

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: October 17, 2009

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by, Community Representative Frank. The CoDA Traditions and Intention Statement were read.

- Phone list. Phone list was not available. A sign up sheet was passed for any new or corrections to the phone list.
- **Secretary** Renee- I want to thank Lesa for filling in for me last month. I was feeling ill and unable to make it. There are copies of the August and September minutes on the front table. I emailed the minutes to everyone a couple days ago. Thanks to Lesa for letting me know that the first time I emailed the minutes they were not attached.

Community Representative- Frank

When you hear this report Nancy and I will just be ending our vacation in the Sequoias. We're having a great time hiking most everyday, scaring bears, chasing deer, etc. We'll be back in time for Super Seminar Saturday and in time for me to pick up Ken and Mary at the airport. In the meantime don't forget to go to the Picnic-on-the-Bay that Stephen has planned to take place later this afternoon and evening. Nancy and I really wish we could be there. At today's meeting, I hope someone brings up for discussion plans for the Holiday Dinner Party that's been held in recent years. It's not too early to be planning this annual event. Also, since elections will be coming up in January, please email me if you think your two-year term of service is up. I would like to clarify any confusion there might be about this matter before the elections.

Yours in service, Frank G.

- **Alternative Community Representative- France-** Minutes are up at the front if you need them, if you did not receive the email.
- **Parliamentarian-Kirk –no report**
- **Treasurer Emily** –Will give Cheri a check for a couple hundred dollars.

Regional Representative – Nancy- Absent- Report from Alternate Regional Rep Cheri

The SoCal Quarterly meeting was held on Sept. 26th in Orange County. Items of interest include the following:

1. The 2009 SoCal CoDA Conference Committee gave their final report. They returned a net check of \$1,039.39 to SoCal CoDA Region from the Conference. If anyone wants a

copy of their financial statement, please contact me. I have a hard copy and can snail mail one to you. Also, CDs from the Conference are still available for purchase.

2. The committee hosting the 2010 SoCal CoDA Conference, which will be combined with the International CoDA Convention, has begun its work. A date and location for this event should be confirmed shortly. At the Assembly during the Conference, SoCal CoDA elections are held. Please take the informational sheets back to your group. They describe these service positions and the openings available in 2010.
3. Delegates to the 2009 International CoDA Convention gave their report, which I've printed out separately.
4. A draft was presented of a SoCal CoDA newsletter, similar in intent to our San Diego CoDA *Voice*. Look for the first edition to come out shortly after our next quarterly meeting in December.
5. A letter was created that will be sent to acknowledge 7th Tradition contributions to SoCal CoDA. It is the intent of SoCal CoDA to mail this acknowledgement letter to any group sending in a contribution. With this in mind, please be sure to include a contact name and address with your contribution, along with your group number, so that SoCal CoDA can appropriately express its thanks.
6. The intergroups give reports of the status of their communities at this quarterly meeting. Of interest may be the following:
 - a. The Hispanic CoDA community is celebrating a Third Anniversary and all are invited. See the flyers for more information.
 - b. LA CoDA will be hosting their usual holiday marathon meetings. Please check out their website for more information.
 - c. Desert CoDA has initiated a group inventory at their monthly meeting.
 - d. Orange County CoDA is continuing to struggle.
 - e. TVCC (The Valley CoDA) is stable, with regular community meetings.

Yours in service,

Nancy M.

Report of SoCal Delegate #1 to CoDA CSC / Convention in July 2009

1. CSC approved a motion to accept a short version of the CoDA "Welcome" as an option to reading the long version. This will enable more time for sharing at large meetings.
2. The newly elected members and alternate members of the CoDA Board include members from Canada, Italy and England, making CoDA a truly international organization.
3. The CoDA Webmaster requests that home groups conduct routine updates of their meetings, including updating contact names and phone numbers. If your meeting has no change,

please send that info along, also, so the website meeting list stays current. If there is no communication from your meeting, the Webmaster may inactivate it.

4. Online ordering of literature from CoRE is expected to be up and ready to use by Aug. 1st.
5. The Translation Management Committee is working on standardization of documents.
6. The Outreach Committee receives many requests for email sponsorship. Anyone interested in doing this service, please contact Outreach.
7. CSC approved a new booklet from the Literature Committee - *Sponsorship: What's in it for me?* This will replace two previous literature items: the *Sponsorship in CoDA* pamphlet and the *Sponsor* booklet.
8. The H&I Committee receives many requests from inmates seeking members willing to write to them. If you are interested in doing this service, please contact H&I.
9. The Co-NNections Committee is seeking to expand into multi-media format. Submissions, including videos, etc. are being sought.
10. The CoDA CSC/Convention name is now officially the International CoDA Convention.
11. Germany has produced a German translation of the *Peeling the Onion* booklet.
12. An agreement has been executed with CDRS (Canada) for publication and distribution of literature.
13. Suggested improvements for next year's convention include a 30-minute training session on how to conduct the business of the meeting, especially training on how to present and make motions. This might prove useful for any newcomers to the convention. Also, there was some renewed interest on reinstating the tradition of opening the convention with a Spirituality Day.
 - **Alternate Regional Representative Cheri**-We have service positions available in January, copies of the available Service positions are on the table.
 - **Workshops, Seminars and Panels – Cheri** We need people to help us set up 9:00am October 31st.. Half the room is going to be set up with tables for lunch and the other half of the room is going to be set up for a workshop. Wondering who has a costco card, Emily is unable to go with Cheri to do the shopping. She is going to email Steve the webmaster a copy of the agenda so it will be available on the website. We provide the beverages and lasagna. It will be a potluck suggested 10 dollar donation. Will give Joe a flyer to put out at some meetings.
 - **Public Information/Mail –Csilla-Absent** Lesa received some mail from Kirk.
 - **Public Information/Telephone – Bonnie**- There was 1 phone call in this reporting period gave t
 - **Website Master-Absent**

