

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: March 19, 2011

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by, Community Representative. The CoDA Traditions and Intention Statement were read.

- **Community Representative Karla – SDCC Community** – Opened with serenity prayer and introductions. The 12 traditions and intention statement were read. The third concept of Service was read by our parliamentarian. Community Rep. Report – responded to a few calls that came in but will transfer all of this responsibility to Kirk (new outreach chair). The literature committee is reviewing the new comer's booklet and presenting to CODA World for confirmation in July.

The following positions need to be filled: Newsletter, Treasurer, and Regional Rep.

- **Alternative Community Representative** – Not yet filled.
- **Parliamentarian Ellen** – No report.
- **Treasurer Emily** – Bonnie Z. is willing to be the meeting but could not attend today but will be here next month. Karla is holding bank statements, receipts and bills for the incoming treasurer.
- **Regional Representative Trevor**- Absent
- **Alternate Regional Representative Addie** - Attended March 5th regional meeting. June 17th – 19th conference is the SOCAL conference. \$99/room at Radisson in Culver City. The first 40 people who sign up with get a discounted lunch (\$5/person). Lisa will be organizing registration and needs volunteers to help. December meeting – tell the treasurers that send donations to Regional or CODA World to please include group number and address so they can be acknowledged for their donation. Emphasized that Camp Recovery is not a CODA sponsored event. Hal, our world delegate, will be attending conference in July in Denver. There are a number of service positions available at "So Cal Region".
- **Workshops, Seminars and Panels – Cheri**- Flyers for the next Super Saturday were passed out. It will be May 14, 2011 from 10 am to 4pm. All speaker/workshop positions have been filled. Lasagna and drinks will be provided by the Community and the rest of the meal will be pot luck style.
- **Public Information/Mail –Yvette**- Received a two bank statements which were given to Karla.

- **Public Information/Telephone Steve** – We are completely free of AT&T commitment. Cost went from \$900/year to \$375/year. Received about 6 calls so far this month and passed to appropriate people. Will be updating the recorded message which he will make a motion for approval at the end of the meeting. Nancy mentioned a change to a local meeting.
- **Website Master Scott (present)/Mike (absent)** – Wants a current phone list after this meeting. Cheri will be sending the Super Saturday flyer and it will be uploaded to the web-site. Mike will look at the current meeting list from Irene and upload it to our website.
- **Hospitals & Institutions-Frank-** Shared Monday morning routine and discussed how he appreciates the drive from Pacific Beach to Santee. Once in Santee he picks up coffee at the local 7-11 and heads to the jail for a meeting. The women come to the meeting and it is a very rewarding experience it is to be a part of that meeting. He would appreciate more people participating in this meeting. Please call him at 619-889-2637 if interested. Participated in the Women’s Resource Fair and it was very rewarding experience. Gave out over 200 flyers with meeting lists and other information. Kirk shared that he would like more participation in the Men’s Jail.
- **Literature-Chuck-** Will be making a large deposit (well over a \$1000) today because unable to get to the bank prior to now. New Sponsorship brochure is now available for \$3 each.
- **Outreach Kirk** – “Second Chance Fair” at Balboa Park needs volunteers for 3/30/11. This will be a Job Fair – no services/resources provided. Kirk wants feedback from groups regarding how many people can volunteer for the San Diego County Fair. At the next meeting I will have a better idea of the budget. Nancy asked for a more specific schedule on what the commitment involves (i.e. participants will receive free admission). Dates: Three weeks – prior to July 4th. Last year we did three weekends which did not include the July 4th weekend. The fair is closed on Mondays. The booth costs \$35/6 days. This event requires a lot of coordination. (SDFair.com for specifics on the fair). There is a conflict with the So Cal conference and the Community Meeting. We are looking for weekend commitments from our community. Mike (webmaster) wants updates on this so he can update the CODA site.
- **Newsletter Irene-** Has to step down as Newsletter representative. However, she did update the meetings schedule and completed the current newsletter (300 copies available for purchase).
- **Activities Sarah-** Absent
- **By Law Committee-Open Position**
- **Storage Facility Bonnie -** Absent

ANNOUNCEMENTS:

- CODA convention July 5th – 7th in Denver Colorado. Good rates on rooms (\$99/night at the Radisson). More information is available on the CODA World website.

