

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE
OF CO-DEPENDENTS ANONYMOUS**

MINUTES OF THE REGULAR MONTHLY MEETING

Date: April 18, 2015

Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (“The Committee”) was called to order at 10:00am by Lesa Green, Community Chair.

Read Traditions

Read Service Concept of the Month

Reports from Officers:

- **Community Representative-** Lesa G, Brought attention to the new location of the monthly meeting across the hall in the sanctuary. This will be where the meeting will be held from now on. Highlighted that it is a bigger space and we have use of the kitchen. Meeting starts at 10:00am. After some trial and error the transfer of signers for the bank has been completed. Some goals for us as a community are to fill all empty positions Webmaster, Literature, Alt-Community Representative, Regional Representative and, Phones.
- **Alternate Community Representative-** OPEN POSITION
- **Secretary-** Omar W, Sent out the Monthly Minutes for March and updated Phone list. I was unable to bring hard copies of both and will do next month. Thank You for letting me be of service.
- **Parliamentarian** – Rita, Read Roberts Rules of Order and parliamentary format. Thank you for letting me be of service.
- **Regional Representative-** OPEN POSITION
- **Alternate Regional Representative-** Isis, ABSENT
- **Treasurer-** Michelle- ABSENT
- **Workshop, Panels, and Seminars-** Nancy- ABSENT

- **Public info mail** – Laurine – Mail was sent to the treasure thank you.
- **Public info phone** –OPEN POSITION
- **Hospital and Institutions**-Frank, Had a meeting with Cathy L, She complimented our H & I outreach by saying it is a model for other community's! Vista men's Jail is opening a Veteran Module looking to start up another meeting there. Los Colinas women's facility has been remodeled. It resembles a college campus; they have also expanded the CoDa meetings to seven. Downtowns men's jail meeting is still thriving. If anyone is interested in H&I please contact Frank.
- **Literature**- Rick- This was his last day. Sales for March as of (3-21-15) are \$388.70. H&I brought in \$120.00. Literature Budget \$150.00. Deposit was \$237.50. Value of Literature was \$3,371.85. Cash Box totaling \$25.80.
- **Outreach**- Scott – It's that time again for the Del Mar Fair. Will bring details and a vote in the second half of the meeting. Completed the Letter to therapist and professionals it is being sent out.
- **Newsletter**- Mike- He apologized to the community he accidentally lost USB format but, found it and will do newsletter today.
- **Activities**- Cheri- Game Night was a success 10 people showed lots of fun. This evening walk around Lake Murray there will be pizza. Activity for May introduced by Scott Wild Willows Farm May 16th 4pm will send out a flyer with more information.
- **Web master**- Mau- Absent.

CODA Announcements:

1st European Convention "CoDA Unites" Lindau at Lake Constance, Germany November 13th-15th, 2015

June 26th - 28th - 2015 SoCalCoDA Conference "Recovery in Action"

Break 10:50

Quorum- 14 voting members. We did achieve quorum.

Old business:

Parliamentarian reviewed all discussion items as well as motions from last month.

Approval of the minutes for March passes.

Catherine B voted in as acting Webmaster passes.

Motions

1. By Scott, Re: Del Mar Fair \$35 registration fee and, is this something that the community would like to take part of? DEFINATELY (Passed)

Agreed	Opposed	Abstaining
14	0	0

2. By Cheri, Re: To combine activities phone list and community phone list (Passed)

Agreed	Opposed	Abstaining
14	0	0

New Business

Discussion Items

1. By Harold K Re: Does there have to be some sort of CoDA community approval for any new meeting guideline introduced at a local meeting?

All groups should remain autonomous

Crosstalk guidelines cover disorderly people

Usually problems such as these are isolated to one dysfunctional person or incident.

2. By Lucia Dillard, Re: Would like someone to start a new CoDA meeting in Vista at a program name "Solutions for Change".

Suggestion is find some people who are interested and committed. The community will support and give the group a literature start up packet!

12:00pm (**Motion**) to extend the meeting by 2mins (Passed)

3. By Catherine B, Re: For Rick, to elaborate on some ideas to make the community Literature service better.

Idea was maybe make Literature a paid position

Or maybe break up the Literature duties into separate departments lead by different individuals like a literature committee.

Parliamentarian Motion to close meeting (unanimous)

Close 12:05 with serenity prayer.