

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

**MINUTES OF THE REGULAR MONTHLY MEETING**

**Date: June 21, 2008**

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- **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by the Community Rep, Frank. The CoDA Traditions and Intention Statement were read.
- **Approval of Minutes.** Jackie – It was moved and seconded to approve the May minutes as written. The phone list was passed around to the members. Jackie will also email a corrected phone list each month. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).
- **Reports**
  - **Community Representative** – Frank – Since the SoCal Regional Conference that was just held in San Diego has got to go down in CoDA history as one of the very best ever, we owe a big debt of gratitude to our conference committee members. Everything from the keynote speakers, workshops, panels, marathon meetings, hospitality-room fellowship, meals, dance, accommodations and conference grounds at the Town and Country were, in my opinion, close to perfect, and feedback received has been very supportive of that. San Diego has also stepped up to the plate in a big way for the region. Nancy will fill us in on the elections that took place at the SoCal conference and our members who now hold SoCal chair positions. And now it's on to Super Seminar Saturday, about which our new Workshops, Panels and Seminars Chair, Carolyn, will have more to say.

Since I will be out of town next month for my mom's 95<sup>th</sup> birthday celebration, our Alternate Community Rep, France, will chair the meeting. **Please remind your groups to send Group Reps**, as at least two of our members, Nancy, and myself, will be absent.

- **Alternative Community Representative.** – France - No report.
- **Parliamentarian.** Johnny - The guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings were briefly described.
- **Treasurer.** - Lori provided the regular monthly report to everyone and it is attached to the secretary's minutes. She also provided us with a correction to the April report.
- **Regional Representative** - Nancy – The SoCal CoDA annual Assembly was held on May 31<sup>st</sup> at the conference in San Diego. This is the annual business meeting for Southern California CoDA. At this annual Assembly, changes to the By-Laws were ratified and the election of officers was held. The Assembly ratified an important

addition to the By-Laws, adding a new position to the Board. Hal, our outgoing Chair, will continue on the Board as our first *Immediate Past Chair*, a position that we hope will add continuity and provide guidance for the incoming Chair. Katie (from the Desert Communities), who was our Vice-Chair, was elected Chair, leaving Vice Chair vacant. Our own Joe H. was elected to fill that position for the remaining year's term. San Diego is further represented on the Board with the election of France, as the new H&I Chair for SoCal CoDA, Trevor, as SoCal CoDA Treasurer, and myself, as one of two SoCal CoDA National Delegates. In that position I will be representing SoCal at the CoDA (World) Service Conferences (CSC), in Chicago this September and in LA next year. Lesa continues her term as SoCal CoDA Historian. Other newly elected officers joining the Board from outside San Diego include Don, Recording Secretary, Allan, Corresponding Secretary, and another Allan, Alternate National Delegate.

Another change to the By-Laws ratified at the Assembly will allow for a \$30 *per diem* reimbursement of food expenses for the delegates to the annual CSC.

Also, the 2008-2009 budget for SoCal CoDA was approved at the Assembly. This budget projects a net loss of almost \$3,000 for the coming year. Several factors were discussed concerning this budgetary loss, including the recent addition of a second delegate that CoDA World has given SoCal CoDA. This grants Southern California CoDA full status as a voting entity, with the right to have two voting delegates at the annual CoDA World business meeting. However, this privilege brings the added expense of airfare and hotel for a week for an extra person to attend the CSC. Lately, 7<sup>th</sup> Tradition donations have shown a consistent drop, adding to the budgetary shortfall. We have been urged by the Board to return to our communities with the request that groups honor the percentage breakdown that is suggested, and continue to support SoCal CoDA with 7<sup>th</sup> Tradition donations.

I thank everyone who participated at the Assembly, especially those from San Diego who stepped up to join with me in service to SoCal CoDA. I am looking forward to working with all of you in continuing to carry the message to those who still suffer.

- **Alternate Regional Representative.** Trevor – no report.
- **Panels/Workshops and Seminars.** Carolyn - absent – no report.
- **Public Information/Mail** Csilla – There were ten pieces of mail collected this month, either bills or 7<sup>th</sup> Tradition and 1 letter. They were passed on to Lori and Lynne.
- **Public Information/Telephone.** Bonnie – no report (no phone calls). Lesa reminded Bonnie to make changes to phone messages when there are changes to meeting schedules.
- **Website Master.** Joe reported on a couple changes he made on the website. There is a new Tuesday night meeting in Hillcrest.
- **Hospitals & Institutions** Lynne - The inmates have finally received the literature – sort of. Instead of 13 Big Books, they received 7 each of a few pamphlets and the workbook. These are virtually useless because there aren't enough for the hundreds of inmates that go to CoDA meetings. The Big Books are put in the library to be checked out but the rest of the literature cannot be put there. She can give the

pamphlets to inmates getting ready to leave jail. If anyone is interested in being a pen pal, please contact Lynne.

