

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

**MINUTES OF THE REGULAR MONTHLY MEETING**

**Date: May 16, 2009**

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**Call To Order.** The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Frank, Community Representative. The CoDA Traditions and Intention Statement were read.

- **Phone list.** Phone list was passed around to the members to check off their names and make corrections or additions. Jackie will also email a corrected phone list each month.
- **Secretary** Renee- I will serve next month as secretary. I may have to give up the position in July because I am going to be super busy, I will give you guys a month notice. I sent the March minutes through email. The April minutes were passed out. If you have any questions or concerns please let me know.
- **Community Representative-** Frank G., Community Rep. for San Diego County

Thank you everyone for your participation in our last Super Seminar! It was a good one. I especially liked the Affirmation Workshop. Also, we should give special thanks to Emily for her work as our new Chair of Seminars, Panels and Workshops. The venue she arranged for us at the Kensington Church was truly excellent with its user-friendly facilities, ideal location, and economical costs. I understand our community actually earned some money doing it.

And let us not forget, tomorrow we have another in our now ongoing series of wonderful fellowship gatherings at Mission Bay. This is going to be a repeat Activity Chair Steven's first outing, i.e., kite flying. It was a blast last year, so don't miss out on it again this year.

With regard to the tax ID question that has come up in our last few of meetings, we actually have one! As I was searching for a copy of our Intention Statement, which, by the way, I found, I came across our old Tax ID number from 1991. I think we simply need to update this old one to be in business again. As I always say, the Lord helps those who follow their serenity and keep their antennas up. It doesn't hurt to have an alert wife either. I probably would have tossed out the document with the number on it as an old, now worthless, piece of paper if Nancy hadn't been looking over my shoulder.

As you all know, Lori will be stepping down as our Treasurer. I know this is a difficult decision for her, but I also know that she is practicing self-care, which stands as a great example of recovery in action. Thank you Lori for you service! You've done an outstanding job of managing our finances. I know we are all extremely grateful for her service and will miss her participation greatly. She also informed me that she will not be here for today's

meeting but will be here next month to help with the transition to a new treasurer. Hint: WE NEED A NEW TREASURER!

Finally I want to thank Joe once again for doing such an outstanding job with our website, and for helping out in the transition to our new Webmaster, Steve. I also want to thank Steve for the excellent work he has already done with this ongoing work-in-progress.

Bottom line: Thank you everybody for your service! We really are very fortunate to have so many talented people willing to serve and help make our San Diego branch one of the best, most active CoDA Communities in the Country.

- **Alternative Community Representative- France-** No report
- **Parliamentarian-Kirk** – No report
- **Treasurer** Lori W. –Absent-give donations to France for now. France will deposit SSS checks.
- **Regional Representative** – Nancy

At the last San Diego CoDA community meeting, the issue of non-profit certification came up during the discussion of manning a booth at the San Diego Fair one day this summer. As requested, I inquired whether SoCal CoDA has non-profit certification. Unfortunately, they do not. However, both Los Angeles CoDA and Orange County CoDA have non-profit certification, and reached out to us with an offer to help us obtain non-profit certification, if we wish.

If you enjoyed the Super Seminar Saturday that San Diego CoDA hosted in April, and are looking for more of the same, please check out the upcoming SoCal CoDA Conference, hosted by the Desert Communities CoDA on the weekend of June 5-7, 2009. You can find more information on this event at [www.desertcoda.org](http://www.desertcoda.org)

The SoCal CoDA Conference will include recovery workshops and speakers on the theme “Our Spiritual Foundation.” There will be an ice cream social and a masked dance, as well as breakfast and dinner events, to encourage fellowship. The annual Assembly luncheon will provide a chance to see the Board in action serving our Southern California CoDA communities and will give all the fellowship the opportunity to step forward and join the Board in service to SoCal CoDA.

The 2009 International CoDA Convention “Independent and Free” will be held Thursday – Sunday, July 9-12, 2009 in Seattle, WA, and is open to the entire CoDA fellowship. You can find more information and register for this event at [www.coda.org](http://www.coda.org) The Communications Task Force is studying ways to improve getting the Voting Entities issues out to the fellowship in a timely manner, so your delegates to the Conference can vote the group conscience.

As your representative to SoCal CoDA, and as a SoCal CoDA delegate to the CoDA Convention, I look forward to these two annual events as a chance to learn more about the fellowship I serve, and I hope to see you there.

