

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS***

MINUTES OF THE REGULAR MONTHLY MEETING

October 20, 2007

1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 A.M. by the Community Rep, Gary. The CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie announced there were a couple copies of the corrected September 15th minutes available. The current list of members was passed around and a typed list was made available to the members. Jackie will also email a corrected phone list each month. It was moved and seconded to approve the minutes as corrected. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).
3. **Reports**
 - **Community Representative – Gary**

My apologies to you all for my mistakes around "CC"ing and "BC"ing everyone with business e-mails. In my effort to keep members who didn't want to receive e-mail replies from being inadvertently caught up in e-mail communications between members, I "BC"ed everyone except Jackie. Unfortunately, this makes it hard for people to reply to all the members if they don't have their addresses. I shall "CC" everyone and you can determine who you want to receive your replies for yourselves. Please, if you want only certain people to receive your replies, delete the other addresses before you reply.

There is going to be another Super Seminar Saturday!! Joe has put together a wonderful schedule of panels and speakers to share their experience, strength and hope. I would like to congratulate him on coming through for the community!

I hope everyone has been spreading the word about the positions available for volunteering at the community level starting with the new year. New people with fresh ideas and energy to assist those who already work to keep San Diego County CoDA growing in its ability to reach more codependents with the message of this 12-Step program.

There is more I would like to say but it will wait for another day as we have work to do today.

Yours in service, Gary J.

- **Alternative Community Representative.** (Position open). No report.

- **Parliamentarian.** Johnny described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.
- **Treasurer.** - Raffi provided 2 reports that are attached to the secretary's minutes. The first was the regular monthly report and the second was the quarterly report for 7/1/07 – 9/31/07.
- **Regional Representative** - Nancy was absent
- **Alternate Regional Representative.** Trevor – no report
- **Panels/Workshops and Seminars.** Joe passed around fliers with all of the Super Saturday Seminar information that will be held on 11/3/07 at the Clairemont Church of God.
- **Public Information/Mail** Csilla was absent but Bill H brought and distributed several pieces of mail.
- **Public Information/Telephone.** Csilla was absent but Bill H reported on the phone calls received.
- **Website Master.** (Position open). As acting Web mercenary, Joe told us that he has separated the events page and the newsletter page. He also now has a google map link to each meeting. He added the Bylaws and noticed that some of the information is incorrect so they might need some tweaking. Raffi told Joe about a couple website related bills that need to be paid. Janice A was introduced as someone interested in taking the web position.
- **Hospitals & Institutions.** Lynne reported on each of the meetings and who is attending. Some of the meeting days have changed and the correct information will be passed on to Lesa for the newsletter. Lynne also proudly told us that the attendance at the CoDA meetings in the jail is higher than any other 12 step meetings including AA and NA!
- **Literature.** Tim provided us with a report that is attached to the secretary's copy of the minutes. He told us that he tried to order Spanish speaking materials and was told that they are still updating them and will get them as soon as they become available.
- **Outreach.** (Position open). No report.
- **Newsletter.** - Lesa handed out copies of the November newsletter and told us that when she emails the newsletter to those of us on the committee now, it will be a link to the website instead.
- **Activities/Refreshments.** Nancy was absent but in her place, Trevor reported there is coffee and hot water today.
- **Conference report:** Lesa reported that the 2008 retreat/conference will be held at the Town & Country in Mission Valley on May 30 – June 1, 2008. There is an article in the newsletter with details and a request for helpers.

Announcements: none

5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (16 voting members). Eleven voting members constitute a quorum. (A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded).

6. Old and New Business

- A previous motion that was tabled last month was voted on: Shall we review and accept the letter submitted regarding the violation of the traditions <at the retreat held in June>. After a brief discussion and a moment of silence, the motion passed 9-5-2
- A motion made by Karla to approve and send the letter written by Gary to the Friday night Encinitas meeting and remove the Friday night Encinitas meeting from the community meeting and website lists. A discussion followed, including an email from Lori who could not attend today's meeting basically stating that they have made some changes but do not plan to completely discontinue using non-CoDA-approved literature. (This email will be attached to the end of the minutes) After a few moments the vote was taken -- 7-6-3. There was a discussion about what "majority" meant and some people stated that they had not seen the letter we were discussing, so after reading the letter, and after a few moments, another vote was taken and passed 9-6-1.
- There was a discussion led by Raffi about using auto pay for our 2 telephone bills. Two signatures are needed on the checks and sometimes our payment is late. Everyone agreed that he should go ahead and set up auto pay for those 2 recurring bills.
- There was a discussion led by Joe to find a method of centralizing meeting info (new meetings, changes, etc.) It was suggested that maybe a form be created with the needed information and a reminder to notify National's website, too. The responsibility for/contact person will be the newsletter chairperson.
- A discussion item from Meg was brought to our attention that the place where her group meets says they never received rent for the last 12-14 months. Their treasurer says she gave cash to or put cash in envelope under door of the office. The meeting place has given them a new contract to sign and demands four monthly payments of \$90 each to catch up. It was suggested that her group have a business meeting and a group conscience to determine what route they will take. It may be necessary for them to move their meeting to a new location.

A motion was made and seconded to extend the meeting for 5 minutes:

- A motion was made by Lynne to approve a budget for another \$500 for this year. There are no rules set in place for the budget. She received \$500 in September of 2006. Time was up and no one wanted to extend the meeting again, so this item was tabled till next month.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and there being no further business before the Committee, the meeting was adjourned at 12:15.

Respectfully submitted,

Jackie Mc, Secretary

Next Meeting: Saturday, November 17, 2007

This is the email from Lori regarding the Friday Night Encinitas Meeting:

Hi Gary,

I'm not sure if I will make the meeting and wanted you to share my brief comments with the group if I'm not there.

Page 91-93 are all about supplying and providing outside literature. I would like to emphasize this meeting is not doing that.

Before everyone votes to approve this letter I invite everyone to come up and check out the meeting and judge for themselves how it is harming Coda as a whole. It has moved in the direction of more conformity to the other SD meetings. Anyone who would like details may call me at 805-844-2521.

I think it will be very sad if the community goes forward with this letter, and believe it creates a wall not a boundary. I think it is sad that the community sees itself as an authority and enforcement body. I think it's sad that some members feel that controlling such a benign situation as the Friday night meeting is more important carrying the message to the codependent who still suffers. I think it's sad that members who have no interest in attending this meeting on a regular basis feel the need to police it, and that there will be one less meeting on the schedule for the codependent who still suffers.

Long-time Coda members and visitors from around the country and the world have come to this meeting and met it with so much gratitude. The only complaints have been from visitors from San Diego. That seems very strange to me.

Lori W.