

**THE SAN DIEGO COUNTY COMMUNITY COMMITTEE  
OF CO-DEPENDENTS ANONYMOUS**

**MINUTES OF THE REGULAR MONTHLY MEETING**

**Date: September 19, 2015**

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Call To Order. The regular monthly meeting of the San Diego County Community Committee of Co-Dependents Anonymous (“The Committee”) was called to order at 10:08am by Lesa Green, Community Chair.

Read Traditions

Read Intention statement

Read Service Concept of the Month

**Reports from Officers:**

- **Community Representative-** Lesa G- Apologized for being tardy. Thanked those who helped set up. Also thanked the group for their commitment to the CoDA Community. She was able to make it to the CoDA Julian Camping trip she had an excellent time!
- **Alternate Community Representative-**Debra - No report
- **Secretary-** Omar W- Apologized for being tardy and unprepared. Had no hard copy of last month’s minutes or phone list. Will make a better effort. Did send out last month’s Minutes and Phone List via E-mail. If any amendments are needed please let me know.
- **Parliamentarian** – Rita- Read Parliamentarian Format and Robert Rules of Order
- **Treasurer-** Michelle- Reported for July 31, 2015 Checking account balance was\$5,466.00 Savings Account balance \$5,824.39 totaling \$11,290.39. Literature inventory, Cleaning Deposit, Petty cash, Totaling \$4,017.11 Total Liabilities and Equity \$15.382.50. July’s 7<sup>th</sup> tradition, Super Seminar Saturday &, Interest = \$218.27. Expenses for July were Community Meeting Room Rent,

Activities, New group and, Supplies = \$208.44. Literature expense was \$817.36  
Literature income was \$1,119.30. Our Net Income for July is \$311.77.

- **Regional Representative- OPEN**
- **Alternate Regional Representative-** Isis- Will not be able to attend next month's meeting will be out of town. Also is unable to attend Decembers SoCal Quarterly Meeting is looking for a volunteer to attend in her absence. She did attend August 29<sup>th</sup> SoCal Quarterly meeting. She will E-mail the minutes to the community. On the agenda was the SoCal Conference 2015 it was a success! 283 attendees' 13 workshops lovely venue and, the Budget was met! Wanted to highlight an up and coming Spanish Speaking CoDA Community and, the next scheduled planning meeting in December.
- **Workshop, Panels, and Seminars-** Nancy- Super Seminar Saturday is right around the corner scheduled for October 10<sup>th</sup> 2015 set up begins at 9am registration starts at 9:30. This is Nancy's last Super Seminar Saturday. In light of that she found it to be one of her most difficult to put together. She was scrambling for fresh ideas and exciting workshops. She was amazed on how everything just came together and, she is really excited about how it came out! She believes this Super Seminar Saturday will be the best yet! Volunteers' are needed and a spot is opened for Healthy and Fulfilling Relationships. Hope to see you all there!
- **Public info mail** – Laurine – Absent did get the mail to the Treasure.
- **Public info phone** – Absent
- **Hospital and Institutions-**Frank- Still has completion from a Church Bible Study at Los Colinas. Is willing to stick it out! He created a flyer to be posted at the jail to help boost participation. He is handing his rough draft to Scott for fine tuning. The Vista's men's meeting is going good.
- **Literature-**Joe- He wanted to apologize for any confusion about last month's ordering. If you were a group that ordered an affirmation book you might have received one in Español by accident. The shipment from CoDA world was wrong. Please contact him for any exchanges. Literature report for September: Sales \$925.05, H & I \$-60.00 New meeting \$-0.00 Deposit \$ 954.00 Value of Literature \$3127.55 Cashbox \$28.99 CoRe orders \$1190.30
- **Outreach** - Scott – Had an opportunity to work with CoDA Huston Texas. They just had their first Super Seminar Saturday with 45 attendees! Still trudging away for the Campaign for the therapist "Letter to the professionals" and is also

working on Franks H&I Flyer. Would like to know if there is a way to update the community E-mail to inbox and outbox so you can send and receive e-mails.

- **Newsletter-OPEN!**

*{Needed Group Conscious to continue reports time is 11:03am, Reports continued}*

- **Activities** - Cheri- Camping trip was amazing fantastic time had by all! Spent \$29.15 & \$21.01 7<sup>th</sup> tradition brought in \$20.98. For October planning on doing a beach party on the 24<sup>th</sup>. She has a lot of left over hamburgers and vegie burgers. Would like to do a remembrance for Kurt its been 2 years since his unexpected passing.
- **Web master-Catherine-** Apologized was unable to do anything computer broke she's a teacher and school started will get back on track as soon as possible.
- **SoCal Conference Chair-Gary-** 1<sup>st</sup> meeting had a terrific turn out. Have outlines available. Was able to fill some of the positions. Treasure: Caroline, Speaker: Isis, Registration: Michelle. Still looking for a venue in our price range open to any ideas. Open positions are Host & Volunteer, Literature, Hospitality, Entertainment. Please e-mail if interested. Undecided on a theme will have minutes available.

**CODA Announcements:**

(None)

Quorum- 23 voting members. We did achieve quorum.

**Old business:**

Parliamentarian reviewed all of last month's items and explained voting format.

Approval of the August Minutes

Agreed	Opposed	Abstaining
19	1	3

## Motions

1. By Nancy, Re: Super Seminar Saturday

\$50 Deposit

\$250 Rental

\$200 Food

Total \$500 ( passed)

Agreed	Opposed	Abstaining
23	0	0

2. By Scott, Re: \$25 reimbursement for Del Mar Fair.

No VOTE Needed!

## New Business

### *Discussion Items*

1. By Isis Re: Regional Rep we need one.

Isis is not trying to take on the responsibilities of a regional representative, would really like it if someone would cover the next quarterly meeting.

Kim offered to cover the Dec 5<sup>th</sup> SoCal Quarterly.

2. By Nancy M, Re: Long Form of the Traditions.

Would like this group to ask SoCal CoDA to submit to CSC as a voting entity, the long version of the 12 traditions. Available on the CoDa website as a downloadable PDF.

The Long version of the CoDA 12 traditions have been discontinued as a pamphlet. Would like it on the website as a downloadable PDF

Became a motion By Nancy Y.

Agreed	Opposed	Abstaining
21	0	0

*Motion to close passes unanimously*

**Close 11:45am with serenity prayer.**