

Minutes of the San Diego County CoDA Business Meeting

April 21, 2018

Present: Fran, Addie, Sharon, Laurine, Gary, Fati, Marci, Pat, Barbara, Rob, Angela, France, Victoria, Diane, Dennis

Fran opened the meeting with the CoDA Opening Prayer then read the 4th Service Concept.

The 12 traditions were read by meeting participants.

CoDA members introduced themselves.

Officer/Chair Reports:

Fran, Community Rep:

- 1) Fran reported that she will be having surgery on May 4th and will not be here for the May and June meetings. France, the Alternate Community Rep will fill in for her while she is out.
- 2) Fran represented San Diego County CoDA at the Women's Resource Fair. She was seated with other 12 Step programs and said that it was a wonderful experience. She was amazed at the medical, legal, and counseling opportunities that are available for women who need them.
- 3) Fran brought extra copies of the CoDA newsletter for those who hadn't received one via the website.

France, Alternate Community Rep: France had a follow up question for Rob about whether he had been able to make contact with Dave regarding the newsletter. Rob said that they had connected.

Laurine, Parliamentarian: Laurine stated the guidelines for the business portion of the meeting.

Csilla, Recording Secretary: Csilla was not present due to family matters. Gary was taking minutes for her this month.

Gary, Treasurer: Gary reported the following:

Union Bank Checking	\$10,206.88
Union Bank Savings	5,825.38
Total Bank Accounts	16,032.26
Total Other Current Assets	3,207.53

Total Current Assets	19,239.79
Total Income	736.12
Total Expenses	1,903.79
Total Other Income	2,602.45
Net Income	644.72

Gary gave a \$243.78 check to Frank via Nancy to reimburse him for Spanish literature purchased from CORE, as well as literature he had printed.

Regional Representative – Open

Bryna, Alternate Regional Rep: Bryna was not present, but France read her report:

- 1) There is a place on the SoCal CoDA website to sign up to attend the June 23rd Conference at the Yucca Valley Community Center. Early bird registration is \$40. Also, there is a flyer for the conference which requests volunteers. You can email Lesley (Lesley427@gmail.com) if you want to volunteer to help, and Linnea (linnea@jtbeat.com) if you would like to present a workshop or be on a panel.
- 2) SoCal voted to give \$1000 to the San Diego committee that will be hosting the delegate welcome reception and the Hospitality Room for the CoDA World Conference. Any excess funds are to be returned to SoCal. It is suggested that a 7th Tradition basket be placed in the hospitality room.
- 3) Darci/Christine will co-ordinate with Fati to work out the details of hospitality needs to be provided at the conference. Fati can contact the SoCal treasurer to receive the \$1000.

Dave, Newsletter – Absent. Fran handed out copies of the April newsletter to attending members.

Nancy, Workshops, Panels, and Seminars: The community voted last month to hold Super Seminar Saturday on August 4th. However, there was a miscommunication and she found that St. Dunstan's Church is not available for the month of August. St. Dunstan's is available if we want to move the date to July 28th. But, there are a couple of options available if we choose to keep the August 4th date. All Souls' Church in Pt. Loma is available, but the cost will be over \$500. Kensington Community Church is another alternative, but they have had a pricing increase. They will give us a once per year discount of 50% (since we hold regularly scheduled meetings there) which would bring the cost to approximately the same as St. Dunstan's - \$300-\$350. However, Nancy recommended that we keep the 50% option open for holding the Holiday Party and we vote to have Super Seminar Saturday on July 28th at St. Dunstan's Church. Nancy will submit a motion to be voted on during the business portion of this meeting. She shared

that this change in dates/venue had been challenging, but she was grateful for all the support she had received from the fellowship.

Public Info Phones – Open

Peggy, Public Info Mail: Peggy picked up the following this month: 2- 7th Tradition envelopes, 2 bank account statements, and 1 reimbursement check for a returned check.

Addie, Hospitals and Institutions: Addie reported the following:

Diane and Peggy have the CoDA meeting in place at Solutions for Change using the 12 step handbook. The meetings officially begin on May 4th and they are asking for help. Diane would appreciate someone to help facilitate this meeting either weekly, once or twice a month, be a substitute, or just to attend and share your experience, strength, and hope. Please contact Peggy (408)930-3799 or email her peggylozada@cox.net if you are interested in becoming involved in this H&I opportunity.

There is a request in the newsletter for volunteers to sponsor an inmate.

Update on H&I at the Vista jail: Linda and Dolores see about 128 men weekly, following the CoDA meeting format and sharing. Topics that have the most impact are from the CoDA character traits as found on the CoDA website. The CoDA big book is used as support literature, and the readings launch group discussions. A Step Study process has been offered which includes meeting at another time on their own once a week, using copies of the CODA workbook reading for their discussion and answering the questions. They discuss their answers the following week, and at the share meetings, the men share a quick update.

