

Minutes of the San Diego County CoDA Business Meeting

January, 2019

Present: Fran, France, Csilla, Lisa, Joe, Tina, Bryna, Pat, Robert, Gary, Robin, Laurine, Barbara, Sharleene, Dani, Jennifer, Wendy, Tina, Victoria

The meeting was called to order at 10:00 a.m. by Fran.

The CoDA Opening prayer was recited. Fran read the 1st Service Concept, and the meeting participants read the 12 Traditions. Members in attendance introduced themselves and said which meeting they attended/represented.

Officer/Chair Reports:

Fran, Community Rep: Fran explained the election process. Anyone wishing to run for an open position was advised to fill out a goldenrod form. There are 11 open positions and the New Business portion of the meeting will be devoted to the elections.

Fran also announced that the Sisters' Day of Recovery will be held on March 9th. There is a flyer available to take back to meetings, and more information will be presented during the Workshops, Panels, and Seminars report.

France, Alternate Community Rep: France read a section from the CoDA Service Manual (Part 5, Page 16) regarding Robert's Rules. It speaks to the fact that Robert's Rules are designed to help the sharing of ideas in an orderly manner with everyone in the group having a chance to participate. The Service Manual also says about Roberts Rules that "Under no circumstances should "undue strictness" be allowed to intimidate members or limit full participation. Your group is free to modify them or find another suitable process..." France said that she will bring this topic up again next month as a discussion item.

Csilla, Secretary: Csilla sent out copies of the December minutes as well as the updated phone list. She asked anyone who did not receive these items to either pick up an extra copy on the front table or to ask her to email a copy. We will vote on accepting these minutes in the Old Business portion of the meeting. A phone list was circulated so that anyone new to the meeting or anyone with corrections could make them so that next month's list can be updated.

Laurine, Parliamentarian: Laurine reminded us that officers and chair persons have 5 minutes to give their report. She also reiterated that we will be holding elections in the second half of this meeting. Anyone wishing to fill a position needs to submit a goldenrod form. Voting will take place in the New Business portion of the meeting.

Gary, Treasurer: Gary presented the following report:

Union Bank Checking:	\$9,136.40
Union Bank Savings:	5,825.65

Total Bank Accounts:	14,962.05
Literature Inventory:	\$ 2,783.50
Petty Cash Literature:	88.19
Total Assets:	\$17,833.74
Profit and Loss from Jan. to December	
Total Income:	\$ 2797.29
Total Expenses:	8,328.37
Net Operating Income:	-5,531.08
Literature Income/Total Other Income	5,895.65
COGS Literature	1,125.90
Total Other Expenses	1,125.90
Net Other Income	4,769.75
Net Income	\$ -761.33

Lesa, Regional Rep: The last SoCal meeting was held Dec. 1st. The minutes from that meeting are not available yet. Los Angeles, TVCC, and the Desert were not present, but activities were presented from their flyers. Mary R. will be the speaker at the Speaker's Meeting in Palm Desert on Feb 1st. Lesa also reported that at the next printing of the Welcome pamphlet two words in the second paragraph have been added to read: "sometimes extremely dysfunctional family **or other** systems". Also, Lesa advised the group that there are three new pamphlets on the CoDA.org site that can be downloaded. They are: "Your First Meeting", "Info for Professionals", and "Working the Steps as a Group". These three are in additions to other downloadable pamphlets/materials that are available on that site.

Bryna, Alt. Regional Rep: No Report

Newsletter: Open

Nancy, Workshops, Panels, and Seminars: Nancy was absent, but sent the following report:

- 1) Nancy attended the marathon meeting in Oceanside on New Year's Eve and reported that the meeting and fellowship was a success.
- 2) The North County groups are putting together a 'Love yourself this Valentine's Day' fellowship opportunity on February 14th from 4:15-6:15 p.m. at the Souplantation at 1860 Marron Road in Carlsbad. All CoDA members are welcome to come and eat and enjoy fellowship. At 6:30, there will be a women's meeting at Immanuel Lutheran Church at 1900 S. Nevada St. in Oceanside.
- 3) Dani presented flyers for the Sisters' Day of Recovery to be taken back to the individual groups. This event will take place on March

9th and will consist of morning and afternoon workshops and a keynote speaker. The committee has reached out for speakers and presenters outside of the San Diego community. Last year there were approximately 120 people present at this event and Dani said that there would be more seating available this year. 4) Nancy has not received any interest from the men to have a similar day, but she is still open to helping facilitate a men's day of recovery if there is interest.

