

# Minutes of the San Diego County CoDA Business Meeting

October 19, 2019

**Present:** Sharleene, Annette, Nancy, Jill, Kate, Frank, Elizabeth, Christine, Michelle, Graciela, Gary, Fran, Laurine, Debbie, Csilla

The meeting was called to order at 10:10. Fran welcomed newcomers and made sure they had the newcomer information, a name tag, and an agenda. She provided information regarding restrooms, phones, and the meeting order to all participants. Members recited the CoDA Opening Prayer and introduced themselves. Fran read the 10<sup>th</sup> Service Concept and the meeting participants read the 12 Traditions.

## Officer/Chair Reports:

**Fran, Community Rep:** Fran again welcomed newcomers and asked that we all wear name tags so that we can become better acquainted with each other. She announced that the 2020 SoCal CoDA conference chairperson is asking for volunteers from the whole SoCal community. Sharleene, the conference liaison said that the committee will be meeting online so as not to burden the committee members with travel. Fran also mentioned the upcoming November San Diego workshop which will be held in conjunction with the monthly speakers meeting. Nancy said that she would be addressing this in her report.

## Alternate Community Rep: Open

**Laurine, Acting Parliamentarian:** Laurine said that this meeting will take a count of voting members after the break to see if we have a quorum. A quorum is met by 30% of the number of San Diego CoDA meetings which is approximately 8 members. The pink form is used for discussion items while the goldenrod form is used for motions. A member will have 2 minutes to present the issue and there will be 5 minutes of member discussion.

**Csilla, Secretary:** Csilla emailed the September minutes and updated phone list to all those on the Community Meeting phone list. If you did not receive these, a few copies of each are available today on the table. Approval of the minutes will be voted upon after the break during the Old Business portion of the meeting.

**Gary, Treasurer:** Gary presented the following report:

Union Bank Checking	\$11,802.54
Union Bank Savings	7,600.32
Total Bank Accounts	19,403.06
Literature Inventory	2,654.55
Petty Cash – Literature	110.00
Uncategorized Asset	300.00

Total Other Current Assets	3,064.55
Total Current Assets	\$22,467.71
Profit and Loss January-September	
7 <sup>th</sup> Tradition Income	3,497.30
SoCal CoDA Conference Income	2,199.16
Total Income	5,696.87
Total Expenses	7,751.36
Total Other Income	7,295.30
Net Other Income	7,188.36
Net Income	5,133.87

**Lesia, Regional Rep:** Absent. She has not received the minutes from the SoCal regional meeting yet.

**Alternate Regional Rep:** Open

**Newsletter:** Open Lesia has been updating the meeting list on the website and it is current through September.

**Nancy, Workshops, Panels, and Seminars:** Nancy said that there are flyers on the table for the upcoming Speakers Meeting Workshop for GSRs to take back to their meeting. The subject of the workshop is "Affirming Authenticity". This workshop was given at the Atlanta CoDA World conference. The agenda for the evening will be one speaker first for approximately 30 minutes, a break for setting up tables, and then the workshop. Nancy said that water and light snacks will be supplied. She can use help setting up and cleaning up. She would like the workshops, seminars, and panels budget to be increased to \$1800 to allow for two Super Seminar Saturdays next year. She informed us that her position will be over in January, but she would work on a possible January workshop as well as the Sister's Day of Recovery which might be held in February.

**Public Information Mail:** Open. Gary picked up two bank statements.

**Pat, Public Information Phones:** Absent

**Hospitals and Institutions:** Open Frank is thinking of taking this position. Frank informed us that Las Colinas in Santee, the women's detention facility, was pretty grim for many years. For many years, CoDA has held meetings there. Today, the center has been rebuilt into a state-of-the-art facility. For the first time, they want to expand CoDA meetings to the housing units where long-term inmates are held. Frank said that this is an opportunity to make a huge difference in many women's lives. The current meetings are held on Mondays at 8:30 in the morning and Tuesday at 6:30 in the evening. There are approximately 15 women at each meeting. Frank will bring more information to the next business meeting regarding the housing unit and the opportunity for potential meetings. If you would like to contact Frank for more information about Las Colinas meetings, his number is 858-245-4983. You can send a text or leave a message.

