

# Minutes of the San Diego County CoDA Business Meeting

## February, 2018

Present: Fran, France, Csilla, Addie, Diane, Peggy, Dave, Dennis, Marci, Dani, Leann, Gary, Rob, Travis, Craig, Victoria, Bryna, Fati, Pat S.

The meeting was called to order at 10:00 a.m. by Fran.

The CoDA Opening prayer was recited. Introductions were made. Fran read the Second Service Concept.

The short version of the 12 Traditions was read by meeting participants.

### **Officer/Chair Reports:**

#### **Fran, Community Rep:**

- 1) Fran passed out copies of the new CoDA Business Officers list which includes names and email addresses of said officers and chairpersons
- 2) Since we have no Public Info Phones chairperson, Fran has had Baylink transfer via email all incoming voicemails from the CoDA phone line so that she can receive and respond to them.
- 3) Fran reported that CoDA has been asked to participate in the Women and Family Resource Fair in March. She and two others will be at the fair to pass out literature.

**France, Alternate Community Rep:** No Report

**Csilla, Secretary:** Csilla emailed the January minutes and a copy of the Community Meeting phone list to Community meeting members. She also brought 5 extra copies of each for anyone who didn't get the email version. She passed around the current phone list for members to make corrections and to check off their name as attending.

**Laurine, Parliamentarian:** Laurine was absent and France took over the job of parliamentarian for today's meeting.

**Gary, Treasurer:** Gary gave the following report for January:

Total Income	\$38.60
Total Expenses	367.32
Net Income	-328.72
Union Bank Checking	8443.47
Union Bank Savings	5825.29
Total Other Current Assets	3997.59

Total Assets

\$18,266.35

**Regional Rep:** Open

**Bryna, Alternate Reg. Rep:** March 3<sup>rd</sup> is the next SoCAL meeting. Bryna will have a report on that meeting at the March Community Meeting. She reported that the Sisters' Day of Recovery is on the SoCAL website. Bryna also related that CoRE, CoDA's publishing house, had received an inquiry about publishing literature in large-print format. Since a different format is complicated and expensive, CORE will assess whether adding this variation will be cost effective.

**Dave, Newsletter:** The February newsletter is on the website. The Tuesday University Heights meeting has been cancelled. Please let Dave know if your meeting has any new contact information.

**Workshops, Panels, and Seminars:** Nancy was ill and unable to be at the meeting. She did send the following report:

- 1) She has contacted St. Dunstan's church, the location where the last Super Seminar Saturday was held, and there are 2 dates available in April – the 7<sup>th</sup> (which is 4 weeks after the Sisters' Day of Recovery) and the 21<sup>st</sup> (which is the date of the next Community Business meeting).
- 2) She is asking for \$600 to be used for securing the space and purchasing food and other necessities. This amount is what was approved by the board in November for the Fall SSS.
- 3) The theme of the Seminar will be The Promises and Nancy is looking for presenters as well as lots of help from the CoDA Community.

**Public Information Mail:** Peggy said that she has the mail box key and has already picked up two pieces of mail – a 7<sup>th</sup> Tradition and something for H&I, which she has distributed.

**Public Information Phones:** Open Fran has arranged with Baylink that when someone calls the general CoDA phone number with questions or needing information, an email will be sent to her and she will respond to the call.

**Hospitals and Institutions:** Addie reported the following:

- 1) Peggy and Diane P. have contacted the appropriate people to set up a meeting on Fridays at 6:30 pm at Solutions for Change. They will start using the 12 Step Handbook, working a step a week. They are looking for volunteers to lead a Friday meeting. Currently, Peggy and Diane will go to the meeting each week.
- 2) Addie is gathering information about bringing monthly speakers into various facilities where battered women are housed to share their experience, strength, and hope along with information about CoDA.
- 3) Addie also presented information about Sponsorship for Inmates - a program on the H&I CoDA World website. She is looking for volunteers who are willing to share their CoDA experience, strength, and hope with inmates via "snail" mail. She assured us that all correspondence goes through CoDA headquarters in Arizona and that anonymity of names and addresses is strictly maintained.
- 4) Flyers for CoDA Sisters' Day of Recovery have been put into various treatment centers so that those who are permitted to leave their facility can attend this event.

**Travis, Literature:** Travis reported:

Deposit:	\$2904.65
Orders:	1070.05
CORE Order:	346.63
Money in Cash Box	121.45

**Fati, CoDA World Conference Liaison:** Fati has been in contact with the World Conference Committee and it was suggested by them that San Diego CoDA set up a welcome table for the delegates and provide sandwiches/salads for the delegates' first night, in addition to providing refreshments in the Hospitality Room. \$2000 was the amount that was suggested to her to cover these expenses. There was a lot of discussion that followed about how that was a really large amount, and it was decided that Bryna would carry our concerns back to the March SoCAL meeting, asking them for seed money since they will reap financial rewards having the World Conference so close to home.

