

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: February 21, 2009

- **Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Frank, Community Representative. The CoDA Traditions and Intention Statement were read.
- **Approval of Minutes.** The phone list was passed around to the members to check off their names and make corrections or additions. Jackie will also email a corrected phone list each month. The February minutes were approved.
- **Reports** Community Representative Frank – "What a year 2008 has been! It's too bad our country hasn't operated as well as our CoDA Community! The following is a list of some of our accomplishments: We filled all of the service positions, made quorum every month but one, worked so well together that we were able to begin and end meetings on time, sponsored an amazingly successful regional conference in San Diego, had a number of successful fellowship activities, and had a SUPER Super-Seminar-Saturday! We had a very active H&I program and got books for the jails (finally), sent a delegate to CoDA World for the first time (ever?), made great progress in our outreach to the Spanish-speaking CoDA community, upgraded our web page, and began work on a newcomer's pamphlet. Moreover, no one dropped the ball. Everyone stepped up to the plate and did their job with aplomb. Bills were paid, minutes were completed, literature was purchased and made available, phone communications were responded to, mail was handled, meeting lists were updated, newsletters were prepared, concise committee reports were given, coffee was made, and all was done effectively and on time. On top of that, we even managed to end the year with more money in our treasury than when the year started! (Big round of applause, as we give ourselves a hand). Now it's on to 2009. Let's hope our country does better and follows our example. I am going to greatly miss Jackie, Johnny, Trevor, and France in their current positions but am looking forward to their continued participation in the Community and to working with the new people that fill their shoes. Thank you all for your service and for helping to give us a great year! Now, let's fill the new open positions of Alternate Community Rep., Secretary, Alternate Regional Rep., and Parliamentarian."
- **Alternative Community Representative** France – no report.
- **Parliamentarian** Kirk-stated "I ask for your patience and understanding, I am doing it on the fly." He concluded, no report.
- **Treasurer** Lori W. – "I made 20 copies, if you are not a group representation share with someone else." Reimbursed newsletter and paid rent. 500 dollars was set aside for Lynn at H and I. New meeting Sat Morn in Carlsbad 8:30pm-10:00pm requesting 75 dollars for literature.
- **Regional Representative** – Nancy

The next So Cal CoDA quarterly meeting will be held on March 7th in Tustin. As always, this business meeting is an open meeting , and all are invited to attend. Anyone interested in carpooling to the meeting, please contact me, and I will forward your request to those planning to attend. Unfortunately, I will not be able to be there this month, but I expect Cheri will do an outstanding job as our new Alternate Regional Rep.

One of the items to be discussed at the quarterly meeting will be the level of interest of the SoCal CoDA communities in hosting the 2010 CoDA World Convention/Service Conference. SoCal CoDA has actively sought input from the communities. San Diego CoDA home groups should have received notice of this through the email list to group reps, and I hope that your groups have taken the opportunity to consider this issue. Please send your input to Cheri or me so that San Diego can be represented appropriately in the discussion at the quarterly meeting.

This year's CoDA World Convention/Service Conference will be held in Seattle on July 8-12. Information and registration forms can be found on www.coda.org. I strongly suggest that anyone interested in encouraging SoCal CoDA in hosting this event in the future attend the conference /convention in Seattle and learn about it first-hand.

Of course, before the event in Seattle in July, there will be our own SoCal CoDA Conference this June 5-7 in Indian Wells. You can now download information and registration forms on the Desert CODA website, www.desertcoda.org. I hope to have "hard copies" of the registration forms available for our March San Diego CoDA business meeting. If you are interested in doing service work at this conference, be sure to contact the committee.

- **Alternate Regional Representative** Cheri-no report
- **Workshops, Seminars and Panels** Emily
Super Seminar Saturday space rents out for 125 dollars Kensington Community Church and Clairemont Church of God 250 dollars. Tentative dates for Seminar is April 25 at both the Kensington Community Church and Clairemont Church of God. May 23 was also a possibility for the Kensington Community Church. She said she hasn't heard back from Virgil and is wanting us to approve a couple of dates.
- **Public Information/Mail** Csilla – 14 pieces of mail, 2 from H and I, 4 bills, 1 newsletter, 1 outreach and 2 CoDA distributed to Lynn going to distribute to Lori.
- **Public Information/Telephone** Bonnie – Absent

Lesa said 3 emails from Bonnie wanting Newsletters. Newsletters were sent out by Lesa.

