

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: July 21, 2012

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 a.m. by the Community Representative Karen.

- **Community Representative – Karen** – The meeting was opened with Serenity Prayer and introductions. The 12 traditions and the intentions statement were read. The seventh Concept of Service was read by Karen (Community Rep). Karen expressed gratitude to all those people who do service at this meeting and appreciates the opportunity to be of service as the Community Representative.
- **Alternative Community Representative – Jon** – Jon reminded the group that the Coda World website needed to be updated yearly. He also encouraged people to ask him questions after the meeting regarding the CODA community.
- **Secretary – Nancy** – Expressed gratitude to Susie for taking the minutes for the June Community Meeting. The phone list was passed around for updates and corrections.
- **Parliamentarian Steve** – Steve reminded the group that his purpose is to run an efficient meeting using the Robert's Rules of Order. Discussed 5 minute limit on those officers making reports.
- **Treasurer – Margaret** – Margaret reported on our expenses and turned in her report to the secretary. She discussed total net income of \$1300 (which covered the \$500 donation in books to CODA World's H&I Program). Total cash: \$8088.
- **Regional Representative – Darcie** – Absent.
- **Alternate Regional Representative – Vacant**
- **Workshops, Seminars and Panels – Fati** – Absent.
- **Public Information/Mail – Craig** – Requested the key back from Gary. Gary picked up the mail which contained bank statements which were delivered to Margaret and she was able to update all treasurer documentation. Craig will now continue in his service position.

- **Public Information/Telephone- Vacant** – Steve is acting in this position. He received 6 calls last month. One call from a hospital needs to be handled by our H&I person. Steve was unable to contact Lynn. Frank offered to help in that process. This position was filled later in this meeting.
- **Website Master—Tim** – Absent.
- **Hospitals & Institutions – Lynn – Absent.** Yvette (not the community chair) is interested in being a part of H&I due to a family member being institutionalized for most of his adult life. She would like to support this community. She shared about an experience she had speaking at a prison in Ohio. She called the prison and when they found out she was in CODA she was asked to speak at the meeting. The meeting had close to 200 people and she had 45 minutes to speak. She described some of the activities that the people in the prison do to support their recovery. It is called the Ohio Reformatory for Women. The \$500 donation from our community for CODA big books directly benefited this population. There is a place at CODA.org that will allow you to sign up for newsletters relating to H&I activities within the CODA organization. Yvette said it was a wonderful experience.

Frank said that Lynn started a new meeting at the men's jail on Wednesday's and she would appreciate support from other CODA members to attend this meeting. Monday & Tuesday meetings at Las Colinas are going strong and the members show gratitude and appreciation for the meeting. Cheri shared that when she attended one of those meetings the women were gentle and serene and really motivated to put their life back together.

- **Literature-Chuck** – Chuck gave his report and will email the report to Nancy. Chuck reminded everyone that he will be out next month and Rick and Jon have volunteered to cover for him.
- **Outreach- Vacant** – Karen received a second quarter service report from CODA.org and asked for people to provide her with their emails if they would like her to email a copy of this report to them. Karen read a portion of the report related to H&I and Karen discussed the lack of any mention of a Pen Pal program for H&I. Yvette said this Pen Pal relationship would be related specifically to being a "Pen Pal Sponsor". Yvette (newsletter chair) said that there is some type of pen pal program already in place and should be described on the CODA.org website.
- **Newsletter – Yvette** – Will publish all open community positions in the next newsletter. The most recent meeting list shows one change in a meeting. She will be absent next month on vacation. She will complete the September newsletter prior to leaving. Katherine will be responsible for making copies of this newsletter and bringing them to the next meeting.
- **Refreshments – Vacant.**

- **Activities—Vacant** – Cheri volunteered to plan one activity this summer. She brought flyers regarding the Bonfire & Potluck that will be at Mission Bay on Saturday, August 11th. Please email Cheri if you can bring fire wood. It will be from 8am till 10pm.

ANNOUNCEMENTS:

1. Cheri announced the first official meeting for planning the SOCAL CODA Conference which will be at noon at:

Coco's Restaurant
2644 El Cajon Blvd.
San Diego, CA 92140.

- Yvette asked for any announcements regarding this conference to be sent to her so she can put them in the newsletter. Cheri needs a minimum of 12 volunteers for committee chairs. Each of those chairs will need volunteers as well so, there will be a need for many volunteers to make this conference a success.
2. Tim shared for Omar that he was extremely grateful for the literature support and his meeting has picked up and they were only a few dollars short on rent this month.

BREAK

1. Quorum

The group representatives and officers of the meetings introduced themselves. The Parliamentarian confirmed that a quorum was present (**22 voting members**). ($32 \times .3 = 10$ voting members needed).

2. Old Business

- A. Minutes of the May and June Community meetings were unanimously approved.
- B. Steve explained Robert's Rules and also suggested that people who wish to discuss business do so succinctly instead of back and forth discussion. Pink Form New Business – discussion and requires no vote. Golden form is to request a motion which will require a vote by the community. There is a 2 minute maximum to present the discussion or motions.
- C. 7th Tradition was performed.
- D. Karen described the community level open positions (4) and asked for nominations. Two positions were filled.

Open Positions:

- Outreach Chair
- Alternate Regional Rep.

- Activities Chair – Mike nominated Stephen for this position. Stephen asked for clarifications about the requirements of the position and then agreed to do it. Stephen was elected unanimously.
- Public Information/Telephone Chair – Nancy nominated Jacob to this position. The requirements for this position were read by Steve. Jacob was elected unanimously.

E. Karen took the time to discuss the length of the terms of each position. There is only one regional meeting remaining in the current term. The regional meetings are held in Costa Mesa.

F. Frank described the history of the Outreach committee and its importance. He mentioned that there is a large population that doesn't know about CODA. Karen encouraged everyone to take it back to their meetings and encourage participation. Gary suggested getting some fun temporary tattoos to pass out at these events. Perhaps something that said "Precious and Free" so it still preserves anonymity. Steve read the description of the position.

3. New Business

No new business.

4. Discussions:

None at this time.

5. Motions:

None at this time.

ADJOURNMENT

There was a motion to adjourn and seconded. The motion passed and with no further business before the Committee, the meeting adjourned at 11:20am.

Next Meeting: August 18, 2012