

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

**Date: September 17, 2011**

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Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by the Substitute Community Representative - Ellen.

- **Community Representative – Karla (absent)** – Ellen substituted for Karla who is recovering from surgery. The meeting was opened with Serenity Prayer and introductions. The 12 traditions were read. The ninth Concept of Service was read.
- **Alternative Community Representative – Vacant**
- **Secretary –Nancy** – Asked all persons to update the phone list.
- **Parliamentarian Ellen** – Ellen reported on the parliamentary procedures used in the meeting for reports, discussions and motions.
- **Treasurer – Bonnie.** The Income/Expense and Expenses reports were provided for July and August. New format made the data much easier to interpret. Yvette requested a "Year to Date" column to be added to the report.
- **Regional Representative** -- Addie attended 8-27 regional meeting and gave a list of who served on the board. 2012 conference is planned to be held in Indian Hills. All motions sent to the regional conference from San Diego were tabled. She passed on a reminder to those serving as Treasurers for all meetings to put their group number on all checks sent to them. There are many changes to the treatment of H & I groups. There are many services available to these groups. More information can be found at the CODA World website.
- **Alternate Regional Representative – Vacant**
- **Workshops, Seminars and Panels – Cheri** (Absent) Ellen reminded the group that the Super Saturday seminar is coming up next month.
- **Public Information/Mail – Craig** – Picked up 5 pieces of mail and distributed accordingly.
- **Public Information/Telephone- Steve – Absent.** Steve emailed Nancy and Karla his report. He received 9 phone calls and forwarded to appropriate persons, passed on information regarding meetings
- **Website Master—Tim** Sent out an invitation to those persons on the general list provided by Karla. A second invitation was sent for the Community Information list.

Once people respond to the invitation they can be added to the list. This will facilitate distributing information to all persons interested in CODA information.

- **Hospitals & Institutions-Frank-** States that he was away for last two weeks. Mondays AM Las Colinas Mtg - Growing membership. Tuesday – Los Colinas meeting could use some help due to the growing membership, Wednesday men’s jails (downtown) could use some help especially from men. Feels that CODA awareness has decreased over time and wonders why this is the case. Lynn is requesting help at East Mesa Jail (619-574-6684) and a meeting needs to be started there. Possible times for this new meeting could be Thursdays PM, Fridays after 2pm (no later than 8pm), and Tuesday’s too.
- **Literature-Chuck-** Confirmed bank balance with the Treasurer. Full repayment has been made to Chuck. Current balance of literature is \$2436. Chuck provided a report with the details. He is currently out of welcome tokens and two year medallions which are on order.
- **Outreach- Kirk –** Absent.
- **Newsletter -- Yvette–** Yvette passed out a current newsletter and meetings list. Created a motion to discuss content for the newsletter due to the fact that she is running out of things to write.
- **Refreshments Karen -** Fresh coffee is available.
- **Activities-- Vacant**

#### **ANNOUNCEMENTS:**

None

#### **BREAK**

##### **1. Quorum**

The group representatives and officers of the meetings introduced themselves. The Parliamentarian confirmed a quorum was present (**18 voting members**). (37 X .3 = 12 voting members needed).

##### **2. Old and New Business**

Minutes approved for August, 2011 were approved by majority vote (18 – 0 – 0)

Ellen reviewed time frames for presentation of old/new business, discussion, motions.

##### **3. Discussions:**

- Yvette – running out of things to put in the newsletter. Would like to pose a monthly question to the community and the responses could become material for the following newsletter. The by-laws require that no payment can be made, the material is from the person written and all copyrights on the submission are relinquished. These requirements would be sent with the request. The discussion included: support for the idea of posing questions centered around the

step/tradition for that month and generally sharing personal experience, strength and hope. The questions from the Green Step/Tradition Book provides one resource for possible questions. If Yvette edits the submission she is willing to send it back to the author to ensure it is appropriate. Ellen recommended that Yvette take this forward into next month's meeting with a motion presented at that time.

#### **4. Motions:**

- 1) **Frank** - wants the community to continue to host the holiday party Last year there was no party. The motion was approved by a (15 – 0 – 2)
- 2) **Frank** – Have holiday party on December 4<sup>th</sup> prior to speakers meeting. Nancy M. has agreed to organize the party. Addie volunteered to research the availability of the location and costs. A motion to allocate \$200 toward the reserve Kensington Church for the holiday party on December 4<sup>th</sup> and to cover food expenses. Approved (14 – 0 – 4).
- 3) **Lynn** – made a motion to request gas money to cover gas expense to support the “Jail Meetings” (Las Colinas, etc). The discussion was around the requirement of the traditions. Should volunteer service be paid for and that this could set a precedent about reimbursing costs for carrying the message. Would it be appropriate to use the H&I budget to supplement the gas cost for Lynn. The motion was not passed (6 – 11 – 1).

#### **ADJOURNMENT**

The Committee accepted contributions from the members according to the 7<sup>th</sup> tradition, and with no further business before the Committee, the meeting was adjourned at 11:50, followed by the Serenity Prayer.

Next Meeting: October 15, 2011