

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: October 16, 2010

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by, Community Representative. The CoDA Traditions and Intention Statement were read.

- **Secretary** –Good Morning everyone, there are copies of the minutes up here at the table if you haven't got one and would like one. I found the clipboard ☺ I sent out the minutes through email there was one part that I added in from Karla that I forgot to write in. I didn't want to resend the minutes with one little portion. Thanks for letting me be of service.

- **Community Representative France- SDCC Community – Rep Report**

1. CoDA Inc Website: Last month I mentioned that a group was temporarily delisted from CoDA Inc. because there was personal information on the website, allow me clarify. Under the section entitled "Special Instructions" there was some personal information regarding one member's address which was inadvertently entered; therefore, this is just a notification that when individuals are either submitting new meeting information or updating existing meeting information, please make sure that no personal information is entered on the form.

2. By-Laws:

I also want to clarify again, that the Motions Passed is NOT part of the By-Laws. This was a list of motions that I put together when I was reading through the Minutes that either impacted the financial or operational aspects of the business meeting.

3. Super Seminar Saturday:

There appears to be a misunderstanding within the San Diego Community regarding the \$10 donation for presenters at the Super Seminar Saturday so I have taken the liberty of going through passed motions to get clarification. As it stands, there is no motion that waives the requested \$10.00 donation for speakers, workshop presenters and/or panelists. If someone is interested in putting a motion in to waive the \$10 donation, be my guest. However, I would like to point out that CoDA members volunteer to be of service as part of their recovery program; this applies to all types of service whether it is "kitchen duty", "clean-up" or "presenting". Since CoDA does not pay individuals for service, a workshop presenter cannot waive the donation in lieu of services rendered. If an individual cannot make a \$10 contribution due to financial constraints that is a different issue and is not addressed here.

4. Motions Passed:

Since the “Motions Passed” has already been sent out several times to members of the Community, I am only providing a limited number of printed copies. The reason I bring this up is that I would like to encourage members to scrutinize the motions passed and any motion that is either outdated, contradictory or goes against our Traditions should be rescinded or amended.

Motions Passed

1. Passed on September 17, 2005 – All Speakers at the Super Seminar Saturday must be active members of CoDA
2. Passed on June 17, 2006 – Literature Financial records are to be kept for three (3) years.
3. Passed on August 19, 2006 – To include new meetings on the Website and in the Newsletters even though the meetings have not yet received their CoDA registration number from CoDA World as long as the meeting contact individual declares that the meeting will follow the Steps and Traditions and to use CoDA approved literature only at the meeting.
4. Passed on September 16, 2006 – Budgets for all Chairpersons approved; however, the budgets never made it into the Minutes but the H&I budget was given a \$500 budget in September 2006.
5. Passed on September 15, 2007 – The amount given to new groups for literature is to be increased from \$50.00 to \$75.00.
6. Passed November 17, 2007 – H&I Budget of \$500
7. Passed November 17, 2007 – “Before any letter to anyone from SDCCC is approved, even if sent out by email, such letter must be read out loud or handed out.”
8. Passed on April 19, 2008 – “Any non-recurring expenses over \$30 needs to be pre-authorized or approved by Committee vote in order to be reimbursed.”
9. Passed on June 21, 2008 – “A 7th Tradition donation will be collected at all activities from now on.” The Committee agrees to cover expenses with shortfall matched by a community contribution up to a total of \$60 per event. Committee agreed that activities chair “can plan events monthly with a verbal agreement from a few members and not worry about getting the community’s budget approval first. The motion was amended to have a total cap of \$400 to expire 12/31/2008 and any windfalls to be returned to the community.”
10. Passed September 20, 2008 – H&I Budget of \$500
11. Passed November 15, 2008 – obtain from the Bank a Debit Only Credit card to be held by the Treasurer following already established treasury guidelines for usage to assist the Committee conduct its business.
12. Passed on April 18, 2009 – A total annual budget of \$400 for Activities.
13. Passed on November 21, 2009 – Webmaster Chair has a budget of \$50 -----no budget in Minutes, although it was previously stated that Chairpersons had submitted budgets---- Item to be clarified.
14. Passed on November 21, 2009 – before new meetings and step studies are listed on the

News section of the Website, need to ensure that they are using CoDA literature.

