

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: January 17, 2009

- **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Frank, Community Representative. The CoDA Traditions and Intention Statement were read.

- **Approval of Minutes.** Jackie – "I want to thank everyone in the Community for putting up with my crazy minutes the last 2 years. Also, thank you for giving me the opportunity to serve – it has been a great blessing in my life. I understand I will be doing today's minutes and I will be willing to assist whoever is elected as the new secretary in setting up the data needed to do the job if necessary. I have submitted a year's worth of expenses for paper, envelopes, ink and postage to the treasurer for reimbursement." The phone list was passed around to the members to check off their names and make corrections or additions. Jackie will also email a corrected phone list each month. There was one correction regarding the Spanish liaison committee report where Nancy stated there were 200 Spanish-speaking members in Southern California, not the LA area. Corrected minutes will be made. It was moved and seconded to approve the December minutes as corrected. (Reminder: NO EXTRA TIME WILL BE TAKEN TO READ THE MINUTES during the meeting. The minutes are emailed to everyone who has their email on the sign in sheet).

- **Reports** Community Representative Frank – "What a year 2008 has been! It's too bad our country hasn't operated as well as our CoDA Community! The following is a list of some of our accomplishments: We filled all of the service positions, made quorum every month but one, worked so well together that we were able to begin and end meetings on time, sponsored an amazingly successful regional conference in San Diego, had a number of successful fellowship activities, and had a SUPER Super-Seminar-Saturday! We had a very active H&I program and got books for the jails (finally), sent a delegate to CoDA World for the first time (ever?), made great progress in our outreach to the Spanish-speaking CoDA community, upgraded our web page, and began work on a newcomer's pamphlet. Moreover, no one dropped the ball. Everyone stepped up to the plate and did their job with aplomb. Bills were paid, minutes were completed, literature was purchased and made available, phone communications were responded to, mail was handled, meeting lists were updated, newsletters were prepared, concise committee reports were given, coffee was made, and all was done effectively and on time. On top of that, we even managed to end the year with more money in our treasury than when the year started! (Big round of applause, as we give ourselves a hand). Now it's on to 2009. Let's hope our country does better and follows our example. I am going to greatly miss Jackie, Johnny, Trevor, and France in their current positions but am looking forward to their continued participation in the Community and to working with the new people that fill their shoes. Thank you all for your service and for helping to give us a great year! Now, let's fill the new open positions of Alternate Community Rep., Secretary, Alternate Regional Rep., and Parliamentarian."

- **Alternative Community Representative** France – no report.
- **Parliamentarian** Johnny - Thanked everyone for support and inspiration he has received from his position. The guidelines and procedures for bringing action items and discussion items to the Committee for discussion and action, as well as other rules of order to facilitate appropriate flow of the Committee meetings were briefly described.
- **Treasurer** Lori - December and annual report is attached to Secretary's minutes.
- **Regional Representative** Nancy – no report. Next So Cal meeting is early March.
- **Alternate Regional Representative** Trevor – absent - No Report
- **Workshops, Seminars and Panels** position open.
- **Public Information/Mail** Csilla - 9 pieces of mail were received and distributed appropriately this month; 3 to H&I, 2 for 7th Traditions, 1 to Outreach, 1 to Newsletter and the rest, bank statements.
- **Public Information/Telephone** Bonnie - Two phone calls were received since the last Community meeting, one was for Outreach which went to Deb and the other was a request for the newsletter which was forwarded via email to Lesa.
- **Website Master** Acting web master - Joe reported that he has made updates to the website. He also explained that he uses the \$20 monthly fee we pay him for domain registration and hosting fees. Lori reminded him to cash his checks from the last few months – Joe said he just did a few days ago.
- **Hospitals & Institutions** Lynne – Emily has been cleared and ready for orientation. We still need more men to volunteer. Lynne introduced Phoebe, a lady she met in the jails that is now out and living at St Vincent de Paul's residential rehabilitation center. There was talk about whether the meetings there should be under H&I or a regular meeting. If they register, they will have a meeting number and can receive \$75 literature from the Community. There will be more discussion on this later. CoRe orders for H&I are now supposed to only take 2-4 weeks to process.
- **Literature** Joe – “ \$548.10 Sales for December, 2008. \$513.00 Deposited on December 20, 2008 by Lori. \$382.58 CoRe Order January 2, 2009, by my credit card. \$82.50 to be transferred from literature account to general account for newsletters sales. \$123.50 Cash on hand (current). \$2092.32 Bank balance (current). Please write me a check for \$382.58, written out to Joe, for the latest CoRe order.”
- **Outreach** Deborah – absent - no report
- **Newsletter** Lesa - Copies of the February newsletter were handed out. A party flier was made for the Valentines game night.
- **Refreshments** Nancy – there is coffee and hot water for tea. Nancy has lots of extra supplies from SSS and will bring up for discussion about some of it going to the groups.
- **Activities** Stephen - The holiday party held last month was a great success. There was a good turnout. Saturday February 14 will be a Valentines game night.

Ad Hoc Committees:

- **Spanish speaking liaison** – Cecilia – absent. No report
- **Newcomers Pamphlet** – Lesa – will meet Feb 1 before the speakers meeting
- **By Law Committee** - Johnny - will meet again in February. They have noticed that last time the bylaws were changed there is a procedure for changing again. Doesn't believe there will be many more changes needed.

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (23 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

- Elections were held. No one volunteered for the Secretary position. Jane said she would take notes until someone is elected. Tom was nominated for Parliamentarian and said he could only take it till May, due to transfer by the military. Kirk was nominated and the vote was 22-0-1. Cherie was nominated for Alternate Regional Rep. The vote was 21-0-2. France was nominated for Alternate Regional Reg. The vote was 22-0-1. A second calling for Secretary nominated Karen. The vote was 22-0-1. Emily was nominated for Workshops, Seminars and Panels. The vote was 23-0-0.
- Nancy led a discussion about Serenity Lifers having a space heater it no longer needs and is willing to donate it to a group that may have a need for one. Emily will take it for the Candlelight meeting.
- Lynne led a discussion asking for input as to whether St Vincent de Paul's meeting should be H&I or a regular registered meeting. France volunteered to help Phoebe register the meeting.
- Kirk led a discussion about Camp recovery and asked the Committee whether fliers can be distributed to the reps to take to their groups. Nancy mentioned that the last one was registered as a meeting and Joe volunteered to find out if it was the spring camp. France said that when Dean was here for the last one that it was voted that fliers could be distributed. Kirk will make them available today.
- A motion from Nancy to offer excess supplies to group reps was seconded. After some discussion, it was amended to add "after SSS and activities chair gets some of it. After 15 seconds of silence, a vote was taken 20-0-3.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 11:58.

Respectfully submitted,

Jackie Mc, Secretary

Next Meeting: Saturday, February 21, 2009