

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS***

**MINUTES OF THE REGULAR MONTHLY MEETING**

**November 17, 2007**

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1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 A.M. by the Community Rep, Gary. The CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie shared a resignation letter sent to her from Karla who asked it to be read it to the community. Jackie announced there were a couple copies of the October 20th minutes available. It was moved and seconded to approve the minutes as printed. The current list of members was passed around to the members for corrections and additions. Jackie will also email a corrected phone list each month. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).
3. **Reports**
  - **Community Representative** – Gary – "I want to thank Joe and all the people who helped him, who helped the community, for the wonderful Super Seminar Saturday. Each seminar brings some message of hope for me and revives my recovery journey. It is always good! Please be thinking about ways to give back by doing service at the community level. With the different positions becoming open, the challenge to step up fills the air. You can do it! Thank you for your reports in advance and please try to be concise so that we can get to the many business items in reference to the community. Yours in service, Gary J."
  - **Alternative Community Representative.** (Position open). No report.
  - **Parliamentarian.** Johnny described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.
  - **Treasurer.** - Raffi provided the regular monthly report that is attached to the secretary's minutes. He is still waiting for the form to do an auto pay for the phone bills.
  - **Regional Representative** - Nancy handed out a communication between her and Barbara from the National committee regarding questions about CoDA event guidelines, the use of outside literature and possible revisions to the Big Book. It mentions that the reports will be on the website for members to read.
  - **Alternate Regional Representative.** Trevor – no report
  - **Panels/Workshops and Seminars.** Joe reported on the Super Seminar Saturday (report attached to Secretary's minutes). There were 47 attendees and there was a net gain of about \$28.
  - **Public Information/Mail** Csilla collected and distributed 10 pieces of mail.

- **Public Information/Telephone.** Csilla received only 2 messages this month.
- **Website Master.** (Position open). As acting Web mercenary, Joe told us that he made most of the improvements to the website last month so did not spend much time on it this month. He did renew the domain name for 2 years and will try to move to a web host that has spam filters and mailboxes for each officer. We (the officers and chairpersons) will receive instruction on how to access their email instead of it being forwarded (and possible infected) which also reduces the hosting costs. Someone asked him about the new yahoo site that has been sent to most members. It is from Rachel and is for people to join and share about CoDA related info. The site is [SD\\_CoDA\\_Community@yahoo.com](mailto:SD_CoDA_Community@yahoo.com)
- **Hospitals & Institutions.** Lynne is looking for new people to “join” H&I. She has also heard good words about CoDA from the jail personnel. If anyone is interested in being a “Pen Pal” to an inmate, let Lynne know. We can use the CoDA mailbox as a return address. H&I literature was discussed; apparently there has been a delay across the nation getting literature into the jails. This has to do with the procedure that is currently being used.
- **Literature.** Tim provided us with a report that is attached to the secretary’s copy of the minutes. Today’s orders are an all time low for him to fill! <Secy note; he didn’t have to abstain during the voting, he ~~had~~ got to listen!>
- **Outreach.** (Position open). No report.
- **Newsletter.** - Lesa handed out copies of the December newsletter. She added a Ramona Saturday a.m. beginners meeting to the list. The info was not sent to her; she found it on the National website. She will also include the above info about inmate pen pals in the next newsletter.
- **Activities/Refreshments.** Nancy reported there is coffee and hot water for tea today.
- **Conference report:** France reported on the 2008 retreat/conference that will be held at the Town & Country in Mission Valley on May 30 – June 1, 2008. She let us know that after the receipts are paid for the conference, half of the balance goes to So Cal and half goes to us (as the hosting Community). There is still a need for helpers. They meet the first Thursday of each month (except for December) at 6:30 at the API meeting room. If interested in helping, please let her know so they can get a headcount of the number for the room size. Specifically the need a literature coordinator and an entertainment chair. The theme will be “Transformations Through Recovery” and the keynote speakers will be CoDA founders Ken & Mary.

Announcements: There will be a Thanksgiving Potluck Sunday 11/18 at 4pm.

## 5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (16 voting members). Eleven voting members constitute a quorum. (A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded).

## 6. Old and New Business

- There was a discussion item from Meg that had been handled. She can find the meeting number from the national website.
- A motion from Karla that had been tabled was “Should we transfer the literature bank account from Washington Mutual to Union Bank <(where our regular account is now held)> for efficiency and more than 1 signature to dispose of funds?” Since we are changing officers soon, it was suggested we close the literature account after the December meeting and Tim can bring a check for those funds to the January meeting. Then the new signers will go to the bank to open the new account and sign forms for both accounts. After discussion and a few moments of silence, a vote was taken: 16-0-0. Passed
- A motion from Joe “Will the community pay \$119.97 for 3 Thanksgiving dinners for Sunday 11/18?” The dinners include potatoes and gravy and stuffing and the turkeys are precooked; they just need to be warmed. There will be no 7<sup>th</sup> tradition at the door and the community has paid for this the last 3 years. After discussion and a few moments of silence, a vote was taken: 16-0-0. Passed
- A motion from Lynne, tabled from last month made to approve a budget for another \$500 for this year. There are no rules set in place for the budget. She received \$500 in September of 2006. After discussion and a few moments of silence, a vote was taken: 15-0-1. Passed
- A motion from Raffi “Before any letter to anyone from SDC CoDA Community is approved, even if sent out by email, such letter must be read out loud or handed out” After discussion and a few moments of silence, a vote was taken: 15-1-0. Passed
- A motion by Gary “Should SDC CoDA Community create an ad hoc committee to update the SDC CoDA Community By Laws?” It’s been 3 years since they have been updated and we have made some changes. The current By Laws are on the website. After discussion and a few moments of silence, a vote was taken: 16-0-0 10-4-2. Passed This will probably begin with the next board.
- A motion by Raffi was made to re-list the Friday night Encinitas meeting. Due to the new info from National saying outside literature is not prohibited, a new vote was taken. After discussion and a few moments of silence, the vote was: 16-0-0. Passed

## 7. Adjournment

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and there being no further business before the Committee, the meeting was adjourned at 12:15.

Respectfully submitted,

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Jackie Mc, Secretary

Next Meeting: Saturday, December 15, 2007