15. Passed on May 15, 2010 – “Every Committee will have its own budget, except for the Christmas Party and Super Seminar Saturday.”

- **Alternative Community Representative – Micah**-Grateful to be here and see everyone and I have no report.
- **Parliamentarian Kirk** – Good morning, I distributed a newcomer community business meeting format, and there is a part that talks about how much time we are suppose to be spending on reports, old and new business. I believe Steve filled in last month and I thank you for that. I read the 20 plus emails and felt there was a lot of intellectual and emotional response. I am keeping to the time limits, some may think I have control issues, but I am keeping to the process. Thanks for letting me be of service.
- **Treasurer Emily** – Hello All,

The October report is attached. I will try to remember to bring the reports I print out this time!!

A few notes that I will discuss in my report: I do not have a current literature sales report, but noticed that a large deposit was made to our account. So, the literature portion of the report should be reviewed by the literature people for accuracy.

I also changed the reserves on the SSS and the H&I expenses.

I also found a transaction that I had not previously accounted for in my large spreadsheet, and that has been fixed as far as the accounts go.

Please feel free to let me know before Saturday if you have any questions.

Thank you for letting me be of service.

Regards,

Emily

- **Regional Representative Trevor**- We had a meeting this month Saturday October 2nd, officers take over, Joe is our SoCal Chair. We have a leadership transition an ongoing term of term years. SoCal consists of San Diego, Riverside, LA, and desert counties. Riverside reps there are trying to form a body like we have here in San Diego. Our next meeting is December 12 there will be a group of us carpooling, please let me or Joe know it runs from 10 in the morning to early afternoon, then we have fellowship too.
- **Alternate Regional Representative Addie**- Didn't attend the meeting so no report
- **Workshops, Seminars and Panels – Cheri** –Super Seminar Saturday October 23, 2010 feel free to come as early as 9:45 to help set up if you'd like. There will be a lot of workshops and it is pot luck. We have a key note speaker from LA. We recommend at 10 dollar donation, but you don't have to. Thanks for letting me be of service.
- **Public Information/Mail –Deborah –Evette** asked if she should open the mail, Deborah replied Emily the treasurer would best answer that, she said you could sort through the to decide what goes to Outreach or Newsletter, or Community Rep.

- **Public Information/Telephone Steve** – We had a hiccup in transferring in phones, I hope to have that working next week. Thanks.
- **Website Master Open-Joe** got an email from Steve that he updated the website and an email who is interested and he told him to show up to the community meeting.
- **Hospitals & Institutions-Frank-** We are trying to get people to help come out it is going to take longer to get cleared because of the budget. Michelle is in the clearance process and think she was expedited. There were 17 women at the Las Collinas. Kirk, Lynne who is having some health issues is unable to attend the men's jail. We need more men for the jails. The only requirement is that they don't have a felony, be a year in coda, and have an understanding of the steps.
- **Literature-Chuck-Absent- Frank** said there was some miscommunication and Chuck will be here next month
- **Outreach Nancy** – San Diego County CoDA missed an opportunity this month to have a booth at “Hope in the Park.” This was a family-oriented event held in Balboa Park, which targeted families of domestic violence. Unfortunately, no one in our Fellowship stepped up to do service at this event. I have emailed our regrets to the organizers, with the wish that they keep us on their invitation list for next year. This event was the first one this year that we were invited to and did not participate in. I hope that we do better with the next invitation, if and when one comes our way.

Since the Books for County Libraries program seems to have lost steam, and Outreach has not asked for any money for several months now, I will be submitting a motion today requesting a donation of the remaining four books from the community funds. The Outreach Committee feels that this money is for a good cause, and I hope you agree. I ask you again to be sure to mention to your home groups that CoDA books are available for checking out from our local city and county libraries. Especially newcomers strapped for cash might find this information useful.

Our next project at Outreach is finalizing an email to be sent to local mental health professionals. This email will include information about CoDA and include attachments of our meeting list and the pamphlet that CoDA World Literature Committee is completing with Joe's assistance, as well as links to our website and the CoDA World website.