- **Literature.** Joe - A report was given about the conference. Approx. \$1600 of literature was sold. Since items sold there were sold at the old prices, he saved \$243 by replacing those items at the new prices we are now charging.

Joe suggested that if we want to make our own 16-20 page Newcomer booklet to hand out at our meetings and for Outreach, personalized with our meeting schedule, etc. that they could be made for about 80 cents each. This will be looked into.

- **Outreach.** Deborah & Scott - absent.
- **Newsletter.** – Lesa – Copies of the July newsletter were handed out. **LESA NEEDS SUBMISSIONS** for the newsletter!
- **Refreshments** - Nancy reported there is coffee and hot water for tea & decaf today as well as bottled water. Members have been generous with donations..
- **Activities** Stephen - **There will be a Bonfire on Saturday, June 28<sup>th</sup>. Please tell your groups about this. Hotdogs, drinks and s'mores will be furnished. Bring potluck side dishes, chairs and/or blankets. It will be held at Fiesta Island from 5:00 till after the Sea World fireworks are over. Look for the last fire ring before you exit the island. A 7<sup>th</sup> tradition donation will be collected at all activities from now on.**
- **Conference report:** Nancy reported that the next SoCal conference will be held about the same time next year in the Desert Community. France thanked everyone that helped at the conference – committee members and non-committee members alike. She also explained the reports which will be attached to the Secretary minutes and emailed with the next minutes. There are still journal sets and pens available. Nancy told us about 1 lady she met that was registered at the same hotel for the Rock 'n' Roll Marathon that saw our signs and registered and attended our conference all weekend!! She had never heard of CoDA before.
- **By Law Committee** – has been postponed till after the conference.

**Announcements:** **There is a new Tuesday night open Step Study meeting in the University Heights/Hillcrest area (see newsletter or website for address) and already lots of people attending.** The new group gets \$75 worth of free literature (which all new registered groups get).

## 5. Quorum

The group representatives and officers of the meetings introduced themselves and the secretary confirmed a quorum was present (18 voting members). 14 voting members constitute a quorum. (A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded. Based on 16 positions filled and 24 groups = 40 divided by 30% = 14 voting members) (actually 13.333 rounded down is 13)

## 6. Old and New Business

- A motion by Frank that the Activities chair will receive 7<sup>th</sup> tradition at activities to cover expenses with shortfall matched by a community contribution up to a total of \$60 per event. Grace seconded. It was agreed that Stephen can plan events monthly with a verbal agreement from a few members and not worry about getting the community's budget approval first. The motion was amended to have a total cap of \$400 to expire 12/31/2008 and any windfalls to be returned to the community. The amendment was seconded and after a moment of silence, a vote was taken: 16-0-2 Motion passed
- A discussion item was presented by Lori about 2008 community expenses. Lori tabled the discussion till next month so she can get more info.
- A motion was made by Trevor and seconded by Emily regarding mileage reimbursement of 30 cents per mile to and from monthly community meetings because we don't want people to not serve because of finances.

Discussion pointed out that no one needed to submit for reimbursement, but to have it available if necessary. Also pointed out that **groups should offer to pay for their reps mileage if needed**. After a moment of silence, a vote was taken: 4-12-2 Motion failed

- A discussion from Lesa was about newsletter sales (collected by literature) is going to the literature fund rather than the general fund. Last year the literature chair did a reimbursement every few months to the general fund. Joe will start giving Lori a report on the newsletter sales each month and subtract that from what he collects.
- A discussion item from Nancy was about partial reimbursement for the SoCal CoDA rep to attend CoDA World in Chicago this September. Our bylaws say we can reimburse by committee authorization. She is one of the new SoCal reps and since she & Frank will be gone next month, a decision should be made by August. There used to be only 1 rep going to CoDA World, and this year SoCal doesn't have extra budgeted for the trip. Also, next year it will be held in LA so no one will need to be reimbursed for airfare. No action was taken. France will bring this up at the next meeting.

## 7. Adjournment

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and there being no further business before the Committee, the meeting was adjourned at 12:01 pm.

Respectfully submitted,

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Jackie Mc, Secretary

Next Meeting: Saturday, July 19, 2008

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## **Please take these items back to your groups:**

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**LESA NEEDS SUBMISSIONS** for the newsletter!

Groups should offer to pay for their reps mileage (if needed) to attend community meetings

Please remind your groups to elect and send Group Reps to the Community meetings, third Saturday of every month, 10:00 – 12:00.