

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

**Date: September 15, 2012**

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Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:09 a.m. by the Alternate Community Representative Jon.

- **Community Representative – Karen** – The meeting was opened with the Serenity Prayer and introductions. The 12 traditions, intentions statement and the ninth Concept of Service were read. Expressed gratitude to Jon for covering for her last week.
- **Alternative Community Representative – Jon** – Reminded the GSR's to update CODA world annually so they know your meeting is still active.
- **Secretary – Nancy** – The phone list was passed around for updates and corrections.
- **Parliamentarian Steve** – Steve reminded the group that his purpose is to run an efficient meeting in accordance with our 12 traditions. Described the layout of the meeting. Officers reports – 5 minutes each, new business and old business and described each of our forms (motion – gold form; discussion – pink).
- **Treasurer – Margaret** – Margaret reported on our expenses and turned in her report to the secretary. She discussed total net income of \$1088. Year to date we are a in the positive. Checking account balance of approximately \$9700 (total of all prudent reserves). We have multiple prudent reserve accounts that support different outreach programs. Steve asked about the amount above the prudent reserve and what process should be followed for donations to Regional and World. Margaret will create a discussion/motion item regarding the donations.
- **Regional Representative – Darcie** – Absent.
- **Alternate Regional Representative – Vacant**
- **Workshops, Seminars and Panels – Fati** – Kensington Church has been reserved for Saturday, November 3<sup>rd</sup> – which is a change from last month due to a conflict with Kensington's calendar. Fati asked for help in getting the details laid out for this event. She asked for volunteers at the meeting. All speakers have been scheduled. Theme "Acceptance of Self and Others".

- **Public Information/Mail – Craig** – Picked up the mail today and delivered as appropriate. All pieces this month went to our treasurer.
- **Public Information/Telephone- Jacob** – Absent. Jon reported in his absence. Jacob received some calls and responded appropriately.
- **Website Master—Tim** – Absent. Karen said that she recently received a bill to renew our domain name.
- **Hospitals & Institutions – Lynn – Absent.** There is no contact information for Lynn and she has not come to a meeting for some time. Karen will try to reach her this month. Karen will redirect Lynn’s community position email to come to her so she can respond as needed. Gary reported for Frank and said that the Wednesday’s men’s meeting needs support and the Women’s jail meeting is doing really well. Margaret shared that Lynn had to move to Ramona and that may be the reason she is not coming to meetings.
- **Literature-Chuck** – Sales approximately: July - \$688, Aug - \$700. Chuck submitted a report to the secretary. Chuck clarified that the fees charged for our literature is slightly above cost to ensure all costs are covered (including shipping).
- **Outreach- Vacant.** Karen reported that she was contacted by an organization called the “Family Recovery Center” and their request for a CODA speaker for a Friday morning meeting where that person could share about what CODA is all about. It is a facility for women and children. Karen want to get back with her in a timely manner.
- **Newsletter – Yvette** – Newsletter and Meeting List were sent earlier in the week to all community members. Yvette is looking for feedback regarding how to generate material for the newsletter. Should she solicit information from the community officers or should she expect the people to send her the information on their own initiative.
- **Refreshments – Vacant.** Donuts are available courtesy of Chuck.
- **Activities—Stephen** – Stephen has reserved Kensington for a game night and the holiday celebration. Discussed the budget for the holiday dinner. Oct. 19<sup>th</sup> – game night and Dec. 1<sup>st</sup> for the holiday celebration. More details are in the CODA October newsletter.

## **ANNOUNCEMENTS:**

1. Nancy announced the second official meeting for planning the SOCAL CODA Conference which will be at noon at:  
Coco's Restaurant  
2644 El Cajon Blvd.  
San Diego, CA 92140.
2. Chuck announced that he will not be here next month and he will try to get coverage. Otherwise, he will fill orders and try to get them delivered prior to our next community meeting.

## **BREAK**

### **1. Quorum**

The group representatives and officers of the meetings introduced themselves. The Parliamentarian confirmed that a quorum was present (**20 voting members**). ( $31 \times .3 = 9.3$  voting members needed).

### **2. Old Business**

- A. Minutes of the July Community meeting was approved (19 – yes, 0 – no, 1 – abstention).
- B. 7<sup>th</sup> Tradition was performed by Karen.
- C. Steve described the parliamentary process for asking for a discussion item or a motion.
- D. A discussion from last month regarding how prices are determined for literature in each individual meeting. Steve read from the CODA national guidelines (fellowship service manual). Each CODA meeting is autonomous and may manage its finances accordingly. Ultimately, this pricing is determined by the group conscious process of the individual meeting and should have the ultimate goal of supporting the sustainability of the meeting.
- E. Nominations for the one remaining open position of Outreach were solicited. Karen read the responsibilities of this position. Karen encouraged all persons to take this back to their meetings to solicit volunteers. There are only 4 months left on this term so a person could try this position and then decide if he/she could decide in January if they want to serve for two years. No nominations were taken at the meeting.

### 3. New Business

- A. Yvette – requested direction regarding guidelines for garnering newsletter content. Yvette’s preference wants to announce it at the community have it noted in the minutes and people can read the minutes for the information. She is also willing to include the deadline for submissions in the email she sends with the current newsletter and meeting brochure. Yvette must receive any submissions by the 10<sup>th</sup> of a month. Multiple people said they liked the announcement at each meeting. Yvette wants only officers to submit content because this is a document that supports the community. Susie asked if a form, similar to motions and discussion forms, that could be used at the community level to submit content. Yvette wasn’t comfortable with the forms. Discussion continued beyond the 5 minutes with unanimous support from the community. Yvette will be including the deadline in the email and an announcement at each community meeting.
- B. Steve explained Robert’s Rules and also suggested that people who wish to discuss business do so succinctly instead of back and forth discussion. Pink Form New Business – discussion and requires no vote. Golden form is to request a motion which will require a vote by the community. There is a 2 minute maximum to present the discussion or motions.
- C. Margaret asked for guidance on our current savings account which has \$2200 and is earning zero interest. Multiple people shared that as a non-profit we may not be able to accumulate wealth in an interest baring account. Margaret’s question was how does she tabulate the prudent reserve so she can determine how much to donate to regional/world. Prior to donating Margaret will make a budget for our next meeting to ensure all activities are covered to the end of the year. She will also contact Cheri regarding the needs for the Regional Conference and makes that part of the budget. It was suggested that we have our Regional/National reps share at our meeting to describe how the money is spent at each level.
- D. Gary – CODA community purchased a sound system for the speakers meeting several years ago. Gary is about to pass on the responsibility of holding on to this equipment. It was asked for Gary to make up this inventory list and guidelines about how to handle this equipment. Gary said that would be possible. A suggestion was made to have it put in storage and have the community pay the monthly rental. A suggestion was made to make a new chairperson that would be responsible for this equipment. One suggestion was made to pass ownership to the Speaker’s Meeting and let them be responsible for managing this equipment.

#### **4. Motions:**

One motion was brought fourth to allot \$265 for the Activities Chair to cover expenses for the game night and holiday celebration. This covered the cost of using Kensington Church. Motion passed unanimously.

#### **ADJOURNMENT**

There was a motion to adjourn and seconded. The motion passed and with no further business before the Committee, the meeting adjourned at 11:55 am.

Next Meeting: October 20, 2012