I will also be submitting a discussion item today, regarding a phone call that came to me through Steve via our hotline. A caller from Potrero is hoping that San Diego County CoDA would be willing to start a local telephone CoDA meeting for those in the area who live too far away from local meetings or who are otherwise unable to attend meetings in person. This was not the first call I have received asking for information for meetings for those who cannot go to a meeting in person, and I feel it is important that we discuss this. I have been referring such callers to the CoDA World online meetings, at www.onlineCoDA.net. These online meetings are actually chat rooms or forums. CoDA World also has telephone meetings, and I'd like to discuss the possibility of having one such meeting originate from San Diego.

Our next Outreach Committee meeting will be held on Wednesday, November 10th at CoCo's at 2644 El Cajon Blvd., San Diego. It is, as always, an open meeting. We would love to have you join us and share your ideas for carrying the message to the codependent who still suffers.

Nancy M.
Outreach Committee Chair

- **Newsletter Joe** – Apparently last month some people didn't get newsletter. I don't know whether we are going to sell them etc. Suggestion from Joe if you are a Group service rep if you can take a couple to your meetings. I put open on the newsletter for Alternate Regional Rep I apologized to Addie for that. I really appreciate doing this service position.
- **Activities Sarah** –Sorry I'm not there this morning, but I didn't want to get anyone sick . There was no activity in Oct. Then next activity is Nov 19th Bingo-coda style. Info is in the newsletter It's a potluck so bring a yummy. The holiday party will be Dec 11th location and info soon. If someone could get back to me on what the allot cost for this activity is I would appreciate it. Thanks for letting me be of service.
- **Ad Hoc Committees**
 - Karen- Coffee person France thanking her for her service.
 - Evette- Cleaning up Motions
- **By Law Committee-Open Position**
- **Storage Facility-** Bonnie-Absent

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (23 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

Minutes approved for September, 2010 the minutes were approved by majority vote 19-0-

Open Community Positions

Webmaster

Newsletter Chair

Motion-Nancy- 200 dollars for cost of printing of the Pamphlet from Outreach Mass amount of copies that is cheaper. Karla says that CoDA World is actually going to put this in their starter packet that is on the web. Kirk says that hospitals and institutions can put this in the literature, for a cheaper cost. Nancy, we are just printing this for San Diego County. Emily if we are going to give half of the pamphlets to H and I should we

take that out of that budget. France suggests taking it out of the general fund. Kirk suggests that we have a separate discussion of the distribution and whether we are going to charge for it. Budget is approved with the majority vote
21-0-0

Motion-Karla-That the San Diego CoDA Community place the following disclaimer on the website page that lists CoDA meetings and on the meeting schedule contained in the monthly newsletter.

CoDA groups are listed at their own request; and listing on this schedule does not constitute approval of any group's manner of practicing the CoDA program. If you attend a meeting which does not meet your needs, please try another one.

Rationale: This will remove the need for the SD CoDA Community to police its member groups, or to divert us from our spiritual aim by investigation and subsequent dissension regarding whether or not any CoDA group should be delisted for not upholding the Traditions, whether by use of outside literature or disregard of any other Tradition or spiritual principle of our program. Certainly, if a group's activities are so egregious as to need action by the Community, de-listing remains an option under the CoDA Fellowship Service Manual (www.codependentsanonymous.org), but such a disclaimer takes the burden off the Community to proactively or reactively delist a meeting on the basis of its choice to read outside literature at a meeting.

Approved to submit this on the website and the newsletter 19-1-3

Motion-Nancy-SDC CoDA donate 4 CoDA books to Outreach for County libraries. Emily said that she would donate one more book. Nancy suggests to table this discussion till next month.

Discussion-Nancy- A few calls have come to Outreach seeking meeting those unable to get out to in person. Young woman could not get out to a meeting, but suggested a telephone meeting. Frank volunteers to check out how telephone meetings work.

Motion-Evette- To clean up all motions in the past, and to keep a motion of those past.
19-0-0

Evette is appointed on adhoc committee to clean up all motions in the past.

Motion-Marty-We move that no Group meeting in the SD Community can be removed or banned from the meeting list solely on the basis of reading Non-coda approved literature at their meeting. Table this for next month 14-0-0

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 12:05.

Respectfully submitted,
Secretary Renee

Next Meeting: November 20, 2010