- Tuesday night Step Study opening up – Steps and Traditions. Runs about 39 to 40 weeks. 6:30pm. starting first Tuesday in April (i.e. April 5th). Will be open 2-3 weeks then it will be closed to newcomers.

BREAK

1. Quorum

The group representatives and officers of the meetings introduced themselves. The Secretary and the Parliamentarian confirmed **a quorum was present (15 voting members)**. (37 X .3 = 12 voting members needed).

2. Old and New Business

Minutes approved for February, 2011 the minutes were approved with corrections by majority vote **11-1-0**

Steve – updating meeting lists has been difficult because, historically, that has been the job of the Newsletter Chair. We have not had a Newsletter chair for some time so the updates have been inconsistent. The meetings could be updated through CODA World on-line by individual groups. Steve believes that a separate list should not be kept for the San Diego Community. Steve proposes that information be made available to individual group secretaries on how to update the information on CODA World. CODA World will only allow the person who made the prior changes to change the information on the World site. Yvette – doesn't support individual group updates because not all secretaries will follow through with this job. Frank suggested creating a "job description" for individual meeting secretaries that includes updating the World site because many "secretaries" aren't aware of this responsibility. Scott suggested that the "contact person" for the meeting be the person who updates the World site. Steve will come back next month with a recommendation. Also, this promotes autonomy within each individual group to keep the information current.

3. Parliamentarian Ellen: Reviewed the procedures for Discussions/Motions.

4. Discussions:

Steve – opened the discussion on the new recorded message for our phone system. Nancy asked if there is a way to organize the message (multiple buttons) that specifies regions where meetings are located. Karla suggested to have all meetings on the recording because some people do not have access to a computer. Steve suggested a woman record the message because there are calls that specifically ask for a woman call back. The general discussion gave the impression that people are in agreement with a woman's voice recording the message. Ellen volunteered to be the voice on the recording. Next month Steve will bring additional information regarding the options with this new system. Ellen will record and replace the current message(s).

Cheri – does each group rep/CODA group receive a free copy of the newsletter? Typos on newsletter include: March 2010 on page 1 and October, 2010 on the second page. Nancy said that historically every group has gotten one free. A vote will be taken at the next meeting regarding this issue.

Tom would like to know what literature is available on CD ROMs. Karla clarified where he can find that information on the CODA world site.

Darcie - Questions regarding New Patterns of Codependence. Where are the updated Recovery Patterns? Karla said that the CoDA Literature Committee is in the process of updating these patterns and it will be available sometime in the future. It may be available in time for the CoDA Service Conference in July, 2011.

5. Motions:

Karla – Would like the minutes posted on the web-site once they are approved. Yvette really like the idea of keeping all leadership decisions transparent to the entire community. Kirk asked how many months would be available on-line. Ellen also supported the concept of “transparency” also maintains consistency throughout all groups so all can report the same information to their groups. The motion is: Post a rolling 12 months of minutes on the CODA web-site. **Approved: 13-2-0**

Addie elected as Regional Representative – Unanimously approved. 15-0-0.

Community Elections

Alternate Community Rep-Open

Regional Representative – Addie nominated by Nancy, she accepted the position. She would serve in this position for the remainder for Trevor’s term (remainder of 2011).

Treasurer- Open

Newsletter Chair: Open

Alternate Regional Rep: Vacated by Addie.

Speaker Recruiting Position (Sunday Speaker Meeting): Filled by Joe during February meeting.

Adjournment

The Committee accepted contributions from the members according to the 7th tradition, and with no further business before the Committee, the meeting was adjourned at 11:50.

Next Meeting: April 16, 2011