instead of 1 from the region to CoDA World (formerly CoDA National) level.

We also reported to Regional that the San Diego Community had voted to support holding the 2008 retreat in San Diego but not to fund it. The Regional Board approved having the 2008 retreat in San Diego and advised us that Regional will give San Diego \$1500 in seed money, and that the event is not funded by the hosting community. Bettey Jo volunteered to be the interim conference chair for the 2008 retreat until we select a committee and chair. She is still looking into the details of who does what and who pays for what, etc is asking for volunteers to help organize the retreat.

- **Alternate Regional Representative.** Absent
- **Panels/Workshops and Seminars.** Bette Jo reported that there were 5 members from San Diego that gave 2 workshops at the retreat. There was a lot of participation. She wants to be sure she has support from the community, requested a group conscience about the speaker selection process, and expressed her wish for an atmosphere of tolerance in handling speaker/content problems that arise at SDCCoDA events and learning due to her amount of recovery in selecting speakers. There will be a discussion later on this topic.
- **Public Information/Mail** absent.
- **Public Information/Telephone.** (Position open) no report
- **Website Master.** (Position open). As acting chair, Joe reported that her has verified all meeting info. He asked about how many of us are receiving spam thru our CoDA email addresses. (a lot and a lot!).
- **Hospitals & Institutions.** Lynne told us that each organization that helps at the jails is allowed 15 openings. We have used 10 and 1 person was removed, allowing for another open position. Also Bettey Jo gave her an article about National level will match matching the amount we spend on H&I. Lynne and Bette Jo will look into this.
- **Literature.** Tim provided us with a report that is attached to the secretary's copy of the minutes. There is a new CoDA approved book coming out from C.O.R.E. this month called "Peeling the Onion". He plans to order some for next month. He also mentioned that there are several opportunities on the National website for service at the National level. (see "Service Report").
- **Outreach.** (Position open). No report.

- **Newsletter.** Lesa provided us with the new June newsletter. Lesa announced she has been voted in as the Historian at the regional level – congratulations Lesa!
- **Activities/Refreshments.** Nancy reported there are no refreshments today since she has been unable to get the equipment from Csilla..

**Announcements:**

None

**5. Quorum**

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (Twelve voting members). Eight voting members constitute a quorum.

**6. Old and New Business**

- A tabled motion from Tom to change the first sentence of #2 in the Submission waiver from “transfer copyright” to “permission”. He believes it is more than we need at this level. (I grant permission to the Committee to publish my article in the newsletter.....) It was duly seconded and after discussion a vote was taken. 11-0-1 passed
- There was a discussion led by Betty Jo regarding the speaker selection process. She asked for guidance as she and Joe prepare for October’s SSS. We have no formal guidelines for screening and selecting speakers or reviewing their presentations before our events. We agreed that an adhoc committee would be set up to come up with some guidelines to bring back to the community. Besides Betty Jo and Joe, Meg, Deborah, Carla and France will be on the committee.
- A motion from Carla in May was made to transfer the literature money from Washington Mutual to the Union Bank, where the regular account is. It was tabled until Tim gets some additional information.
- There was a motion from Carla to send a letter to SoCal Regional that our participation in any future SoCal events be contingent upon use of ONLY CoDA endorsed literature. It was seconded and discussed. It was pointed out that a promise was made before to only allow the properly approved literature to be used. Joe made a point that after the controversy concerning the 2006 conference, in 2005 no one would do the 20076 retreat until LA stepped in at the last minute. Carla amended her motion to read “The Community Rep will write a letter to SoCal Board that San Diego CoDA recommends only CoDA approved literature be used at the conference, s. Subject to the approval of the committee we explain our position. Gary will draft a letter and email it to us and we should email him back our suggestions. The next regional meeting is in August, so we still have next month to approve the letter that will be sent. After a few moments, we voted. 6-4-2.

**7. Adjournment**

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition; and there being no further business before the Committee, the meeting was adjourned at 12:00 P.M.

Respectfully submitted,

---

Jackie Mc, Secretary

Next Meeting: Saturday, July 21, 2007