Please email Addie (addie@usa.com) if you are interested in helping Linda and Dolores at the Vista Jail.

Travis, Literature: His term is ending in 2 months. He is ready to show the procedures to the person who steps up to take on this job. His report is as follows:

Expenses	\$ 6.35
Inventory	1969.65
Orders	795.25
Deposits	1056.10
Petty Cash	122.22

Outreach – Open

Victoria, Activities: Victoria reported that there are several activities in the works, including a walk on April 28th through Mission Trails Park at the end of Jackson Dr. It will be held from 11:30 -2:00 p.m. A 7th Tradition will be taken up. Also, she will be working on a bonfire and the holiday party.

Rob, Webmaster: Rob reported that he sent an email blast regarding the Mission Trail Walk to those who have signed up on the website to receive Community information. He is interested to hear from the community about any improvements and needs that they may have for the newsletter. The best time to get something on the website is at the community business meeting. Nancy asked if her personal email address is anonymous. Rob explained that he set up any emails coming to the officers and chairperson email addresses to be automatically sent to the person's personal email account, without their personal email address being compromised. Nancy also requested that the speaker's meeting be listed on the website, and Rob said that he would do that.

Fati, World Conference Liaison: Fati said that there will be an organizing meeting tonight at her house to discuss the Hospitality Room for the World Conference. Contact her for her address.

There was a 10 minute break and \$23 was collected as a 7th Tradition.

Roll Call was taken and there were 14 voting members present, so the quorum of 8 was fulfilled.

Since Csilla was not present with the March minutes, it was decided that they will be approved at the May meeting.

Old Business:

- 1) A discussion item was addressed by Rob concerning changes to the email addresses of board officers and chairmen on the website. Currently, personal email addresses for these positions are given to Rob and he links them to the board position of that person such that personal email addresses remain anonymous. When a board member responds to the email it stays on the person's personal email so that when the office changes, that business is lost to the Community. The new system will be set up so that all business will be retained within the office or chair and be available to be referenced/archived by the Community. Rob suggested that we make this transition by using a new host, Google. He stated that it would be easier for future webmasters to take over. Currently the host is being funded by an anonymous CoDA member and it was pointed out that private funding does not follow the CoDA traditions. There was discussion about the other services that Google would provide for our website and

about how other organizations use Google. The discussion was tabled so that Rob can do more research about what will be needed to make such a transition.

- 2) Laurine brought up another discussion item that was raised at the March meeting by Rachel about why the large amount of money in the SDCCoDA treasury is not being forwarded to SoCal and CoDA World. There were many points of view presented. One was that CoDA is an upside down pyramid and that local communities know their own needs and are able to determine how to spend their money on them. Another member pointed out that CoDA is structured, and that structure needs to be supported by individual communities for CoDA to work. CoDA World supports the communities with H&I projects such as Sponsors for Inmates, etc. A thought was brought out that we provide free literature to those who can't afford it as a way to spend excess funds. It was addressed that SDCCoDA has no guidelines for distribution of its excess. It was stated that according to the traditions, we are an autonomous group, but we need to maintain integrity as well. Since this is a complex issue, more research and discussion is needed. This item was tabled as an ongoing topic.
- 3) A discussion item regarding refreshments was brought up. The same people are bringing the refreshments each month. The following questions arose – do we want to continue having refreshments? Is there a simpler way to spread the responsibility using a sign-up sheet? Do refreshments at the meeting produce more meeting participants? Should people be reimbursed for what they buy? Should the Community pay for the snacks?
The discussion item was converted to a motion item by Laurine. The motion was: Shall we continue refreshments at the business meeting? Yes-5; No-5; Abstentions-3. In a tie, Fran was asked to cast her vote and she voted No. So refreshments will be discontinued.
- 4) A discussion item was raised by Dennis about what he, as a GSR, needs to be sharing with his CoDA group and what is the best way to share it. It is understood that the GSR takes back to their group details of what happened at the business meeting. The question, though, is how to do this. Several members volunteered what they do such as sharing what is coming up verbally; having a clipboard next to the sign up clipboard with business meeting info on it; bring a copy of the newsletter and members make a copy of it with their phones. One member made the mistake of sending out a group text with business meeting info and some members didn't want to receive the information that way.
- 5) Since the St. Dunstan's Church was unavailable on August 4th, Nancy presented a motion to change the date of Super Seminar Saturday to July 28th. The vote was Yes – 11; No – 0; Abstentions – 1. The motion was passed. Super Seminar Saturday will be held on July 28th at St. Dunstan's Church.

6) Victoria presented a motion for a \$1000 Activities budget for the year. There was no discussion. The vote was Yes – 14; No – 0; Abstentions -0. The motion was passed.

The meeting was concluded at 12:00 with the Serenity Prayer.