

Minutes of the San Diego County CoDA Business Meeting

March, 2018

Present: Fran, Laurine, France, Csilla, Diane P., Nancy, Fati, Travis, Peggy, Addie, Dennis, Dani, Diane, Marci, Pat, Rob, Joe, Lesa, Gary, Bryna, Michelle, Rachel, Leanne

The meeting was called to order at 10:04 by Fran

The Serenity Prayer was recited. Fran read the third CoDA Service Concept.

The 12 Traditions were read by meeting participants.

Officer/Chair Reports:

Fran, Community Rep:

- 1) Fran thanked Addie for organizing and chairing the Sisters' Stepping Out day. It was very successful and the attendance was beyond the committee's expectations.
- 2) Fran announced that she and 2 others would be at the Women and Families Resource Fair to provide CoDA information. The fair will be held on March 24th from 10:00-2:00 pm at Jacob's Center for Neighborhood Innovation.
- 3) Fran announced that there will be a one day SoCAL Conference on June 23rd in Yucca Valley. The conference will include the annual Assembly Meeting and workshops/speakers. More details will be forthcoming

France, Alternate Community Rep: France pointed out that each chair position should have a budget for any activities that are associated with that chair. A motion for budget approval needs to be submitted at the Community Meeting and voted upon. Once the budget is approved, there is no need to make formal motions for monetary approval of individual activities of that chair. The chairperson needs to communicate to the Community Meeting, in their 5 minute monthly report, the details of the upcoming activities including the date, time, place and estimate of members' costs for each event. After the event, the chair person needs to supply to the Community Meeting Secretary a report with a full accounting of costs, attendance, and other valuable information from the activity. If a chairperson has any questions about his/her activities, they can submit a pink discussion form so that these issues can be discussed in the New Business portion of the meeting.

Csilla, Secretary: The February minutes and Community meeting phone list were emailed to members of the Business Meeting. Please let her know if you didn't receive them. There are additional copies for anyone who didn't receive the email ones. Also, a phone list will circulate so that members can make corrections and check off their name as attending.

Laurine, Parliamentarian: Laurine read the parliamentarian details stating that each person in the meeting has a voice and discussion items can be submitted on the pink forms; motions are submitted on the goldenrod forms and these items will be presented at the New Business

section of the meeting. San Diego CoDA has 28 meetings so a 30% quorum would be 8 members.

Gary, Treasurer: Gary gave the following report for January-February, 2018

Total Income	\$ 550.79
Total Expenses	778.29
Total Other Income	1,546.35
Net Income	1,318.85
Union Bank Checking	10,091.04
Union Bank Savings	5,825.29
Total Other Current Assets	3,997.59
Total Assets	\$19,913.92

Regional Rep: Open

Bryna, Alt. Regional Rep:

- 1) The future SoCal quarterly meetings this year will be held June, August, December, and March in Culver City.
- 2) Linnea and several people from the Palm Springs CoDA group are working on the SoCal one day conference. More information will be coming as the event is still in the planning stage. There is no registration fee yet because the details of the day and whether food is included are being worked out. The bulk of the day will have workshops and speakers. The rest of the day will be the election of officers and ratification of by-laws.
- 3) Evie, the webmaster, is moving, but will continue in her job.
- 4) The Hispanic groups in Los Angeles are really going strong. There are 17 groups and they are planning their own conferences like the one last December when Ken and Mary came to speak.

Dave, Newsletter: Absent

Nancy, Workshops, Panels, and Seminars: Nancy said that since Sisters' Stepping Out was so successful, she would like to offer her help and support if the men in San Diego CoDA would like to hold a similar event. She asks that the men find someone to chair the activity and she would support it.

Nancy thanks the Business Meeting for voting \$600 to hold the next Super Seminar Saturday. She is proposing that we hold this conference in August, between the Assembly meeting in June

and the CoDA World conference in mid -October. She will present a motion in the New Business portion of this meeting.

Peggy, Public Information Mail: Peggy picked up 2 pieces of mail and gave them to the Treasurer. Laurine, since she has been picking up the mail, pointed out that the Community Rep, the Treasurer, and the Public Info Mail chairman all have keys to the mailbox. She will take the appropriate steps to transfer the P.O. box into Peggy's name.

Public Information Phones: Open

Addie, Hospitals and Institutions: Addie reported the following:

- 1) Diane and Peggy have the CoDA Meeting in place and are working with the Twelve Steps Handbook at Solutions for Change
- 2) Addie is working on contacting several residential facilities and social service providers to see if they would be interested in partnering with CoDA. The goal would be to bring the CoDA message to residents and gatherings where CoDA experience, strength, and hope can be shared. Addie is scheduled to do a brief presentation on May 30th at 6:15 at the Women's Resource Center. She is looking for another interested CoDA member to attend with her.
- 3) Upon putting flyers in the residential facilities in the area, several women from those facilities attended the CoDA Sisters Day of Recovery.
- 4) Addie is working on setting up the Sponsorship for Inmates program and getting the word out to our CoDA community. CoDA members can volunteer to share their experience, strength, and hope by anonymous communication via "snail mail" to inmates in various facilities.

