

***THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS***

MINUTES OF THE REGULAR MONTHLY MEETING

Date: April 19, 2008

1. **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the “Committee”) was called to order at 10:00 A.M. by the Community Rep, Frank. The CoDA Traditions and Intention Statement were read.
2. **Approval of Minutes.** Jackie – absent – acting secretary Nancy announced there was one copy of the March 15 minutes available. It was moved and seconded to approve the minutes as written. The current list of members was passed around to the members for corrections and additions. Jackie will also email a corrected phone list each month. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).

3. Reports

Community Representative – Frank –

We did not make a quorum last month, but the word is out that we need group reps, and I think that message has been received with some enthusiasm. So this month a quorum we should make. We will soon see if this prediction is accurate.

Our new Activities Chair had a great Activities Kite flying event. It was very well attended, the weather was perfect, and it seemed everyone had a great time flying kites, meeting new people, picnicking and playing croquet. Hence, I am looking forward to the next event with great gusto.

Our new Outreach Chairs have put together a great CoDA Information flyer with address and phone number pull-tabs. Many CoDA volunteers are now distributing these flyers throughout the city. For example, I have put such a flyer on the bulletin board at the Alano Club in PB. I think it would be good to hear where other flyers have been placed to generate ideas for placing even more of them.

I’m aware of other exciting news from our other chairs, but I won’t pre-empt their shares so we can look forward to hearing from each one.

Lastly, lest we forget, we started discussing the need to have a group conscience concerning our prudent reserve. I know that some, including myself, think it is currently too high.

- **Alternative Community Representative.** – France - No report.
- **Parliamentarian.** Johnny - Johnny briefly described the guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings.

- **Treasurer.** - Lori provided the regular monthly report to everyone and it is attached to the secretary's minutes.
- **Regional Representative** - Nancy –

Nationally, the newest CoDA World Quarterly Service Report has come out. You can download it through the www.coda.org website or ask to be added to their mailing list at qsr@coda.org. If computers are not your thing, you can mail in a request to: CoDA Quarterly Service Report (QSR), P.O. Box 33577, Phoenix, AZ 85067. It's an easy way to keep in the loop of what's happening at CoDA World, much of which does affect us in SD. I highly recommend getting on their mailing list.

Regionally, the next meeting of SoCal CoDA will be held during our Conference the weekend of May 30-June 1st, here in SD. All are invited to attend and participate in the meeting. I'd like to remind everyone that the deadline for the discounted rate for the hotel rooms is coming up fast – it's May 9th. If you are planning on spending the weekend at the Conference and don't want to drive back and forth every day, it's a really good deal -- especially if you share with 2 or 3 others. Please remind your CoDA friends from out-of-town that the deadline for rooms is fast approaching!

Also, during the Conference, at Saturday's Assembly luncheon, elections will be held for several service positions opening at the SoCal Regional level. Positions to be filled are: Chairperson, Treasurer, one World Delegate, Recording Secretary, H&I Chair, and Conference Chair for the 2009 SoCal Conference. Note: For the positions of Chairperson, Delegate, Treasurer and Recording Secretary, the bylaws require that they have at least one year of active service at the community or regional level and some experience with SoCal CoDA. Please take this list back to your meetings, and encourage service work to keep CoDA working - it works if you work it.

- **Alternate Regional Representative.** Trevor – no report as Alternative Regional Rep.

However, Trevor commented that he “was pleased that the community responded after the last Community meeting where there wasn't a quorum, as it looks like we have enough for a quorum.”

Trevor also mentioned that he is the Treasurer for the Conference Committee, and if anyone has any financial questions with regard to the Conference they should feel free to ask him.

Trevor added that he will have to give up his position as holder of the PA equipment, as his back does not allow him to haul the equipment to and from his apartment. (At the break, Richard said that he was willing to look into taking the role and will meet him at the next Speaker's meeting to learn how to set up the equipment.)

- **Panels/Workshops and Seminars.** Position open – no report.
- **Public Information/Mail** Csilla –

There were thirteen pieces of mail collected this month, either bills or 7th Tradition. They were passed on to Lori.