- **Hospitals & Institutions Lynn-Kirk** and Lynn were at the men's jail last week. We really need men for the jails! France attends the Tuesday night meeting at Las Colinas. Marilyn and Lynn switch off at Monday night meeting. At the Super Seminar Saturday will have a workshop an H&I. Received a comment on the newsletter in it that the cartoon characters should look happier. If anyone has any questions on H&I/ H&I panel please give her a call. France commented in order for someone to go to the jail the criteria is they need to work the 12 steps.

- **Literature Joe** –

Here are some literature numbers.....

Sep sales	1084.95
Deposit Sep 29	1019.80
CoRe Order Sep 27	966.63 - paid by my personal credit card a check was drafted and signed

Cash on hand 73.04

Lit. bank balance 1,087.37

Table 59.74 receipt for table

Emily- Joe has 12 checks he needs stamps

Has all receipts of purchases in a folder

Relevant documents attached...

I have a signed check to make the next literature order.

I ordered on-line this time around because of time restraints. CoRe seems to hold onto checks, and as a result of a mini-vacation, the literature order was not placed for a week.

Thanks,

Joe

- **Outreach – Deborah-** Has been sick off and on, people that are interested in doing outreach plan to meet after the meeting, November 1st before the meeting.
- **Newsletter - Lesa** – We have newsletters, Have been sent to Steve our webmaster will post within the 2 days. Super Seminar Saturday and Speak meeting are both posted in the front of the flyer, Micah and Tom S. from LA. We have Tradition 4, next month we will have tradition 5. Will work on making the jail cartoon characters smile. She is really enjoyed doing this service position has been doing it for 2 and ½ years, has developed a very smooth system. If you are creative or not you can still do this position if anyone is interested. There is a lot of things she would have like have done, but she is passing the hat to someone else.

- **Refreshments** Nancy Absent, Deborah brought coffee, water and tea, may not get there for the setup. Trevor will bring the supplies for the Super Seminar Saturday.
- **Activities**-Steven —4pm a Weiner Roast at Fiesta Island. Community is providing wieners, drinks, ice, and buns. Bring a side dish, a folding chair and a jacket. Lesa brought some flyers, and it is on the website. Steven has some badminton raquets, birdies and a god box in his car. We have the holiday season coming up, Thanksgiving and Christmas, do we want a holiday party together or separate. Sounds like we want a holiday party together from the votes.

Ad Hoc Committees:

- **By Law Committee** – Johnny-Absent

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (19 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business 16-0-3

Minutes approved for September

Kirk Parliamentarian-

Discussion- Stephen wants to bring the holiday meeting. Last year we heard we had 3 turkeys. We can have ham. We can chicken for people who don't eat turkey or ham. Last year's holiday we had a salad table, dessert table, having people come express gratitude to the microphone. France- just to keep in mind we have to spend 2 ½ hours cooking the turkeys, France, Cheri and Lesa have done that. Can we pick a primary and secondary date December 5th and December 12th. Emily and Lesa offered to do the turkey cooking on the 5th and 12th. France offered to cook the turkey on the 5th, Trevor offered to cook a turkey on the 12th. Lesa offered Frank and Nancy to cook a turkey. Stephen is going to warm up one ham. Someone suggested if we could see tickets to get a head count of people coming.

Motion- Stephen-To have 3 turkey and 2 ham dinners for the CoDA holiday party to be paid by the community 18-1-0

Motion-France-To allow the Temecula meeting CoDA meeting to become a temporarily member of SDCCC until Riverside CoDA community is re-established after suffering losses due to the fires.

18-1-0

Discussion-Dan addressed living recovery in Temecula meeting, didn't get any guidance or support from Riverside.

Discussion-Deborah seems like it is more of a commuter place and we should include them into our group

Discussion-Steve-webmaster- Do we just put them on the meeting list and support them at this meeting. France-yes

Discussion-Trevor-the only requirement to have them is to have a group number

Discussion-Lesa- Nancy is the Regional rep we should let her know

Discussion-Stephen- gives thanks and appreciation to Dan for giving this discussion

Discussion-Lesa- wait next month to give the meeting literature

Discussion-France- we need more information from Dan where the meeting is

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 11:59

Respectfully submitted,
Secretary Renee

Next Meeting: Saturday, October, 17th