**Rob, Webmaster:** Rob said that it was time to renew our domain name SDCCoDA which costs us \$20/year. We could extend for multiple years but he prefers that it is done on a year-to-year basis so that there is no chance of forgetting to renew. Rob also recommends that we standardize the email addresses of Community Board Officers and Chairs so that email addresses reflect the board position and then are automatically forwarded to the personal email account of the person who holds that position. There was some discussion and it was decided to address this issue at the New Business portion of the meeting.

A Break was called at 11:00. The basket was passed and 7<sup>th</sup> tradition was collected.

The meeting resumed at 11:10. It was determined that we have 28 meetings and we need at least 8 members to have a quorum. Roll call was taken and there were 17 voting members present.

France announced the procedure for submitting motions and discussion items. The Goldenrod forms are for presenting motions; the pink forms are for discussion items.

## **Old Business:**

Dani reported that an updated CoDA Sisters' in Recovery form listing the workshop titles is on the front table for members to take back to their meetings. The SoCAL website has also been updated with this information.

France moved that the January minutes be approved. 15 members voted yes with the stipulation that Dennis' name be added to those present. There were 2 abstentions.

France brought up an old discussion item that had been proposed by Scott regarding the email system. Since Scott was not present to lead the discussion, she asked Rob if he wanted to add his ideas about the email system to this discussion item. Gary asked for clarification from Rob, and it was determined that Rob's ideas and Scott's were very different. It was decided that Rob would present his own discussion item in the New Business portion of the meeting.

## **New Business**

France presented a motion on behalf of Nancy to request \$600 to be used for Super Seminar Saturday. Gary will check with Nancy about the breakdown of the funds. France moved to give Nancy a budget of \$600 for food, rental of the church and other materials with a breakdown to be provided later. Diane seconded the motion. A vote was taken with 17 voting yes, 0 noes, and 0 abstentions.

France presented a motion regarding the dates for Super Seminar Saturday – April 7<sup>th</sup> or April 21<sup>st</sup>. Gary seconded the motion. It was pointed out that April 21<sup>st</sup> is the date of the April business meeting. Gary said that we had had the business meeting during the lunch break of the November Super Seminar Saturday, and it did bring in a lot of the CoDA Community. However, it was a dysfunctional meeting and didn't represent the longer, healthy monthly meetings. Addie pointed out that Easter is April 1<sup>st</sup>, just 6 days before the proposed other date. Twice there were motions to extend the discussion. Travis added that there were problems with people buying literature at the November Seminar, so he would need group orders to be placed ahead of time. A vote was taken about the April 7<sup>th</sup> date and the results were 2 voting yes, 10 noes, and 5 abstentions. A vote was taken about the April 21<sup>st</sup> date, and there were 0 voting yes, 10 noes, and 7 abstentions. It was decided that we would talk more about Super Seminar Saturday at the March meeting.

Victoria presented some ideas about activities. She proposed a walk at Mission Trails Park on March 31<sup>st</sup> and bowling in June. It was decided that we neither needed to discuss these ideas or vote on motions for them since Victoria was not asking for money from the Community Board and it is up to the activities chair to determine the activities.

Rob moved that we renew the domain name on a yearly basis for \$20/year. Travis seconded it. A discussion proceeded about how to pay for this expense either using Rob's or the SDCCoDA debit card. Addie uses her own card and has no problems. There was a motion to extend the discussion and it was decided that Rob and Gary would work out how best to pay for the domain name. The vote was 17 voting yes to renew the domain name on a yearly basis, 0 noes, and 0 abstentions.

Diane presented a motion to obtain money from the H&I budget to buy books and workbooks for the Solutions for Change meetings. Addie seconded the motion. There was discussion about H&I funds and France pointed out that H&I has its own budget and Diane can work out with the H&I chair how to fund these books.

There was a discussion item presented by Rob about how best to deal with email correspondence such that email sent to officers and chairpersons be sent using an email address including their board position which is then automatically forwarded to their personal account. Thereby, keeping the personal email address anonymous. After some discussion, Addie suggested that we trust Rob to set up the appropriate addresses to insure personal email anonymity. Rob will do this.

A discussion ensued about the refreshments for the CoDA World conference. San Diego CoDA would provide food on Monday to welcome delegates, as well as food for the hospitality room. Gary suggested that we ask SoCAL for part of the money necessary for these snacks. Pat suggested that we ask for \$1000. Bryna will go to the March SoCAL meeting and see what amount she can get them to approve.

Rob made a motion to extend the meeting by 3 minutes so that Addie could present a request. Addie asked that we sell literature at the Sisters' in Recovery Conference. Travis agreed to allow literature to be sold at the conference. The meeting was adjourned at 12:08, followed by the Serenity Prayer.

