

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: December 20th, 2009

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by, Frank Community Representative. The CoDA Traditions and Intention Statement were read.

- **Secretary** Renee-I apologize for being late, I am not a morning person and this is morning to me. Have noticed that when having the minutes available there are lots of copies that are left. So, I have decided to make 2-3 copies instead of 5-10. If you don't get the email copy, please let me know so I can make sure you get one.
- **Community Representative-** Frank G., Community Rep. for San Diego County-no report
- **Alternative Community Representative- France-** Absent-no report
- **Parliamentarian-Kirk** –no report
- **Treasurer Emily** – 7th tradition if group reps can go around to meetings talk with treasurers to up 7th tradition. Paid rent. If you have any receipts from the holiday party please let me know.
- **Regional Representative** – Report from your Regional Rep:

SoCal CoDA's Quarterly Meeting was held in Orange County on Dec. 5th.

SoCal CoDA sends gratitude for the approximately \$100 per month it receives from your seventh tradition contributions. However, these donations still do not cover expenses, so please think of SoCal CoDA when your group is dispersing its seventh tradition. Please include a contact name and address with your contributions so SoCal CoDA can send a letter acknowledging your contribution.

If anyone is in need of holiday meetings, LA CoDA will be hosting their traditional holiday marathon meetings. Check their website for more information.

CDs from the workshops, panels and seminars of the 2009 SoCal CoDA Conference in Palm Springs are still available for purchase from the SoCal CoDA website.

There is a bit more information on the International CoDA Convention to be held in LA next summer. The theme will be: *The 12 Promises: The Yellow Brick Road to Recovery*. The tentative dates are July 12-18, 2010. The workshops, panels and seminars, and the SoCal

CoDA Quarterly meeting and Saturday Assembly luncheon that we usually expect with a SoCal CoDA Conference are being planned for July 16-18, 2010. If anyone is interested in being of service at the Convention, or in joining the planning committee, please contact Thom B. His contact information, as well as further information as it develops, can be found on the LA CoDA website.

The next SoCal CoDA Quarterly meeting is planned for March 27, 2010 in Orange County.

- **Alternate Regional Representative Cheri**-no report
- **Workshops, Seminars and Panels – Cheri** – no report
- **Public Information/Mail –Csilla-Absent** Get report from Frank
- **Public Information/Telephone** – Bonnie- No calls in this reporting period
- **Website Master Steve**-Put a meeting on the web that is not happening next week. Put the traditions on the web. Put it on a discussion for the end of the meeting.
- **Hospitals & Institutions Lynn**-H & I is going really well. Lesa will attend the H&I meetings will go to the Las Colinas. Lesa brought up that you can only attend one jail, you need to apply for both. Question from Nancy are there 12 step meetings on bases. Judy commented that there are 12 step programs on bases.
- **Literature** Hello again! Wondering if we should change the prices, shipping is a little less than 10 percent chances are prices will go down. Wondering how to account for the Temecula literature, said he will count it as a 75 dollar shortage for the literature fund.

Here are some literature numbers.....

November 2009 Sales - \$988.25

Core Order Nov. 21, 2009 - CC by Joe - \$833.99 (from cash box)

Bank Deposit December 17, 2009 - \$295.34

Temecula CA1239 Literature Start-up - \$ 75.00

Cash on hand - \$ 70.17

Lit. bank balance - \$1,408.48

I do not need a check.

There was a shipping problem and not all of the order has arrived. However, there should be only a minor impact on Saturday.

- **Outreach – Deborah-** Having Outreach meetings the 1st Thursday of the month at 6pm at the Downtown meeting.
- **Newsletter - Lesa** – We have our 6th tradition, we have newsletters, Have been sent to Steve our webmaster. Sent out email subscription if you didn't get it let me know. Email Trevor if you want to speak for the January 3rd meeting.
- **Refreshments-Nancy-**There is coffee and hot water for tea
- **Activities-Stephen** –Absent

Ad Hoc Committees:

- **By Law Committee** – Johnny-Absent

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (20 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

Minutes approved for October 15-0-4

Motion- Joe- Charge prices of three books 12 steps and 12 tradition to 14.00 currently 16.25. Big book to 14.00-currently 15.50, Meditation to 11.00 currently 13.75. Help us pay for new meetings and new forms. 20-0-0

Discussion-Steve Monday Night- Outreach San Diego CoDA Facebook. Frank decides to have someone look to see if there is other 12 step programs on Facebook. Steve will look into Facebook, Faceless

Discussion-Frank-We are having Navy people come in and observe the meetings, although, some people are having a problem. One meeting that bans such visitors. The only requirement is to have a healthy and loving relationship; however, each group is autonomous.

Discussion-Trevor-Sunday speakers need someone for January 3rd, will anyone be willing to speak?

Discussion-Steve- Have the newsletter of the traditions published on the website. Wondering whether we need to have the authors consent when publishing this, however, it is already on the website, it's just it would be on the front of the website.

Discussion-Frank- Activities bins storage. Maybe we need to have a small storage to keep them in. Bonnie will be the Adhoc to find a storage area by Kensington Community Church.

New business- The following positions volunteers
Community Representative
Secretary-Renee
Treasurer-Emily
Regional Representative- Joe
Alternate Regional Representative-France
Workshops, Seminars and Panels-Cheri
Public Information/Mail
Public Information/Telephone-Steve
Hospitals and Institutions
Literature
Outreach- Deborah D.
Newsletter
Refreshments
Activities
By Law Committee

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 12:10

Respectfully submitted,
Secretary Renee

Next Meeting: Saturday, January 16th, 2009