Public Information Mail: Open- Gary reported that he had picked up two bank statements from the mail box.

Public Information Phones: Pat reported that she received one phone call asking about a CoDA group for the caller's daughter. She directed her to Alateen since SDCCoDA, at this time, has no teen meetings.

Hospital and Institutions: Open

Literature: Sharleene, as the new literature chair, has all the inventory, but is not currently able to have members order online. The automatic link with the order form is not set up yet. However, she is open to members emailing her at SDCoDALit@gmail.com with their literature requests or with any questions. She also pointed out that members can always order literature directly from CoDA.org.

Outreach: Open

Webmaster: Open

Activities: Open

Gary, SoCal Conference: Gary has emailed Christine, the SoCal regional chair, with questions about last year's conference but has received no info from her as yet. He has received the Treasurer's report from that conference though, and it is super complete. He will be looking for volunteers to help with the conference, and told Dani that she could put a volunteer sign-up sheet at the Sisters' Day of Recovery. The date for the conference is not set, but it needs to be before June 30th, since that is the deadline for holding SoCal elections which are held yearly at the conference.

Break was called at 11:05. The basket was passed and the 7th Tradition was collected.

The meeting resumed at 11:10. Laurine announced that there are 28 meetings, so we need a quorum of 8 members to vote on anything requiring a vote. Roll call was taken and the quorum was met by 14 voting members. Laurine said that the business portion of this meeting would be primarily dedicated to election of officers and chairpersons to the open positions on the SDCCoDA board.

Old Business:

A vote was taken to approve the December minutes. The result of the voting was **Yes-9; No-0; Abstentions-0**. The December minutes were approved as presented.

New Business:

Laurine conducted the elections. Each candidate was to have already submitted a goldenrod form, and when their office was announced, the candidate was to present their qualifications and their interest in the position.

The election of officers and chairpersons went as follows:

Webmaster – Joe – Joe has been a previous SDCCoDA webmaster and is currently webmaster for SoCal. He did say he may need to spend some money (\$120-\$170) to update our current web hosting system. The voting went as follows: **Yes-14; No-0; Abstentions -0**.

Secretary – Csilla has been secretary for approximately 18 months and she enjoys the position since it allows her to develop new skills. She would like to be voted in for a full 2 year term. The voting went as follows: **Yes-14; No-0; Abstentions-0**.

Outreach – Laurine would like to have this position because she would like to work on getting CoDA information out to the larger San Diego community. The voting went as follows: **Yes-14; No-0; Abstentions-0**.

Alternate Community Rep: France said that the Alternate Community Rep's main role is to chair the monthly Business Meeting when the Community Rep is unable to attend. Hopefully, the Alternate Community Rep will move up to the Community Rep position when the term is over. Since no one stepped up to take this position, France said that she would continue on a temporary basis until someone came forward to take the position. A vote was taken and the results went as follows: **Yes-14, No-0; Abstentions-0**.

Alternate Regional Rep: Bryna described this position as the person who represents San Diego at the four Saturday SoCal meetings when the Regional Rep is unable to attend. No one stepped forward to take this position.

Parliamentarian: Open

Public Info Mail: Open

Hospitals and Institutions: Open

Activities: Open

Newsletter: No one volunteered for this position, so Lesa volunteered to temporarily maintain the meeting list on the website until someone steps up to be newsletter chair.

Joe proposed a motion to spend up to \$300 on web hosting and the literature form used on the web. France seconded the motion. A vote was taken and the results were: **Yes-14; No-0; Abstentions-0.**

Gary presented a preliminary draft of a budget. All numbers were based on data info from the last five years. It showed that 7th Tradition contributions have been going down. The total income based on those years was \$13,832.36, and total expenses were \$14,540. That produces a negative difference of \$707.64. He also said that the amount that is designated for H&I books and materials has steadily risen. The community now gives \$2,000 to H&I. Gary will come back next month with a more detailed budget for members to discuss.

Joe moved that meeting be adjourned. France seconded the motion. The meeting was adjourned at 12:04, followed by the Serenity Prayer.