

## Minutes of the San Diego County CoDA Business Meeting

June 15, 2019

**Present:** Lesa, Joe, Nancy, France, Gary, Csilla, Sharleene, Tina, Christine, Laurine, Kate, Graciela, Brenda

The meeting was called to order at 10:00 by France.

The CoDA Opening prayer was recited and introductions were made. France read the 6<sup>th</sup> Service Concept, and the 12 Traditions were read by meeting participants.

### **Officer/Chair Reports:**

**Fran, Community Rep:** Fran is recovering from surgery so there was no report from her.

**France, Acting Alternate Community Rep:** No Report

**Csilla, Secretary:** Csilla said she had emailed copies of the May minutes as well as the updated phone list to all those who were listed on the Business Meeting roster. Extra copies were available to anyone who did not receive them, or, leaving their email address, a copy would be emailed. The phone list was passed around so that attendees could make any changes or corrections which would be included in the next month's roster. Voting on accepting the minutes will be handled in the old business portion of the meeting. Csilla also informed the group that she will not be at the July meeting and will need someone to step forward to take the minutes.

**Parliamentarian:** Open Laurine will be acting parliamentarian for today's meeting. She explained that everyone in the meeting has a voice, however, only officers, chairpersons, and GSRs may vote. The pink form is for submitting discussion items and the goldenrod form is for submitting a motion. The community has 28 meetings and a quorum is met by 30% or 8 people.

**Gary, Treasurer:** Gary gave the following report:

Union Bank Checking	\$5,350.25
Union Bank Savings	7,600.00
Total Bank Accounts	12,950.25
Total Other Current Assets	3,774.51
Total Assets	16,724.76

Profit and Loss Jan.-May:

Total Income	\$1,030.04
Total Expenses	4,965.19
Total Other Income	2,723.35
Total Other Expenses	602.82
Net Income	-608.98

**Lesla, Regional Rep:** Elections were held at the SoCal Conference and all positions were filled with the exception of Historian (a 2 year commitment) and H&I (a 1 year commitment).

**Alternate Regional Rep:** Open

**Newsletter:** Open Lesla has been updating the meeting list on the website and all meetings are up to date. Please send any changes to Lesla.

**Nancy, Workshops, Panels, and Seminars:** 1) Nancy talked with Donna at Kensington Community Church about hosting Super Seminar Saturday there. It seems they offer a once yearly 50% discount to those using their facilities regularly. This year's discount will go to host the special Speakers Meeting on July 20<sup>th</sup>. If we held Super Seminar Saturday there in the fall, the church would charge us \$600 (\$500 for the large room/kitchen and \$100 for the small room) with an additional fee for a deposit. Since we have budgeted only \$500 for the entire event, Kensington Community Church will not work. 2) Nancy considered the church in Oceanside that was used for the Sisters' Day of Recovery but would need someone living closer to that area to step in and manage the facility. 3) Since San Diego has already participated in the Sisters' Day of Recovery and the SoCal one day conference, and will be hosting the special Speaker's Meeting in July, Nancy recommends that we omit the fall Super Seminar Saturday with the hope that the insurance issue will be resolved for next year, helping with costs and locations. 4) She suggests that we turn our attention and resources toward making the community healthier since the number of CoDA meetings is dwindling, 7<sup>th</sup> tradition funds are declining, and community service positions remain unfilled.

**Public Information Mail:** Open Gary picked up 3 pieces of mail – 2 bank statements and a 7<sup>th</sup> tradition, in addition to conference registrations.

**Pat, Public Information Phones:** No Report Lesla sent Pat an email saying that the phones had not been updated with current meeting information.

**Hospitals and Institutions:** Open Gary reported that he had been in contact with an inmate from Las Colinas who said that the CoDA meeting is full and she would like to get literature to start working the CoDA program on her own. Nancy said she would give the message to Frank.

