

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

**MINUTES OF THE REGULAR MONTHLY MEETING**

**Date: April 18, 2009**

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**Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Frank, Community Secretary. The CoDA Traditions and Intention Statement were read.

- **Phone list.** Phone list was passed around to the members to check off their names and make corrections or additions. Jackie will also email a corrected phone list each month.
  
- **Secretary Renee-** I will serve next month as secretary. I apologize for not getting out the minutes. I could not find them on my computer; I am assuming that I didn't save them. The minutes you have are not complete. For those of you who are officers and have a blank report please spend two to three minutes to fill in the blank spots. I will input them, and send out an email to everyone to approve the meeting that way we don't waste time.
  
- **Community Representative- Frank-** It's great to be back! Nancy and I had quite a road trip there and back and experienced our first New Jersey Jewish Wedding. What a blast! As for new business at today's meeting, I'm anxious to get everyone's opinion about a couple of opportunities that we have coming our way. And I think our Outreach Committee might be inspired to act on these opportunities, if we, as a group, show some real interest and support. So I've added to my report the communications that I have received regarding them: An invitation to participate in a Violence Protection Day at Balboa Park, and a solicitation that Nancy received to participate for one or more days in a booth at the Del Mar Fair. Also I want to thank Lesa and Stephen for a fantastic fellowship day at Balboa Park. We had a great time identifying cacti etc. guided by a very entertaining and knowledgeable docent, and I had a great time wiping everyone out playing croquet. Let's do that again. It did my self-esteem wonders!!
  
- **Alternative Community Representative- France-** She apologized for not having the intention statement from last week and will search for it.
  
- **Parliamentarian-Kirk** – "I am glad to be of service."
  
- **Treasurer Lori W.** –March report is attached to Secretary's minutes.
  
- **Regional Representative** – Nancy – Had a quarterly meeting at SoCal at the beginning of April was unable to be there, but Cheri was there and thanks her for being there. SoCal is having their regional conference in the desert, deadline to register May 5<sup>th</sup> and will be able to save some money. SoCal talked about hosting the world conference. There is assembly in June regarding whether we want to host the world conference.
- **Alternate Regional Representative** Cheri-Absent

- **Workshops, Seminars and Panels** Emily-Super Seminar Saturday April 25<sup>th</sup>, please take the flyers to your meetings; will send an email on the speaker meeting so everyone knows. Needs some volunteers to help clean up and set up, please make an announcement at your meeting. Please announce that there is a potluck. Decided not to bring in the new person for video, buy a 40 dollar digital recorder and record 2 out of 4 workshops and distribute them over email. Joe gave Emily a suggestion of having someone burn the Cd's.
- **Public Information/Mail** Csilla – 9 pieces of mail, 3 bills, 3 7<sup>th</sup> tradition and 2 newsletter, 2 miscellaneous
- **Public Information/Telephone** – Bonnie- 4 phone calls, 1 call from office of violence protection and alerted frank and forward to Deborah. Another phone call forwarded to Lesa.
- **Website Master** Joe- New newsletter put up. Received a request to take over the webmaster position. Bought the website converter and submitted the receipt to Lori.
- **Hospitals & Institutions Lynn-** We really need men to help, Wednesday night and Tuesday night. It is very important to have both men and women at these meetings to have different prospective. Tuesday night at 6:30, meeting at St. Vincent De Paul there are some issues at how this meeting is being run, cross talk is being used. Suggested to have someone come a view the meeting.
- **Literature** Joe –  

Mar sales: \$448.60  
 Deposit: \$458.05  
 Lit order: \$1,060.30 (I paid by my credit card)  
 Bank: \$59.92 (After I get my check)  
 Cash: \$49.52

Lori, I will need a check for \$1060.30
- **Outreach** – Deborah- I don't want to be the CODA police and check out meetings. Scott said he would be willing to go, but he didn't show up. Delmar fair coming up planning on doing an Outreach there. Has called back any person who she has got a forwarded call.
- **Newsletter - Lesa** – Absent- Joe said, there is a copy of the newsletter.
- **Refreshments** Nancy- thank you Amy for setting up the coffee and tea last month and thank you for bringing and setting up the coffee and tea for this month.
- **Activities** Stephen -We had a walking tour in Balboa Park March 28<sup>th</sup> we had a picnic afterwards and played croquet. Next month we are doing a kite flying picnic on the hill by the Hilton Mission Bay same time like we did last year. Deciding whether to do it on the 16<sup>th</sup> or 23<sup>rd</sup> of May. Business meeting is on the 16<sup>th</sup> so, planning on doing it o May 23<sup>rd</sup>. May 23<sup>rd</sup> is memorial day weekend not planning on doing it then or Sunday May 24<sup>th</sup> the day after memorial day.

**Ad Hoc Committees:**

- **Spanish speaking liaison** – Cecilia – absent. No report
- **Newcomers Pamphlet** – Lesa- no report
- **By Law Committee** -

**ANNOUNCEMENTS:** NONE

## **BREAK**

### **5. Quorum**

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (20 voting members)**. (37 X .3 = 12 voting members needed).

### **6. Old and New Business**

**Old business-** Stephen- Led a discussion whether we should collect a 7<sup>th</sup> tradition for activities. After further discussion we decided that we do not need to collect a 7<sup>th</sup> tradition

**New business-** Steven Monday night- Led a discussion about a column added to the phone list that would include your name to the CODA email list for CODA events etc. Wanted to know how the email would be distributed to the email list. France stated that maybe we could have a different position for information email. Jackie said she would take that position for information email. Nancy said maybe we could figure out the bylaws and duties for this position.

**New business-** Is anyone interested in volunteering for the May 9<sup>th</sup> event Violence Prevention which is a day for children to play in the park? We need to have some type of activity for children in order to have this booth. Some people said we shouldn't have this because we shouldn't have to provide an activity for children. Others said this would be a great opportunity and we should have a few CODA members go to the fair to see if we can do it next year.

**New business-** A motion to decide whether we want to participate at the Delmar. Bonnie says why don't we try it for one day. We decided to pay the 25 dollar registration fee and have one day of participation at the Delmar fair. Decided to choose June 27<sup>th</sup> as the first day and June 13<sup>th</sup> the second choice. 20-0-0

**New business-** Frank G. threw out a budget for 600 dollars for activities. Stephen says I think 400 dollars is enough for a year, most activities don't cost more than 60 dollars. Last year we spent 300 dollars according to Lori and that included the turkey for Thanksgiving. Trevor stated he doesn't feel like using CODA money for activities is inappropriate. Nancy believes that fellowship is extremely important because activities help us learn how to maintain healthy relationships.

**New business-** Frank G. a motion for 400 dollars for activities. After 15 seconds of

silence 18-2-0

**New business-** A vote to elect Steven as our new acting webmaster. 18-0-0

- **Approval of Minutes.** The minutes were not approved and will be sent by email sometime this month.

## 7. Adjournment

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and with no further business before the Committee, the meeting was adjourned at 12:05

Respectfully submitted,

Renee, Secretary

Next Meeting: Saturday, May 16, 2009