

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS***

MINUTES OF THE REGULAR MONTHLY MEETING

September 15, 2007

- 1. Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the “Committee”) was called to order at 10:00 A.M. by the Community Rep, Gary. The CoDA Traditions and Intention Statement were read.
- 2. Approval of Minutes.** Jackie announced there were a couple copies of the August 18th minutes available. The current list of members was left at home along with the clip board and promised phone lists. Jackie passed around a sheet of paper to “sign in” or add your info if necessary. A phone list **WILL** be made available next month. It was moved and seconded to approve the minutes as written. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet.)

3. Reports

- **Community Representative – Gary**

Thank you all for working together during my absence to support each other and this community’s growth. It is a demonstration of how life continues even though we take a time out. I wish to thank to Nancy and Johnny for showing such great leadership when the opportunity presented itself.

There are issues that still present themselves to this community which we shall look at again today. Proposed letters to the So.CA. Conference Committee and the Friday Night Encinitas meeting are ready to look at and yet, there is reason to wait. CoDA National is dealing with the same issues of outside literature use at conferences and at meetings and revising parts of the CoDA Big Book to reflect what revisions are decided upon. That brings up the question of whether we should wait to see what others decide or could we continue to use this program of recovery to make our own decisions? We shall discuss that today as part of our agenda.

Also, this community is quickly approaching the time where some of us will step down to allow others to practice their twelfth tradition of service and giving back. A slate of offices that are opening or already open will be distributed at the next meeting. I don’t know about you but I have already noticed a shift in energy as people have taken an active interest in this program and what they can do to help. At this community level and the So.CA. Conference level, people from this community have been stepping up. I am pleased to see the spirit of recovery that is a product of working this program exemplified by these people. They are the “attraction” I learn about in CoDA.

But don’t let me get ahead of myself- we have a Super Saturday Seminar to put on in November! I hope all of us can find a way to assist Joe in making this another wonderful example of sharing our growth. When and if you are asked, I hope you participate by sharing

your story, serving by setting up and breaking down, spreading the word about the seminar, bringing food, helping those who do speak, listening with respect and speaking up if you have reached questions. This will be your seminar and codependents from Riverside and L.A., Orange County, Imperial Valley may be here to find strength in what we share! I am amazed at how far this community's recovery has reached!

Thank you because you are why it is such a great program!

Gary J.

- **Alternative Community Representative.** (Position open). No report.
- **Parliamentarian.** Johnny described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.
- **Treasurer.** - Raffi reminded us that he agreed to take the position until September, is moving but will come to San Diego for the meetings. He provided 2 reports that is attached to the secretary's minutes. The first was the regular monthly report and the second was the Sept. 06 budget totals for 1 year, thru August 31.
- **Regional Representative** - Nancy reported on the Regional meeting that was held last weekend. The region has a sellers permit and pays tax on all the literature it sells. They advised that each group is autonomous in their decision about taxes. (Tim mentioned that he believes he's not selling anything for a profit, only providing literature from C.O.R.E. to the groups.) Nancy announced that the new conference chair for the 2008 retreat to be held in San Diego will be France. It was mentioned that AA literature is NOT CoDA approved, except for the 12 Steps, 12 Traditions and Promises. Those have been through the "approval process" but the rest has not. The National level business meeting will be held in Florida the last weekend of September. Our region will ask to host the 2009 National meeting. The National meeting will also be giving guidelines for groups on how to approach the non-CoDA-approved-literature discussions that have been occurring at every level. Nancy will have more for us next month.
- **Alternate Regional Representative.** Trevor – no report
- **Panels/Workshops and Seminars.** Joe – absent – no report. It was mentioned that the newsletter has an article about SSS and it will be held 11/3.
- **Public Information/Mail** Csilla received 9 pieces of mail that have been distributed.
- **Public Information/Telephone.** Harv has stepped down from his temporary position and Csilla volunteered to be the back up until someone is voted in to the position. She received 3 calls and handled them. Gary also mentioned that Daniel handles the Spanish calls.
- **Website Master.** (Position open). (Joe was at a retreat)
- **Hospitals & Institutions.** Lynne reported on each of the meetings and who is attending. Carlos is working on getting a Spanish speaking meeting started. Lynn is still trying to get into the Juvenile system for meetings.