Travis, Literature: Travis gave the following abbreviated report:

Deposit	\$421.00
CORE Order	802.50
Money in Cash Box	132.98
Literature sold at Sisterhood	181.85

Victoria, Activities: Victoria is planning on a nature walk on April 28 and has made flyers for this. In the future, she is looking to host a game night in May or June, a bonfire/picnic in July, and the Holiday party in December. She is working on developing a budget for these activities.

Outreach: Open

Rob, Webmaster: Rob has updated the activities and meetings on the website. He is organizing the back end of the site, cleaning it up and working on the aesthetics. He has renewed the domain name SDCCoDA for the next two years.

Fati, World Conference Liason: The SoCal Board agreed to give Fati \$1000 seed money to be used for refreshments for welcoming the delegates and for use in the Hospitality Suite. They asked that a 7th Tradition basket also be put into the suite. The World Service Conference will begin on 10/9 with the delegate meetings, and the workshops and speakers will start on 10/12 and end on 10/14. Fati is looking for volunteers to be in charge of the various committees and will start holding monthly meetings soon. She will bring flyers with information to the next meeting.

Announcements: Dennis announced that the Kensington monthly Speakers Meeting, held on the first Sunday of the month, would be meeting on Sunday, April 1st even though that is Easter.

A break was called at 11:10. The basket was passed and 7th tradition was collected.

The meeting resumed at 11:25.

Laurine determined that we have 28 meetings. Roll call was taken and the quorum was met by 18 voting members. Laurine reiterated the procedure for submitting motions and discussion items. The presenter has 2 minutes to present the motion/discussion item and there is 5 minutes of discussion, directed by the person submitting the item.

Old Business:

The motion to approve the February minutes passed with 16 members voting yes, 0 voting no, and there were 2 abstentions.

New Business:

Nancy moved that we hold Super Seminar Saturday on August 4th. France seconded the motion. 18 voted yes; 0 voted no; 0 abstentions.

Nancy moved that we allocate \$300 to use for a men's 1 day workshop – the same amount that was used by the Sisterhood workshop. This amount will be used to rent a space and purchase water, utensils, plates, etc. Addie seconded the motion. Joe stepped forward to chair this workshop and decided that it would be held between now and the end of May. It will consist of workshops and a speaker. The theme will be "Recovering with CoDA Literature". There will be a \$10 donation at the door and any excess funds from the \$300 seed money will be returned to the CoDA community. 18 voted yes; 0 voted no; 0 abstentions.

Victoria made a motion that she be reimbursed \$8.00 for the activities flyers that she had printed up for the Nature Walk. Fati seconded the motion. Victoria is working up a budget for Activities, but needed to get these flyers made now before the budget is ready. 15 voted yes; 0 voted no; and 0 abstentions.

Discussions:

Travis brought up the idea of having 1000 meeting schedules printed up for approximately \$200 to have on hand for reps to take back to their meetings to give to newcomers. There was a discussion about how the meeting schedules change frequently which would compromise the validity of the printed schedules. Dave suggested that we make these copies with a disclaimer. It was pointed out that in the by-laws the Newsletter chair is responsible for maintaining the meeting list and bringing it to the monthly Community meeting. He can bring extra copies that reps can then copy and take back to their meetings.

Bryna brought up the question about refreshments at the meetings and how we can handle having volunteers bring them. There was much discussion such that Bryna moved to extend the discussion by 10 minutes. Michelle suggested that we have a sign-up sheet each month for reps to volunteer to bring refreshments for the following month.

There was a discussion item presented by Rachel about the excess funds in the treasury. Rachel is wondering why we have almost \$20,000 in the treasury and we're not sending the money on to SoCAL and CoDA World. Since it was noon, Rob motioned that we extend the meeting by 10 minutes and Diane seconded it. There was much discussion as to whether we need to keep the money in San Diego for our own purposes since the money came from San Diego members. The by-laws indicate that we are not obliged to send money to the various larger entities as the individual meetings are prompted to do. France pointed out that individual chairs need to have a yearly budget and need to be ready to present them to the community in January for 2019. Since we had already extended the meeting, it was decided to table this discussion and continue at the next meeting.

Rob moved that we adjourn the meeting at 12:10. Fati seconded the motion. The meeting was adjourned, followed by the Serenity Prayer.