**Sharleene, Literature:** Sharleene gave the following report:

Literature sold	\$841.25
Petty Cash	110.00
Core Orders – Coins	\$102.69
Literature	225.04
Total Inventory on hand	\$2654.55

Sharleene told us that she now has lots of free pamphlets for the members to take back to their groups.

**Laurine, Outreach:** Laurine reported that a group who works with victims of human trafficking approached her regarding bringing the CoDA program to these victims. Laurine is wondering if CoDA might choose to be involved with this cause.

**Activities:** Open

**Joe, Webmaster:** Absent

**Laurine, Ad Hoc Insurance committee:** Laurine has gotten two insurance quotes which are widely different. One is from an agent in Carlsbad and is roughly \$940/year with a \$1,000 deductible. The other is from an agent who provides coverage to Orange County Al-Anon and it is roughly \$450/year with no deductible. Laurine asked for help from anyone who has had experience dealing with insurance quotes.

**Break** was called at 11:00. The basket was passed and 7<sup>th</sup> tradition was collected. The meeting resumed at 11:15. There was a roll call and the quorum was met by 13 participants.

### **Old Business:**

There was a **motion** by Elizabeth to approve the August minutes and it was seconded by Christine. The results were **Yes-8; No-0; Abstentions-1**. The August minutes were approved as written.

There was a **motion** by Sharleene to approve the September minutes and it was seconded by Elizabeth. The results were **Yes-8; No-0; Abstentions-4**. The September minutes were approved as written.

A **discussion item** submitted by Lesa, was presented by Laurine regarding having a greeter for this meeting to welcome the newcomers and make sure they get an agenda and newcomer flyer. There was discussion in which it was pointed out that all Community Meeting members, just like in our CoDA meetings, are encouraged to reach out to someone that is new to this meeting. Graciella presented a motion to have a greeter/greeters at this monthly meeting to welcome new people. A vote was taken and the results were **Yes-1; No-6; Abstentions-1**

There was a **discussion item** regarding a head start on the the next San Diego SoCal conference. Gary reminded us that we need to be thinking ahead to this conference instead of waiting until the year it will be held. Discussion proceeded and Nancy suggested that we form an ad hoc committee to work on it. Michelle suggested that GSRs take the conference opportunity to their meetings to get volunteers. Graciella thought it was too early to be thinking that far ahead. Kate suggested that we have an

electronic suggestion box on the website where CoDA members could send ideas for themes and venues.

Laurine presented a **discussion item** regarding the insurance quotes for SDCCoDA. Kate said that she doesn't see the justification for the \$900 one. Christine asked if both the insurance agents will provide a certificate of insurance which is what is often needed when CoDA rents meeting space. Michelle asked if insurance is in our annual budget. Gary said that he would need to put it into the budget and that he had come today to present his proposed budget but now we do not have time left to do that. He will present it at the November meeting. Laurine will keep us apprised of any further insurance information that she receives.

### **New Business:**

A **motion** was made that Frank become the H&I chair. Gary seconded the motion. There was discussion of Frank's qualifications as well as what his term would look like since the H&I position will come up for filling in our January election. It was decided that Frank will be acting H&I chair for the remainder of this year and he will have been present at 4 out of the last 6 meetings when elections are held in January. He can then take a 2 year term if he so desires. A vote was taken. The results were: **Yes-12; No-0; Abstentions-0.**

Fran and Elizabeth each presented bills to be reimbursed for expenses that they had incurred. It was pointed out that since money was already approved in the budget for their items, they did not need to present separate items to be voted upon again.

Sharleene presented a **discussion item** about the requests that she receives for donations of literature. She has had therapists who want donations of pamphlets. She has referred them to CoDA World and has told them that there is CoDA literature in libraries and on Kindle. Nancy mentioned that CoDA.org has an outreach chair that might be contacted.

Kate moved that the meeting be adjourned. Elizabeth seconded the motion. The meeting was adjourned at 12:03 and the Serenity Prayer was recited.