

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

**MINUTES OF THE REGULAR MONTHLY MEETING**

**Date: July 19, 2008**

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- **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by Trevor, Alternate Regional Rep and acting Community Rep. The CoDA Traditions and Intention Statement were read.
- **Approval of Minutes.** Jackie – It was moved and seconded to approve the June minutes as written. The phone list was passed around to the members. Jackie will also email a corrected phone list each month. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).
- **Reports**
  - **Community Representative** Frank – absent "Thank you Trevor for taking over in France's and my absence. This is a great example of our bylaws to the rescue. We had a call for help with a new Spanish speaking meeting called BUENA CONCIENCIA that meets on Jueves a las seis por uno y media horas somewhere in San Diego. I gave them two Spanish speaking people to contact. I hope Danny G. or someone else can follow through with this, as my Spanish leaves a little to be desired. The activity at the bay was great, but we all missed the fireworks. Thank you Stephen for that one."
  - **Alternative Community Representative.** France – absent - No report.
  - **Parliamentarian.** Johnny - The guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings were briefly described.
  - **Treasurer.** Lori provided the regular monthly report to everyone and it is attached to the secretary's minutes. She handed out some receipts for 7<sup>th</sup> tradition. (Let's see how many reps read their minutes: ) A receipt wasn't mailed to "James A." because no meeting group was listed and the address was illegible. If your group hasn't gotten its receipt and James A was supposed to send it in, please let us know.
  - **Regional Representative** Nancy – News from CoDA World: In an attempt to keep the CoDA World meeting lists accurate, there is a policy stating *"If a meeting hasn't been updated in 3 years or more, CoDA will mark the facility name as "INACTIVE? Facility Name", where Facility Name is the actual name of the facility. Then in special instructions, we will put a message such as, "This meeting may be inactive. If you have any information about this meeting, send it to [meeting@coda.org](mailto:meeting@coda.org)..." Therefore, it is important to view your meeting at least once a year and update your information. Even if all of the information is current, send an email to [meeting@coda.org](mailto:meeting@coda.org) so stating. That will get you a current update date."* You can find more details about this, and other information regarding CoDA World, in the 2nd quarter CoDA Quarterly Service Report

on the [www.coda.org](http://www.coda.org) website. - The next CoDA World Convention is now accepting early registrations. This convention includes meetings, workshops and fellowship only (no business meetings), and will be held in Seattle July 9-12, 2009. For details or to download a registration form, see the Quarterly Service Report. - The next SoCal CoDA quarterly meeting will be on Aug. 23<sup>rd</sup> in Orange County, and the annual CoDA Service Conference will be Sept 8-13<sup>th</sup> in Chicago.

- **Alternate Regional Representative.** Trevor – no report.
- **Panels/Workshops and Seminars.** Carolyn – Brainstorming has begun with fellow CoDA members and there have been some volunteers for workshops at the next Super Seminar Saturday. The date October 25 has been proposed to the Clairemont Church of God. Still waiting for a response from them. Anyone interested in volunteering for the Food Committee, manning door registration, or doing workshops, please contact Carolyn. (See the new phone list for her new email address. Phone remains the same)
- **Public Information/Mail** Csilla – There were eleven pieces of mail collected this month, including 4 bills and 2 Seventh Traditions. They were passed on.
- **Public Information/Telephone.** Bonnie – There were 4 phone calls; 2 for Outreach, 1 for the newsletter and 1 from a group called “211 Organization”. The info on the recording about meetings was updated.
- **Website Master.** Acting (hacker) webmaster Joe reported that he cleaned up the website, especially items from the past conference.
- **Hospitals & Institutions** Lynne - Raffi was able to go to training. His clearance takes 2-6 weeks. If anyone is interested in doing H & I, please contact Lynne. In August it will have been a year since money was sent to the Books for Inmates program. 13 books are still missing and Sandra (from National?) hasn't received an invoice yet. Lynne is reluctant to send another \$500 order until this mess gets straightened out. [Secy note: Are we the only Community donating to this valuable program for the inmates?] Lynne also shared a drawing of her self that one of the inmates gave her. One local CoDA member has shown an interest in writing to an inmate. Anyone interested in being a pen pal should see Lynne.
- **Literature.** Joe - A bassakward (his word) report was handed out to reflect what Joe has done so far as Literature Chair. His totals are at the top so all he has to do is add lines below each month. Joe explained the chart and also mentioned he still will look into the newciomer pamphlet he'd like to create.
- **Outreach.** Deborah & Scott - absent.
- **Newsletter.** Lesa – Absent - Copies of the August newsletter were handed out.
- **Refreshments** Nancy – absent – Csilla reported there is coffee and hot water for tea & decaf today as well as bottled water.

- **Activities** Stephen is working on ideas for the future. He will be gone the first half of August and doesn't want to force more picnics on us. Someone has suggested a dance or movie activity to him where the activity is already in existence and we all just decide to meet at it. Lynne volunteered to help set up a dance. Trevor added that the Speaker's Meeting will be celebrating its 6<sup>th</sup> anniversary in October and maybe a dance could be added to it. If you have ideas, Stephen is welcome to them but would appreciate concrete actions along with your thoughts.
- **By Law Committee** – has been set up and will continue to meet.

### **Announcements:**

Stephen waits at the API parking lot in La Mesa at 9:00 for anyone wanting to carpool and save gas to the Community Meeting each month. This is an opportunity for the farther away groups that might not be sending anyone to our meetings. Please announce at your groups where appropriate.

Carolyn introduced Paul as her replacement as group rep so that she can focus her attention on the coming Super Seminar Saturday.

### **5. Quorum**

The group representatives and officers of the meetings introduced themselves and after much discussion, the Secretary and the Parliamentarian confirmed a quorum was present (13 voting members; actually 13.333 rounded down is 13). A quorum is 30% of the voting members of the community, which changes as positions are filled, and groups are started or disbanded. Based on 16 positions filled and 24 groups = 40 divided by 30% = 14 voting members. Joe questioned whether a registered step study group should be counted, so this may need to be further addressed by the bylaw committee.

### **6. Old and New Business**

- A discussion item was presented by Lori about 2008 community expenses. She handed out and explained a spreadsheet of how she perceives the expenses and plans to work up some motions for next month. She will also email the chart to Frank, Nancy and France.
- A motion was made Lori to reimburse \$300 of the \$1000+ for expenses for Nancy to travel to CoDA National Conference, contingent on the region giving us approx. \$1700 from proceeds of the Regional Conference. It was seconded by Csilla and discussed. We can add to that amount if we see fit after we receive the coming \$1700. After a moment of silence, a vote was taken: 12-0-0 Motion unanimously passed.
- A discussion item by Yvette to encourage groups to send a rep to these meetings so that we don't end up with the same "no quorum" problem. Several suggestions were made, the most thought provoking to be that the Outreach committee visit groups that consistently aren't sending rep to the meetings to impress upon them the importance of each groups participation in the discussions even when their group may have a committee member already there.

## 7. Adjournment

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and there being no further business before the Committee, the meeting was adjourned at 11:55 am.

Respectfully submitted,

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Jackie Mc, Secretary

Next Meeting: Saturday, August 16, 2008

## **Please take these items back to your groups:**

**LESA NEEDS SUBMISSIONS** for the newsletter!

Please remind your groups to elect and send Group Reps to the Community meetings, third Saturday of every month, 10:00 – 12:00. If gas prices are a problem, the group might offer to reimburse your reps.

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