- **Literature.** Tim provided us with a report that is attached to the secretary's copy of the minutes. He also thanked Meg for bringing the Trader Joes bags for the larger literature orders to be put into.
- **Outreach.** (Position open). No report.
- **Newsletter.** - Lesa was also at the retreat and sent newsletters with France.
- **Activities/Refreshments.** Nancy reported there are refreshments today. She will be absent in October and Trevor volunteered to take over.

Announcements:

Daniel announced that the Monday and Tuesday (woman's) Spanish groups have moved. A flier is attached to the secretary's minutes and the info will be forwarded to both the newsletter chair and webmaster.

A new group has begun in Ramona. Info will be given to webmaster and newsletter chair.

5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (16 voting members). Eleven voting members constitute a quorum. (One third of the voting members of the community, which changes as positions are filled, and groups are started or disbanded.

6. Old and New Business

- A motion from Gary to raise the amount given to new groups for literature, from \$50 to \$75 was seconded. After a moment of silence, the motion passed 15-0-1

A motion from Nancy: Before submitting Gary's letter to So Cal CoDA, it be presented and approved at a community meeting. Seconded. This was the motion from June regarding a violation of outside literature (AA) being used at the retreat. Since the national conference this month will have guidelines presented. After discussion and a moment of silence, the motion passed 15-0-1

- James made a motion that asked "Should the SDCCoDA website add a google map link to each meeting listed using address as a target." James has talked to Joe and he has agreed it would take a very short time to do this. A warning would be given as a disclaimer that the link is not connected to CoDA. After discussion and a moment of silence, the motion passed 15-0-1.
- A motion was submitted after the August meeting by Harv to allow his corrections to the July minutes (that were not accepted as corrections). Since Harv was not there, the motion was tabled.
- A discussion item presented by Lori asked how should groups that are perceived to be violating traditions be approached? Several suggestions were made, and no action was taken.

- Action on a previous motion that was voted on 2 months ago was discussed: should the letter be sent now or wait till after the National meeting. Since the previous motion above was passed saying we had to read and approve any letter sent, the letter was read:

Dear Hal, 2007 Conference Chairs, and Southern California Conference Committee,

The focus of this letter is to affirm the San Diego County CoDA Community's commitment to the 12 Traditions of the CoDA program at all CoDA sponsored events. We do so by supporting through this letter our community members who have expressed their disappointment with one part of the last So.CA.Conference Retreat that didn't follow the traditions as they understand them. We, as a CoDA community, support these members in their understanding of what occurred in reference to "Coda approved" material.

The confusion of what is "CoDA approved" and accepted for use at our Conferences was apparent from what happened at the last retreat. Different areas of our Southern California region seem to understand this phrase to mean different things. **Our Goal is this:** To take this opportunity to clarify this area of confusion at the So.CA. Conference level by hearing from everyone willing to share on the matter, coming to a common interpretation in conjunction with the traditions, and starting out again connected within our region toward our common cause. Isn't that what healthy relationships do to resolve differences?

The San Diego County CoDA Community is committed to working with the So.CA. Conference Committee to establish these understandings of the guidelines as demonstrated by our participation on the committee at the So.CA. Conference level and our acceptance of the responsibility for next year's conference/retreat. At that time we get to "walk our talk" and demonstrate the resolutions developed by So. CA. from these lessons worked out together. It is with love and hope that we offer our participation.

Thank you for your time and efforts on our behalf as codependents- your service to the program. We know from our own experience that it can be challenging at times.

Sincerely,
The San Diego County CoDA Community

A motion was made to approve the letter as read/written was seconded. There was much discussion and we ran out of time. A motion was made to extend the meeting for 10 minutes. It was seconded and the vote was 15-0-1 so the topic was continued. At the end of the 10 minutes, a motion was made to extend the meeting for 10 more minutes. It was seconded and the vote failed, so the meeting ended. (**Secy note: I didn't write down the count but it was something like 10-4-2 – does anyone remember??**)

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and there being no further business before the Committee, the meeting was adjourned at 12:15.

Respectfully submitted,

Jackie Mc, Secretary

Next Meeting: Saturday, October 20, 2007