

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: November 21st, 2009

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by, Frank Community Representative. The CoDA Traditions and Intention Statement were read.

- Phone list was passed around for those to check off their names.
- **Secretary** Renee-Minutes are available at the table, if you did not receive a copy of the minutes and you'd like one please let me know I would be more than happy to email it to you.
- **Community Representative-** Frank G., Community Rep. for San Diego County

Frank G., Community Rep. for San Diego County

I'm sorry I had to miss last month's meeting. I really enjoy these meetings and only have one more meeting as your Community Rep before I have to step down for the elections in January. But at least I'm not alone. Nancy, our Regional Rep, will also be completing her 2-year term. In addition the Treasurer's term is up, but since Emily took over midterm she is eligible to run for a full 2-year term this January. Let's be really nice to her and she might be willing to continue serving in that position. It wasn't easy, as Emily will attest, but we finally got Union Bank, I think, to work through its dysfunctional behavior long enough to add Emily's signature authority to its files. We will also need to make some adjustments in our sub-chair positions, but our By-Laws are still unclear about which of the 2-year positions are due to expire. I plan to bring this issue up this morning and get it settled during the "New Business" hour of our meeting today. The Super Seminar was awesome, and Cheri, who is stepping down from her position as Alternate Regional Rep, and is our new Seminars, Workshops and Panels Chair, did a fantastic job of putting it together, as did all of the many volunteers, including myself, that helped make it work. For example, I was assigned the critical job of chauffeuring Ken and Mary, and didn't even screw it up! What a privilege it was to do that. CoDA really has some wonderful founders. I understand that the wiener roast that Stephen, our Activities Chair, organized was well attended and went very well. Stephen has also planned a follow-up picnic at Lake Murray this afternoon at 3. Let's all go and help clean up the leftovers from the last picnic. I understand that the Holiday Party was also scheduled at the last meeting. I don't know anything about it other than the fact that I was volunteered by y'all and Nancy to cook a turkey. Who says CoDA people aren't trusting?

- **Alternative Community Representative- France-** no report
- **Parliamentarian-Kirk** –no report
- **Treasurer Emily** – We took 878 dollars including literature put out 1,518.54, at the end of October we had 3,777.35. In our savings we had 2,205.14.
- **Regional Representative** – Nancy- Report from the San Diego Regional Rep:

My position as Regional Rep will expire with the upcoming elections in January. Since I originally filled a vacancy in an uncompleted term, and then was elected to a full term of service after that, I will be ineligible to be re-elected. I have found that serving as Regional Rep these past three years has added greatly to my personal recovery. I cannot express too strongly the gratitude I feel for the opportunities for recovery that opened for me while holding this service position. If you are considering taking on this service position, if your Higher Power is urging you to grow in this direction, please contact me with any questions, or join our carpool to the next quarterly meeting of SoCal CoDA. It is scheduled for December 5th, in Orange County. This will be an open meeting, as always, and everyone is invited to attend. Come meet and serve with other codependents and watch the Promises unfold.

Yours in service,

Nancy M.

- **Alternate Regional Representative Cheri**-no report we need someone to fill this position
- **Workshops, Seminars and Panels – Cheri** For super seminar Saturday want to thank everyone for helping out it wouldn't happen without you on October 31st. We had 93 people and on the other sign sheet we had 7 more people. We made 876.67

Public Information/Mail –Csilla-Absent Report from Frank: Since I would be out of town from Nov. 14th to Nov. 23rd, I picked up the CoDA mail on Nov. 12th .

I mailed the following to Emily:

- 2 bank statements
- 1 miscellaneous bank notice
- 1 bill from VMI for the answering service
- 1 bill from AT&T

I mailed an H&I letter to Lynne.

And, have one piece of mail for Debra in outreach which I will mail to her when I get her address.

I will check the P.O. box again on the 24th to see if any other mail came in that needs disbursement.

Thanks for letting me be of service,

Csilla

- **Public Information/Telephone** – Bonnie- There was 2 phone calls in this reporting period gave to Deborah
- **Website Master**-Everything is up to date. Would like to add a news section to the website and a discussion part
- **Hospitals & Institutions Lynn**-Talked to Joe to get more literature for jail. We need more men for H&I. Suggests someone call Phoebe to see how the St. Vinney's meeting is running. Frank said he might be interesting in substituting at the jails every other week.
- **Literature** Hello again! Wondering if we should change the prices, shipping is a little less than 10 percent chances are prices will go down. Wondering how to account for the Temecula literature, said he will count it as a 75 dollar shortage for the literature fund.

Here are some literature numbers.....

Oct sales	\$898.60 (includes SSS)
Deposit Oct 26	\$683.00
CoRe Order Oct 18	\$657.23 - paid by my personal credit card
Cash on hand	\$286.25
Cash box short	\$2.39

Lit. bank balance \$1,113.14 (after I get a check)

I need a check for 657.23 written to Joe Hemen

Relevant documents attached...

- **Outreach – Deborah**- Absent
- **Newsletter - Lesa** – We have newsletters, Have been sent to Steve our webmaster. Sent out email subscription if you didn't get it let me know.
- **Refreshments-Nancy**-There is coffee and hot water for tea
- **Activities-Stephen** –Email from Scott read wanting to MC and present an inner child slide for the holiday part. Holiday Party on December 5th from 4:30-9. After much discussion we have 3 turkeys and 1 ham for the holiday party.

Ad Hoc Committees:

- **By Law Committee** – Johnny-Absent

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (18 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

Minutes approved for October 16-0-1

Motion- Steve-to keep the two domains that are 66 dollars for the year, Motion withdrew decided that he has a budget of 50 dollars so he will renew it and get reimbursed by the treasurer.

Motion-Steve-add news section to website check with new meetings and step studies to make sure they are using CoDA literature before he posts it. **18-0-0**

New business- The following positions will be open in January:

Community Representative
Treasurer
Regional Representative
Alternate Regional Representative
Workshops, Seminars and Panels
Public Information/Mail
Public Information/Telephone
Hospitals and Institutions
Literature
Outreach
Newsletter
Refreshments
Activities
By Law Committee

Motion- Deborah-Have Scott MC and present inner child slide show. After discussion we decided that we have enough going on that we don't need it. Motion withdrawn

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 11:59

Respectfully submitted,
Secretary Renee

Next Meeting: Saturday, December 19th, 2009