- **Website Master** Joe
Said he wants someone to take over the Website Master position, said he can't train them and recommends someone who has experience. Newsletter 2nd popular item, over a 3 month period is read 100 times. Another popular item the schedule is downloaded 200-400 times a month. Website will eventually have an online registration for the CoDA conference.

- **Hospitals & Institutions** Ordered 100 books, 50 for Las Colinas and 50 for the downtown men's jail should be coming soon. Said she needs more people involved in this process women and men, more men need for downtown men's jail.
- **Literature** Joe – “ \$632.90 Sales for January, 2009. \$682.20 Deposited on January 17, 2009. \$790.31 CoRe Order January 17, 2009, by check. Cashbox 74.20. Bank total 1,601.63. Raised pamphlets by a penny, books by 2.50 a piece, reduced shipping and handing. Shipping is straight 10 percent and handling 1 dollar.
- **Outreach** Deborah

Lady who has a disability would like a sponsor over the phone. Asked for volunteers for in the future at a community fair to hand out new comer brochures until we get a community brochure. Scott, Trevor and Jerry are working with Deborah on this.

- **Newsletter** Lesa
Mistakes made in Newsletter Emily's name was not listed under Workshop/Panels. Fallbrook meeting closed. New meeting Tuesday St. Vinney's CA 1243 6:30-8:30pm open for sharing.
- **Refreshments** Nancy – there is coffee and hot water for tea. Coffee cake brought by Renee.
- **Activities** Stephen

People who were at the Game night at the Kensington Community Church seemed to have fun. New activity Balboa March 28 the 4th Saturday, walking tours 1hr, have a picnic afterwards. 7th tradition was not collected for the cost of the room 25 dollars. Discussion took place that we should have collected some money. Stephen stated I have 60 dollars a month for an activities budget and the Game Night came out of that money. Further discussion will take place during New Business/Old Business.

Ad Hoc Committees:

- **Spanish speaking liaison** – Cecilia – absent. No report
- **Newcomers Pamphlet** – Lesa

Joe, Lynne, France and Lesa will meet at Starbucks before the speakers meeting

- **By Law Committee** -

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (21 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

- Emily led a discussion to approve the dates for Super Seminar Saturday April 25 at Clairemont Church of God or Kensington Community Church or May 23rd at Kensington Community Church. Frank mentioned since May 23rd is closer to the SoCal CoDA meeting we should do it April 25th. It was motioned (19-2-0) to have the Super Seminar April 25th. Discussion took place whether we should have Virgil record the meeting or have someone else because some people had trouble with the CDS.
- Deborah Outreach led a discussion asking for 200 dollars to spend for a cover, banner and literature hand outs. 100 dollars for a banner, 50 dollars for a tent and money for literature at the community fair. An 18-0-3 vote suggested that we would give Deborah the money for these expenses.
- Lesa wanted to let everyone know about the Spring Walk March 28th play board games croquet, an hour walking tour in Balboa Park. She said it is located close to the Botanical gardens; free trolley in the park can give you a ride to that area. Joe said he would put a flier on the web.
- Jackie said that webmaster fee should be paid by the treasury. Joe stated he didn't have a problem paying the 20 dollars.
- New Business-Discussed World Convention at the SoCal CoDA Conference March 7th, to figure out whether we are interested in hosting the World Convention in San Diego next year.
- Old Business- First thing we should do in our meeting is approve the minutes. Joes stated five copies should be made, and those who don't have a copy should have one to look at during the meeting. Discuss minutes in New Business/Old Business to gain approval. A vote of 19-0-2 amended this plan.
- Lorie W. suggested we have a description of job duties available for everyone. Joe said on the CoDA National Website one can download a newcomer packet for free online or hard copy for \$4.50 which outlines the job duties.

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 12:05

Respectfully submitted,

Renee, Secretary

Next Meeting: Saturday, March 21, 2009