

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: September 20, 2014

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (the "Committee") was called to order at 10:00 by Kathryn, Community Chair

Read Traditions

Read Intention statement

Read Service Concept of the Month

Reports from Officers:

- **Secretary-** Linda (acting)- passes out August minutes.
- **Kathryn-** Chair- sent out August minutes and assisted with banking issues.
- **Jon-** Alt Comm Chair- assisted with banking issues; here to help.
- **Parliamentarian** – Joe- read parliamentary rules. Reviewed last months items.
- **Treasurer-** Michelle- reads treasurer's report. **We are in the red from a Net Income/Profit point of view and now dipping into our savings and prudent reserve to operate. We need the community meetings to send in their 7th Tradition contributions.**
- **Workshop, Panels, and Seminars-** Nancy – planning Super Seminar Saturday. Needs kitchen manager.
- **Public info mail** – Laurine – absent but picked up mail and got to Treasurer.
- **Public info phone** – Lesa- responding to messages.
- **Hospital and Institutions-** vacant- Frank continues to organize
- **Literature-** Rick- Total Sales \$846.40, Value of literature \$2,948.10. Cashbox \$22.80.

- **Outreach-** Scott – had 1st meeting will do conference call meeting. Requested reimbursement for expenses/postage. Doing letters to mental health professionals. **Has table for others to borrow for events.**
- **Newsletter-** vacant position.
- **Activities-** Cheri- absent.
- **Web master-** Mau- updates made; everything current. Will have Newsletter email address forward to Kathryn while position is vacant.

Break 10:50

Quorum- 19 voting members. We did achieve quorum.

Passed out August minutes. Will approve at end of meeting to give all a chance to read.

Old business:

1. Motion: Any CODA community documents that include personal identifiers must be securely shredded when disposed of.
Discussion- there are several services that shred for free.
Amendment- documents can also be shredded by a CODA member or non-professional service.
Motion passes unanimously
2. Motion: \$300 for Super Seminar Sat. which will be on Oct 11, 2014
Motion pass unanimously.

New Business:

1. Linda requested reimbursement for donuts: Motion Passed. \$18.01.
2. Scott presented the proposed letter to send to mental health professionals which will be from SDC Coda for review/approval by the community. Motion Passed with some edits to letter.
3. Discussed an outreach letter a community member wanted to send on their own personal letterhead to mental health professionals. Decided to remove the words "I've been asked" so that there was no apparent endorsement by Community so as not to violate Traditions.
Suggestion made to put blurb in various newsletters, blogs and other ways to reach therapists.
4. Steve volunteered to bring printed meeting lists to future Community Meetings. Discussion of how to handle costs; no Motion made.

August minutes reviewed and approved.

Close 11:55 with serenity prayer.