

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS***

MINUTES OF THE REGULAR MONTHLY MEETING

March 15, 2008

1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 A.M. by the Community Rep, Frank. The CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie announced there were copies of the February 16th minutes available. It was moved, seconded and passed to approve the minutes as written. The current list of members was passed around to the members for corrections and additions. Jackie will also email a corrected phone list each month. Jackie also announced she will not be at the next community meeting and will need a substitute. If someone will take notes and get them to her, Jackie will type and distribute them as usual. <Secretary's note: Thank you Nancy for volunteering> (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email address on the sign in sheet).

3. Reports

- **Community Representative**

"Thank you for a wonderful, smoothly conducted, fruitful meeting last month. I am looking forward to many more of the same. Regarding smoothly conducted meetings, it has helped greatly, both with respect to the time saved and for the accuracy of the minutes, for reports to be written and sent to Jackie, our Secretary, ahead of time.

There are a couple of items I thought worth mentioning in this March Community Rep report. First, if I remember correctly, we have funds amounting to approximately \$700 over our prudent reserve. However, our 7th Tradition receipts do not appear, quite, to keep up with our expenses. I don't believe this is a serious shortfall, but, if it persists, I believe requesting monthly meeting-contributions can easily solve the problem. I recall that such a request was made about 10 years ago with good results, and it is a policy that my home meeting continues to this day. Such a policy makes it very easy for our meeting-treasurer, at the beginning of each month, to send a 7th Tradition payment to the community at the same time that a payment is made for the meeting-room rent.

Another item, which I think should be a focus for our community this year, is outreach. Membership in CoDA appears to be dwindling, and this is especially true in some communities outside of San Diego. While it is not our job to solve other communities' problems, the things we do here in San Diego to attract meetings and membership can certainly serve as effective models. The Regional Conference that will be held in San Diego this year should offer some outstanding outreach through service opportunities."

- **Alternative Community Representative.** – France - No report.

- **Parliamentarian.** Johnny - Johnny briefly described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings. He did this by reading the 1989 parliamentarian instructions/procedures which were a bit humorous at times. It needs to be updated to conform with our bylaws to read "simple majority" for our motions/votes, rather than "2/3 majority."
- **Treasurer.** - Lori provided the regular monthly report to everyone and it is attached to the secretary's minutes.
- **Regional Representative** - Nancy –

"From CoDA World Fellowship: The annual CoDA Service Conference this year will be in Chicago, IL Sept 9-13, 2008. This is the annual business meeting. All are welcome to attend and observe, but only voting delegates will be able to vote on motions. The next CoDA World Fellowship Convention (retreat) will be held in Seattle, WA, over the 4th of July holiday in 2009. This convention holds seminars, workshops, etc. Our delegates to CoDA World Fellowship would like to announce that there are plenty of service positions available at CoDA World. Check the website at www.coda.org for more information.

Reports from the regional communities present at the meeting:

The Desert community reports there has been an expansion of new meetings over the last five years. The speaker meeting is proving successful, and is held quarterly. The CoDA newcomers in the desert seem to be coming mostly from recovery centers, such as the Betty Ford Center.

The LA community reports a new event they are trying out – "Bring a Friend to the Community Meeting." They report they have been experiencing a surge of newcomers from other 12-Step programs.

Orange County community reports that it is dwindling quickly. There are currently only two viable weekly meetings, both in Costa Mesa, on two separate nights in the week. The attendance seems to be the same members at both meetings. They no longer have a community meeting on a regular basis.

TVCC (The Valley) reports that their community meeting is now being held every other month. They are encouraging fellowship events hosted by individual meetings, rather than the community, in an effort to get a greater response.

The Inland Empire and Santa Barbara communities sent no representatives to the SoCal meeting and sent no report.

The Mountain community is no longer viable since the October fires.

Old Business:

1. The discussion on the AA Big Book was dropped. Feedback from the communities indicated there was no interest in pursuing this, and rather, a strong desire to not pursue this.
2. The feedback from the communities on the addition to the "Characteristics of Codependency" was positive, and it was passed on to the Literature committee at CoDA World, where it was warmly welcomed and appreciated. They thank you all for your input.

