

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: October 18, 2008

- **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Frank, Community Representative. The CoDA Traditions and Intention Statement were read.
- **Approval of Minutes.** Nancy (acting secretary, since Trevor arrived after meeting started) - It was moved and seconded to approve the September minutes as written. The phone list was passed around to the members. Jackie will also email a corrected phone list each month. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).

- **Reports**

Community Representative Frank - get report

- **Alternative Community Representative** France – arrived late – no report.
- **Parliamentarian** Johnny - The guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings were briefly described.
- **Treasurer** Lori - absent – no report.
- **Regional Representative** Nancy - 2 handouts from Barbara L, the other SoCal delegate to CoDA World. They were Barbara's reports from the 2007 and 2008 CSC.
- **Alternate Regional Representative** Trevor – No Report
- **Panels/Workshops and Seminars** Carolyn - Super Seminar Saturday will be held on October 25 at the Clairemont Church of God. The theme is "What does recovery look and feel like?" Carolyn gave us a quick outline of the program, passed out fliers and **requested help with registration, lunch, literature sales, set up and cleanup**. She reported that Joe H. will not be able to host the Affirmations Workshop.
- **Public Information/Mail** Csilla – 11 pieces of mail were received and distributed appropriately this month.
- **Public Information/Telephone** Bonnie - There were 3 phone calls; 2 for Outreach, and 1 with change of meeting information.

- **Website Master** Acting web master - Joe reported that he has made some changes and updates to the website. The 2009 SoCal CoDA Conference information will be added to the website. He still plans to have a **7th Tradition form on the website to make it easier for groups to use for their donations to the Community, regional and National levels.**
- **Hospitals & Institutions** Lynne – reported that she will no longer work with the Books for Inmates program at CoDA World, because of continuing impendiments, but will instead use the \$500 allocation from San Diego CoDA to purchase the Newcomers Handbook and other appropriate literature for the jails. Nancy suggested seeking material from the Connections page at www.coda.org as an additional literature resource. More men are urged to do service at H&I; inmates are seeking pen pals.
- **Literature** Joe – A printed report/graph is attached to the secretary's copy of the minutes. Since the Spanish literature inventory is not selling, Joe suggested that options to make use of this literature be a topic of discussion.
- **Outreach** Trevor (representing Outreach, since Deborah and Scott were absent) – no report.
- **Newsletter** Lesa - Copies of the October newsletter were handed out. The meeting that had closed last month is still listed with the comment that the meeting is now closed. Lesa would like submissions, letters, poems, thoughts of any length.
- **Refreshments** Nancy - reported there is coffee and hot water for tea and decaf.
- **Activities** Stephen - absent – no report.
- **Ad Hoc Committees:**
- **By Law Committee** Johnny - Committee consists of Joe, Lesa, Trevor and France. There will be a quick meeting today after the Community meeting, to delegate and divide the workload.
- **Spanish speaking liaison** – Cecilia reported she has begun attending some of the meetings, and would be willing to take Spanish CoDA literature to the meetings, if the community wishes.
- **Newcomers Pamphlet** – Lesa (Chair) – France, Lynn, Deborah, Joe, Kirk (committee members); Karla has stepped down – will meet next week. Goal is to create a pamphlet for less than \$1.00

Announcements:

none

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present** (38 X .3 = 12 voting members).

6. Old and New Business

- Discussion led by Frank regarding a meeting's literature that had been discarded inadvertently when their meeting room was renovated. It was suggested that inventories of literature and monies above prudent reserve be limited in order to keep losses such as this at a minimum.
- The Sunday night Speakers Meeting is requesting Speakers. Please call Emily at 619-865-6426 if you are interested in telling your story.
- Trevor made a motion, seconded by Cecillia, that we donate the excess Spanish language literature to the Spanish-speaking meetings and to H&I, with Cecilia and Lynn deciding how to handle the distribution. This motion passed 15-0-1.
- Thomas brought to discussion that his Thursday night downtown meeting is finding it difficult to get the service positions filled. The discussion revealed that several meetings were suffering from the same problem. It was suggested that this be brought to the fellowship at Super Seminar Saturday, and open a discussion there.
- Johnny led a discussion on the yearly rotation of officers. Frank will write an article for next month's newsletter on the upcoming vacancies in January.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and there being no further business before the Committee, the meeting was adjourned at 11:40.

Respectfully submitted,

Nancy M., Acting Secretary

Next Meeting: Saturday, November 15, 2008

Please take these items back to your groups:

- Carolyn gave us a quick outline of the Super Saturday Seminar program on 10/25, passed out fliers and **requested help with registration, lunch, literature sales, set up and cleanup.**