- **Public Information/Telephone.** Bonnie (acting chair)

There were three calls this month. These calls were referred to either Outreach or our Newsletter Chair, as appropriate.

- **Website Master.** Scott (acting chair) –

Unfortunately, Scott has had to step down from this position. The Website Master Chair position is now open.

- **Hospitals & Institutions.** Lynne reported that annual clearances are in progress, and that a new clearance has been completed. Raffi will now be able to start in June.

The meetings at the jail are working well, and there is much positive feedback from the inmates.

The Books for Jails Program continues to be an ongoing problem. We received two books plus the 15 we paid for, for a total of 17, and also received extraneous assorted materials, which we didn't request. When we inquired again about the missing books, we were told that now they prefer to send books to libraries.

- **Literature.** Joe

The literature order that was placed with CORE immediately after last month's meeting has still not been filled. They did not have all items on the order, and thus returned our check and order unfilled. Therefore, we do not have any Newcomers booklets today, and are now out of the Big Book.

The monies from the literature bank account, which has been closed, has been deposited into our treasury.

Also, the San Diego CoDA literature will be sold at the SoCal Conference the end of May. The Conference Committee is still looking for a volunteer to Chair that position. If you are interested, please contact France.

- **Outreach.** Deborah

There are 500 new flyers available today from Outreach. Please take them back to your groups and distribute them where appropriate.

The Outreach Committee now meets regularly once a month at the API in La Mesa, and is always looking for volunteers to join us.

Our next focus will be on getting information to local therapists. Emily, on the SoCal Conference Committee, has informed us she has a listing of local therapists, and we will be working with her on this.

Scott also informed the community that the Sunday Speakers Meeting had a record turnout this month, but the meeting needs help, in the way of people doing service for the meeting (secretary, group rep, etc).

- **Newsletter.** – Lesa – Copies of the May newsletter were handed out.
- **Refreshments** - Nancy reported there is coffee and hot water for tea & decaf today.
- **Activities** Stephen (acting chair)

The picnic was a success. If you attended and wish to have access to the photos taken at the picnic, please email Stephen. A receipt of \$69 for snacks and kites was turned in for reimbursement.

The next activity is not yet planned.

- **Conference report:** France reported on the 2008 So Cal CoDA Conference that will be held at the Town & Country in Mission Valley on May 30 – June 1, 2008:

There will be a Newcomers Reception at the Hospitality Suite on Friday from 4-6. All please join us in welcoming CoDA newcomers. An additional keynote speaker, Sharon (from LA), has been confirmed for Sunday's schedule. Of course, we are still seeking volunteers to work at the hospitality room, man the registration and literature tables, host marathon meetings, etc. If you are interested in helping at the conference, please contact France.

5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (21 voting members). 13 voting members constitute a quorum. (A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded. Based on 15 positions filled and 24 groups = 39 divided by 30% = 13 voting members)

6. Old and New Business

- A motion from Raffi “to have the Website amended to have people willing to be sponsors listed” was seconded by Lynn. After discussion it was decided to table this motion, since we no longer have a website master.
- A motion from Lori requiring that “any non-recurring expenses over \$30 needs to be pre-authorized or approved by committee vote in order to be reimbursed” was seconded by France. After discussion, this motion passed by a vote of 20-1-0.
- A motion from Johnny “to establish a budget” was withdrawn.
- A motion from Johnny “to establish an Ad Hoc Committee to review past minutes for the purpose of updating our By-Laws” was seconded by Trevor. After discussion, this motion passed by a vote of 19-1-1. Lesa, France, Trevor and Johnny volunteered to serve on this committee.
- The Tuesday night Escondido CoDA meeting, CA143, has disbanded. Their 7th Tradition donations were given to Lori. The change has been noted in the Newsletter's list of meetings.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and there being no further business before the Committee, the meeting was adjourned at 11:50 am.

Respectfully submitted,

Nancy, acting Secretary

Next Meeting: Saturday, May 17, 2008