3. The next SoCal CoDA meeting will be held here in San Diego at the Conference on Saturday, May 31st. At this annual meeting, motions will be voted on, and elections for Board positions will be held at that time. This is an open meeting, and all CoDA members are invited to attend and participate.

4. I'll defer the information on the conference to France."

Questions were answered and we were told that the next step on the changes for the new "Patterns and Characteristics" will be for the literature committee to set up a sub committee to make the suggested changes, they will bring it back to the literature committee who will present it at World for approval. So the first possible chance for approval will be at their September '08 meeting. And when asked about Orange County community dwindling, SoCal has taken no action yet.

- **Alternate Regional Representative.** Trevor – no report
- **Panels/Workshops and Seminars.** Position open -
- **Public Information/Mail** Csilla – There were 11 pieces of mail received and distributed.
- **Public Information/Telephone.** Bonnie (acting chair) – absent. Nancy reported that Bonnie received and handled 1 phone and that the system is up and running except for the Spanish speaking line because she hasn't had any luck reaching Daniel.
- **Website Master.** Scott (acting chair) – wants us to send any email to his personal email address rather than the CoDA email address because it will be handled quicker that way.
- **Hospitals & Institutions.** Lynne reported there are 7 people currently working with H&I. It's time to renew everyone's clearance, which happens annually. Regarding the books for the prisons and jails; she keeps getting conflicting stories when she talks to different people. It's been 6 months or more. Frank has also received conflicting reports. Something weird is going on at C.O.R.E. and Frank & Nancy will try to find more info on website since Lynne does not have web access. Nancy read somewhere on the website that an Ohio group reported great success at their institutions. It's all very confusing and we need to solve this before we send any more money for another "order". C.O.R.E. has apparently moved and that may have something to do with it, although Joe (and previously Tim) has had no problems ordering.
- **Literature.** Joe filled us in on the lack of progress for opening an adjoining second account at Union Bank. He read us a list of what/who was needed and it was decided that 4 of us would go to the bank after the meeting to open the account. <Secretary note: this still didn't happen. There will be a discussion and possible vote at the April meeting regarding this subject> A financial report is attached to the secretary's minutes.
- **Outreach.** Deborah – A sample flier was distributed to the group for feedback. It was suggested that we **take this flier back to our groups for feedback** and see what other ideas come about before they approve a final flier for distribution. The telephone number on the flier is incorrect, so please don't distribute this sample flier yet.
- **Newsletter.** – Lesa – Copies of the March newsletter were handed out. Lesa also emailed some corrections to everyone on the email list.
- **Refreshments** - Nancy - reported there is coffee and hot water for tea and decaf today.
- **Activities** – Stephen - absent – Lesa put a Kite Flying activity in the newsletter and distributed a few fliers. **Please take the info back to your groups** and help spread the word.

Conference report: France reported on the 2008 conference/conference that will be held at the Town & Country in Mission Valley on May 30 – June 1, 2008. Lesa made the new flier for the conference and had a bunch for us to take back to our groups. There is a copy of the flier in the newsletter and a copy in color on the website. Paypal is also available for registration. It was suggested that meal info be listed on website so people can decide whether to buy the meals being offered or not.

5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary reported that there was **NO quorum present** (ONLY 11 voting members). 13 voting members constitute a quorum. (A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded. Based on 15 positions filled and 24 groups = 39 divided by 30% = 13 voting members) A group conscience was taken and decided to discuss any motion items, but not vote on them. **(ATTN GROUPS – PLEASE SEND YOUR REPS TO THE MEETINGS)**

6. Old and New Business

- A discussion took place regarding establishing a year to year budget. It was agreed that we need a definition of what our Prudent Reserve is supposed to consist of. It was also agreed that small expenses should be turned in to the treasurer for payment and the person requesting that payment should put that in their committee report. If anyone has a problem with paying the receipt, it could be brought up at that time.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and there being no further business before the Committee, the meeting was adjourned at 11:40.

Respectfully submitted,

Jackie Mc, Secretary

Next Meeting: Saturday, April 19, 2008

Items to take back to your groups:

1. Sample flier for outreach was distributed for feedback
2. Kite Flying activity in the newsletter
3. **PLEASE SEND YOUR REPS TO THE MEETINGS**