**Sharleene, Literature:** Sharleene presented the following report:

Group Sales	\$ 475.65
Petty Cash	110.00
CORE Order	477.18
Inventory	4,704.80

Sharleene reported that over \$1,000 was sold at the conference. Los Angeles has no literature chairperson so Sharleene not only sold them a sizable amount of literature, but also informed them of how we buy in bulk in San Diego and pass the savings down to our CoDA members. France asked if we might bring this information up at the SoCal board meeting and Lesa said that she would do that.

**Laurine, Outreach:** No Report, but will be submitting a discussion item in the second part of the meeting.

**Activities:** Open

**Joe, Webmaster:** Joe reported that the website is up to date and that he has purchased for \$84 the SSL status which will add additional features to our website as well as better security. He will be sending out an email blast informing/reminding members about the upcoming special July 20<sup>th</sup> Speakers Meeting with CoDA founders Ken and Mary.

**Gary, SoCal Conference Chair:** Gary reported that approximately 180 people attended the SoCal conference, raising over \$2,000 which will be split between SDCCoDA and SoCal. Each chair position has been asked to write a report of the process that they used to carry out their task, as well as any problems they encountered and any suggestions for next year's conference committee. Sharleene was voted in at the SoCal assembly as conference facilitator for next year's conference. She will be the liaison between the committee and SoCal. Gary also reported how he grew from this experience as conference chair and how the committee worked to maintain the CoDA traditions in a spirit of encouragement and support for each other.

**Laurine, ad hoc committee:** Laurine reported that she talked with her insurance broker who said that the cheapest, easiest way to obtain insurance for SDCCoDA is to go to the

state level. Fran's insurance for the Chula Vista CoDA group is approximately \$100 per year.

**Announcements:** France read the open service positions for the Community meeting board. Joe suggested that we take the description and importance of the open positions back to our meetings.

**Break** was called at 11:00. The basket was passed and 7<sup>th</sup> tradition was collected.

It was determined that since we have 28 meetings, a quorum is reached by 30% or 8 people. There was a roll call of members and the quorum was met by 13 voting members.

The parliamentarian reiterated the procedure for submitting motions and discussion items. The presenter of a motion or discussion item has 2 minutes to present it, and there is up to 5 minutes to discuss the item, with members trying not to repeat what has already been presented.

#### **Old Business:**

- 1) Laurine made a motion to approve the May minutes. Sharleene seconded it. A vote was taken and the results were **Yes -12; No-0; Abstentions -1**. The minutes were approved as written.

#### **New Business:**

Laurine presented a discussion item asking for ideas about what the Outreach committee can do to further the CoDA message. There was a discussion about the Spanish community and how they belong to their own intergroup with Rosa as their liaison to the SoCal board. Sharleene suggested that therapists be made more aware of CoDA and its meetings. Gary reminded us that Scott had a letter approved by SDCCoDA that he had sent out to therapists when he was Outreach chair. Lesa said that there is a letter on the CoDA World site that can be used. Nancy suggested that Laurine get a committee together before the next business meeting to look into contacting therapists.

Nancy presented a discussion item focusing on declining attendance in meetings and in taking on service work. She suggested spending time from 11:00-11:30 doing a group inventory at the July business meeting. Since Ken and Mary are coming for the special Speaker's meeting that evening, it was decided to ask them if they would come to the business meeting to give their input on the group inventory. Lesa

suggested we put information about this inventory on the website, inviting GSRs and interested people to come.

Nancy presented a motion that we do a group inventory from 11:00-11:30 at the July meeting and the meeting can be extended to 12:30 if there is a need to take care of other business. A vote was taken and the results were **Yes-11; No-0; Abstentions-0.**

Gary presented a discussion item suggesting that since we know that San Diego will be hosting the SoCal conference in 3 years, we form an ad hoc committee now to begin thinking about ideas for themes and visions for that conference. We need not wait till the year of our conference to get started.

Christine made a motion to adjourn. Sharleene seconded this motion. The meeting was adjourned at 12:00.