

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: December 18, 2010

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by, Community Representative. The CoDA Traditions and Intention Statement were read.

- **Secretary** –Good Morning everyone, I am grateful to have served my 2 year term as Secretary I have really learned a lot giving service. There are copies of minutes up at the front table if you would like one. I emailed out the minutes without France's report, but will insert it when I get it from her.
- **Community Representative France- SDCC Community – Rep Report** – Elections will be next month for January; Group Service representative requirement has the experience, strength and hope of the 12 steps, and attends a local meeting. It is really vital that we have each group representative, if you don't have a GSR have a business meeting and elect one. If you cover someone covers a position they can serve that for one year, and that would be considered acting, you can also take on an officer position which is a 2 year term.

Open positions: Treasure (Emily stepping down next month will be open)

Public Info mail (Yvette Acting)

Public Info Webmaster

Outreach Chair (Nancy acting)

Newsletter Chair

Community Representative (France stepping down next month will be open)

- **Alternative Community Representative – Micah**-No report
- **Parliamentarian Kirk** – Good morning, my term is also up. The community mandates that the person wanting to take a position needs to attend 4 consecutive meetings. We adhere to Robert's rules of order it can be cumbersome, what we strive for is minimal organization. For me this position has allowed me to find an enormous balance in the meeting. I would be more than happy to provide anything for the next person who steps up.
- **Treasurer Emily** – I will be stepping down in January and I would be happy till February to help someone start the position.
- **Regional Representative Trevor**- Absent

- **Alternate Regional Representative Addie-** Absent (Nancy) Los Angeles CoDA is having marathon meetings, a lot of meetings are getting cancelled here because of the holidays it is in Culver City, the meetings run all day long, it's a pot luck. If your group sends 7 traditions to SoCal CoDA if you send a check you will know it cashed. SoCal CoDA does send a letter for 7th tradition. If you don't get a letter please make sure you put your registration number on the check. If you haven't received one please notify Trevor Regional Representative or Joe So Cal CoDA chair. Don't send cash, get a money order or check, and make the check/money order out to So Cal CoDA.
- **Workshops, Seminars and Panels – Cheri** Absent–no report
- **Public Information/Mail –Deborah –Evette-** I picked up the mail, a couple of 7th traditions and Delmar Fair letter.
- **Public Information/Telephone Steve –** One call came in from Kioki Rebel Yell Meeting Kensington Community Church Saturday and call went to Nancy Outreach. Are phone system will change in December we were spending 900 for our phone and it will drop to 335 dollars the end of December 21, we have a onetime 30 dollar fee for this service.
- **Website Master Open-**
- **Hospitals & Institutions-Frank-** The meetings I have attended at Las Collinas have been some of the most inspiring meetings. I really feel like there is being a significant impact being made. My main goal is to solicit volunteers to attend the meetings and including the men's jail. Please email Frank to get more information or contact Kirk.
- **Literature-Chuck-**I need to get together with Emily for accounting purposes. The order for November was finalized on December 2nd, but I haven't received the tokens and welcome literature. I would like to fill the orders next month because I don't have all the material. He said to contact him if you would like to receive the literature before the January Meeting.

Vote taken. **Majority vote to suspend the filling of all literature orders until January meeting.** 15-0-2

Outreach Nancy – December Outreach Committee Chair Report:

I have again brought a supply of business cards and flyers. Please take whatever you can use and distribute locally.

The Books for County Libraries program received another CoDA Book this month – we thank Jon and his group for their donation. This completes our quota of donations, and I thank all the groups and individuals who have helped with this project. What a success! I am again reminded that my Higher Power does for me what I cannot do for myself. Please to be sure to mention to your home groups that CoDA books are available for checking out from our local city and county libraries. Especially newcomers strapped for cash might find this information useful.

We continue to post our informational notice in the San Diego Reader and the SD Newsgroups newspapers regularly.

Our next project, sending an informational email to local mental health professionals, is on hold pending approval of the contents of the email. I have brought printed copies of this email, and will be submitting a motion for approval today. I'll discuss this in greater detail when the motion is on the floor.

As Outreach Chair, I have been receiving quite a few email notifications of meeting changes, since we don't have a Webmaster. Steve T. usually gets a notification before me. I've started forwarding this information to France, also. However, the number of changes is becoming unwieldy, at least for me, and I hope that a system is created to manage these changes, at least until a new Webmaster steps up. I'll submit this as a Discussion item in the second half of the meeting.

Our next meeting will be held in January sometime before the business meeting, date to be determined. If you are interested in attending our January meeting, please email me at outreach@sdccoda.org. And please share this information with your home groups. Our meetings are always open meetings. We would love to have you join us and share your ideas for carrying the message to the codependent who still suffers.

One final note - elections will be held in January, and since I will have served in some capacity for the past four years, I will be term-limited out of any position at the community level. Therefore, the position of Outreach Chair will be open. Please talk this up with your home groups, and consider doing this important and rewarding service work.

Nancy M.
Outreach Committee Chair

- **Newsletter-Open**
- **Activities Sarah –Absent**
- **Ad Hoc Committees**
 - Karen- Absent
 - Yvette- Have a couple discussion items towards the end of the meeting.
- **By Law Committee-Open Position**
- **Storage Facility- Bonnie-Absent**

ANNOUNCEMENTS: NONE

BREAK

5. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (17 voting members)**. (37 X .3 = 12 voting members needed).

6. Old and New Business

Minutes approved for November, 2010 the minutes were approved by majority vote
14-0-3

Open Community Positions

Webmaster

Newsletter Chair

Discussion-Yvette- Establish a budget for committees in need of one. Table discussion till elections.

Discussion-Yvette-List of motions possibly to have the secretary or the parliamentarian, keep up the list. According to the bylaws, the Secretary keeps up the motions. Yvette will email Renee the list of operational and financial motions and I was pass them on to the next secretary who will continue keeping a current list.

Motion- Nancy-Outreach email for Mental Health Professionals needs approval before sent out. A majority vote approves the email to be sent out 15-0-2

Discussion-Nancy- Changes to meeting list. Needs someone to keep organized while we are without webmaster and newsletter.

Motion- Nancy- Elect Irene as acting Newsletter Chair
Majority vote elect Irene as Newsletter Chair14-0-2

7. Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 12:05.

Respectfully submitted,
Secretary Renee

Next Meeting: January 15, 2010