- **Alternate Regional Representative** Cheri-Absent
- **Workshops, Seminars and Panels** Emily-She want to say she is so thankful for this position, one of the easiest positions. The volunteers were great at the Super Saturday Seminar. 51 people that signed in on the attendance sheet. 450 dollars made off the event. We spent 242 dollars plus 120 dollar check a total of 362. Sold 130 dollars of literature at the event. 65 dollars spent on a digital recorder, with the software.
- **Public Information/Mail** Csilla – 8 pieces of mail, 5 for Lori, 2 for outreach for the fair and 1 Quarterly Newsletter from CODA INC.
- **Public Information/Telephone** – Bonnie- 0 phone calls.
- **Website Master** Steve-Let him know if any of links aren't working. Apologizes for not being at the Super Seminar Saturday he was working on the website.
- **Hospitals & Institutions Lynn-** Meetings are getting larger at the jails. Writing a guy named Mike at the Vacaville jail, a lot, of cruelty at that jail. Counselor had the men at the jail give Lynn a mother's day card, expressing their gratitude for the meetings. France said that the 50 books that were distributed to Las Colinas Jail are not of sight, not in the library, not sure where they are.

- **Literature** Joe –

Mar sales: \$448.60

Deposit: \$458.05

Lit order: \$1,060.30 (I paid by my credit card)

Bank: \$59.92 (After I get my check)

Cash: \$49.52

Lit order spent 3.98 faxing literature orders

Lori, I will need a check for \$1060.30

- **Outreach** – Deborah- Absent Unable to be here due to her youngest graduation in Denver. June 27<sup>th</sup> booth for Delmar Fair is set, and June 4<sup>th</sup> we need someone to be at the Pavilion lunch to pick up the permits, credentials and materials necessary for the booth.
- **Newsletter - Lesa** – Absent- Nancy said, newsletter on the website and at the literature table, apologize that she can't make it. Lesa asked for any changes to the schedule and Nancy will pass them on to Lisa.
- **Refreshments** Nancy- Coffee, hot water for tea, granola bars, chocolate bars, thank you for bringing and setting up the coffee and tea for this month.
- **Activities**-Steven - May 17<sup>th</sup> tomorrow at the Hilton at 2pm for Kite flying and picnic next to the Hilton. Steven will hold up a huge sign and gives his cell for anyone that needs to find him. Said he will have ice and drinks, kite tails for the kites and extra string. Please bring something to share to eat. Bring sunscreen or a hat because it gets bright. If the expenses are over 60 dollars we will collect a 7<sup>th</sup> tradition. Frank said, he will bring his croquet set because he needs a boost to his self-esteem. Also said, it's important to have friends come so that we can bring the message. Nancy will bring some cups. Csilla will bring some plates and utensils left over from super seminar.

### **Ad Hoc Committees:**

- **Spanish speaking liaison** – Cecilia – absent. No report Stephen said that Cecilia has given some healthy boundaries for the Spanish speaking meetings.
- **Newcomers Pamphlet** – Lesa- no report
- **By Law Committee** – Johnny-absent
- **Email**-Jackie – Please put a check to check attendance that your email is correct.

**ANNOUNCEMENTS:** NONE

### **BREAK**

#### **5. Quorum**

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (18 voting members)**. (37 X .3 = 12 voting members needed).

#### **6. Old and New Business**

**Approve Minutes for March** 18-0

**Approve Minutes for April** 17-0

**New business-** Debbe- Some people from the Super Seminar Saturday requested that the traditions panel material be submitted to the newsletter. Mary Pearl, a well known Al-anon member and speaker, was the originator of some of this material, and mentioned on one of her recordings that she had copyrighted it at one point. She has since passed on and the material has been used, changed, and added since then.

Should we give her credit? Would that be considered outside non-CoDA material? Nancy said, Lesa, the Newsletter editor has dealt with copyright, might want to talk to her about it. Kirk suggested doing it anonymously.

**New business-**Nancy- We need a representative for the Fair for Thursday June 4<sup>th</sup> at 11:30am at the lunch Pavilion. France volunteered to go. Deborah also volunteered to go. Relay this to Deborah the outreach chair.

**New business-** Speaker meeting the 2<sup>nd</sup> Sunday instead of the 1st June 13<sup>th</sup>.

**New business-** Karen H. – A woman tapped me on the shoulder and said please don't share this at the group and hissed at me. The problem is she feels that this is inappropriate. Suggestions were given. Emily said that she had Gary mediate a business meeting when they had problems. Other people said to have a group conscious. Also discuss crosstalk in a sharing meeting and bring the traditions in. People said you can bring in another meeting.

**New business-** Frank G. Someone volunteer for treasurer.

**New business-** Frank G. We have a tax ID number. I don't think we need to pay taxes because we are non-profit. France said we need to figure out whether it is sales tax. Franks said I am satisfied that we don't have to do anything right now.

**New business-** Karen S. Thinking about doing a poetry reading through CODA. Frank suggested talking to Stephen the activities chair.

## **7. Adjournment**

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and with no further business before the Committee, the meeting was adjourned at 12:05

Respectfully submitted,

Renee, Secretary

Next Meeting: Saturday, June 20, 2009