

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

**Date: December 15, 2012**

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Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:05 a.m. by Jon, the Alternate Community Representative.

- **Community Representative – Karen – Absent.** Jon acted in Karen's absence.
- **Alternative Community Representative – Jon –** The meeting was opened with the Serenity Prayer and introductions. The 12 traditions, intentions statement and the eleventh Concept of Service were read. Reminded the GSR's to update CODA world annually so they know your meeting is still active and it is not deleted from the list. The only person that can update it is the person who is listed as the contact person for that list. Jon encouraged all GSRs to go to their groups and let their members know about the open service positions especially secretary and treasurer positions.
- **Secretary – Nancy –** The phone list was passed around for those present to update their email and/or phone number. Also, it was encouraged to cross off any person that no longer attends this meeting.
- **Parliamentarian – Steve –** Steve reminded the group that his purpose is to run an efficient meeting in accordance with our 12 traditions, group conscious and Robert's Rules of Order. He described the layout of the meeting. Officers reports – 5 minutes each, new business and old business and described each of our forms (motion – gold; discussion/new business – pink).
- **Treasurer – Margaret – Absent.** Jon received the report from Margaret and made it available to all those present.
- **Regional Representative – Darcie – Absent.**
- **Alternate Regional Representative – Vacant.**
- **Workshops, Seminars and Panels – Fati.** Absent
- **Public Information/Mail – Craig –** Craig picked up the mail today; 1 piece to outreach and the remainder to the treasurer. Jon will deliver that to the treasurer.
- **Public Information/Telephone- Jacob – Absent.** Has not had a chance to update the phone message/hotline number.

- **Website Master—Tim** – Absent.
- **Hospitals & Institutions – Lynn – Absent.** Frank reported that Monday and Tuesday at Las Colinas (women’s) both are well attended. It appears that the men’s jail meeting is closing. Catherine is interested in supporting Lynn and will talk with her regarding how this will evolve.
- **Literature—Chuck** – Reviewed the report which is included in the minute’s binder. Chuck said that he believes that Rick will replace him in January. On line orders are encouraged.
- **Outreach- Vacant.** Jon mentioned to the group to encourage volunteers from their groups.
- **Newsletter – Yvette** – The Newsletter was distributed by Yvette. However, she was unable to stay. She did say she would do the February newsletter because she completes it in the month of January which is her final month of service.
- **Refreshments – Vacant.**
- **Activities—Stephen** – Turned in a couple receipts for items related to the holiday party for reimbursement. He also turned in \$119 in 7<sup>th</sup> tradition collected at the holiday party. Stephen needed a little more support in set up and would like people to RSVP in a little more timely manner for next year. Next year Stephen will portion the left over food up and that will make it easier to give the food away at the end of the party. No activities are currently planned.
- **SoCal Chairperson – Cheri** – Reviewed the needs and the open positions in the SoCal Conference Planning committee: signage, food & beverage, volunteer coordinator, and co-chair for marathon meetings. Next meeting is a CoCos in North Park on December 29<sup>th</sup> at 12:30pm. Cheri encouraged GSRs to go to their groups to encourage participation. Email 2013codaconference@gmail.com.

## **ANNOUNCEMENTS:**

- Breana – the Sunday speakers meeting could use some support so please encourage attendance. It is usually the first Sunday of the month. The next meeting is Sunday, January 6<sup>th</sup> at 6:30pm at the Kensington Church. There are 3 open positions for this meeting which are: Speaker coordinator, secretary and the group rep.
- Nancy M. – Wanted to pass on the information that the region supports marathon meetings on all holidays (Christmas Eve, Christmas Day, Thanksgiving Day, New Years Eve, New Year Day). She said that people have shared how they attend the meeting feeling depressed and leave feeling full of love. These meetings are located at the Share Building which is where the regional meetings are held – the information can be found on-line at LSCODA.org.

- Frank shared how helpful the 12 Step pamphlet is used within the H&I meetings.

## **BREAK**

### **1. Quorum**

The group representatives and officers of the meetings introduced themselves. The Parliamentarian confirmed that a quorum was present (**14 voting members**). ( $32 \times .3 = 11$  voting members needed).

### **2. Old Business**

- A. Minutes from the November Community meeting were approved with corrections. The minutes were approved (12 – yes, 0 – no, 1 – abstention).
- B. 7<sup>th</sup> Tradition was performed by Karen.
- C. Steve described the parliamentary process for asking for a discussion item or a motion and the time limits for each item. He described the required number of people necessary for a quorum.

### **3. New Business**

- A. Elizabeth – Discussion of bringing kids to activities. The meeting she represents has a lot of newcomers and one of their concerns is childcare and how it restricts their ability to participate in fellowship events. Wants the group's opinion on whether childcare should be provided at activities or how that could be addressed. Elizabeth specifically meant for fellowship events not for meetings. One suggestion was to encourage people to give more during 7<sup>th</sup> tradition if they brought extra people. Super Saturday has provided child care but, only one child showed up so it has been eliminated up to now. Stephen mentioned that meetings are highly encouraged at fellowship events which could affect child participation. Child care was discouraged because one person believed that parents should be responsible for their care. The discussion was extended with one abstention. Nancy M. suggested that each event should be evaluated one at a time and at the time of promoting the event that it should be clearly specified if children/friends are encouraged to participate. Kathryn described that she would like events to be specified as “fellowship” and “family” events. Steve shared that he brought his son to family 12-step events and he believes it benefited his whole family.
- B. Janina – discussion relating to an activity. Could we have a San Diego Community Dance. She has discussed with other members and her experience is that people have showed a lot of enthusiasm toward this idea. This could be a specific type of dance (salsa, country, etc.) or a general free style or theme/holiday dance. The overall impression was positive – Janina was thinking an open space with a DJ would be great. It was suggested that Janina head up an “ad-hoc” committee to make this happen. It was suggested

that we sell tickets to off the cost. The discussion was extended with 2 abstentions. It was also suggested that music could be downloaded instead of paying for a DJ the first few times to see what kind of turnout we get. Stephen also encouraged CODA attending existing events in San Diego that are free. Steve suggested to Janina to come to the next meeting with a motion for a date or budget.

**4. Motions:**

None.

**ADJOURNMENT**

There was a motion to adjourn and seconded. The motion passed and with no further business before the Committee, the meeting adjourned at 11:30 am.

Next Meeting: January 19, 2013