

Minutes of the San Diego County CoDA Business Meeting

January 18, 2020

Present: Sharleene, Diane P., Laurie, Rick, Michelle, Marlene, Christine, Susan, Jan, Laurine, Joe, Jill, Wendy, Nancy, Frank, Kate, Gary, Fran, Csilla

The meeting was called to order at 10:00 am by Fran. She welcomed all, especially the newcomers, and provided information about restrooms, cell phones, name tags, and the order of the meeting.

The CoDA Opening Prayer was recited and Fran read the 1st CoDA Service Concept. Introductions were made and the 12 Traditions were read by meeting participants.

Officer/Chair Reports:

Fran, Community Rep: Fran reported that the meeting list is up to date on the website and that election of officers and chair positions will be held in the second half of this meeting.

Alternate Community Rep: Vacant

Csilla, Secretary: Csilla reported that she had emailed copies of the December minutes, but happened to find out later that, due to a computer problem, they had only gone to 10 people instead of the full list. She will email the minutes to everyone and the minutes will need to be approved at the February meeting. A phone list was passed around for members to make any additions or corrections so that an updated list can be sent out with the minutes.

Parliamentarian: Vacant Laurine will be acting in this position at this meeting. She has compiled a draft of all motions that have been voted upon during this year. She will email copies to everyone on the phone list.

Gary, Treasurer: Gary gave the following report:

Union Bank Checking	\$ 7,882.77
Union Bank Savings	7,600.50
Total Bank Accounts	15,483.17
Literature Inventory	3,584.75
Total Other Current Assets	3,995.05
Total Current Assets	19,478.22
Profit and Loss for 2019	
Income	
7 th Tradition	4,399.05

SoCal Coda Conference	2,199.16
Total Income	6,612.80
Total Expenses	12,498.67
Literature Income	9,885.65
Total Other Expenses	2,355.30
Net Other Income	7,530.35
Net Income	\$1,644.48

Lesia, Regional Rep: Absent

Alt. Regional Rep: Vacant

Newsletter: Vacant

Nancy, Workshops, Panels, and Seminars: Nancy reported that there will be a workshop entitled “Finding Balance in Working the Steps” on January 27th at 6:45 in Carlsbad. The Sisters Set Free group is hosting this event and all are invited to attend – both male and female members. There is a flyer on the website. Light refreshments will be provided by the Community. Nancy also said that her tenure as chairman of Workshops, Panels, and Seminars is completed, but that she had enjoyed it and had seen how Higher Power, as well as the community members, had helped her coordinate the events.

Public Information Mail: Vacant

Pat, Public Information Phones: Absent

Frank, Hospitals and Institutions: Frank reported that H&I is totally focused on providing meetings at Las Colinas. There are 2 on Monday morning – one in the classroom and one in the housing unit. There are approximately 15 women in the classroom meeting. Nicole, Jill, Marilyn, and Frank conduct the Monday meetings. Frank, Phil, Doris, and Elena conduct the Tuesday meeting. The meetings are mainly using the 12 Step Handbook as a resource.

Sharleene, Literature: Sharleene gave the following report:

Group Sales	\$ 728.50
Petty Cash	110.30
H&I (40 – 12 Step Handbooks)	120.00
CORE Order	455.82

Inventory

\$3,584.75

Sharleene worked up a spreadsheet of the money coming in and out of the literature account this year and found that it was within \$200. That discrepancy has to do with the printing costs of the free pamphlets, order forms, and some costs associated with H&I.

Laurine, Outreach: Laurine is looking at having flyers with a pull off CoDA information phone number tab at the bottom to be distributed around town. Joe said that he would put a copy of that flyer on the website and members can print off copies to put on bulletin boards around their neighborhood/town. Laurine also will be putting an announcement in the classified section of the Reader. Nancy volunteered to send her a copy of one that has been used in the past. Laurine asked the group for their thoughts about inviting mental health professionals to attend a CoDA meeting so that they would have a firsthand experience and could recommend it to clients in need. There was some discussion and a decision was made to submit this as a discussion item at a later date.

Activities: Vacant

Joe, Webmaster: Joe reported that he has updated the website and taken down the holiday meeting schedules. He has updated the meeting list and will continue to do so until we have a Newsletter chair, whose job it is to keep the meeting list up to date. Joe said that the meeting list is very important since it has been downloaded over 700 times this month.

Sharleene, SoCal Conference Liaison: Sharleene reported that there have been two online conference meetings so far. The committee is looking for a venue for the conference, so there can be no date set until the venue is decided upon.

Laurine, ad hoc insurance committee: Laurine has forwarded to Springbook Insurance the official name of our SDCCoDA group which is San Diego County Community Committee of CoDependents Anonymous.

Michelle, ad hoc email committee: Michelle passed out a topic list and asked for feedback from members regarding things that need to be included in the email that will be sent to all CoDA members. This email will address where the 7th Tradition funds are used as well as the importance and needs of the monthly Business Meeting. A draft of the email will be brought to the February meeting for discussion and approval.

Break was called at 10:50. The basket was passed and 7th Tradition was collected.

The meeting resumed at 11:00.

Announcements:

Nancy announced that the CoDA meeting which is hosting the Jan. 27th Carlsbad workshop is a women only group, but the workshop is open to both women and men. She asked that this message be conveyed to the individual groups.

Rick announced that there is a movement to form an intergroup in Riverside. Temecula would probably be a part of it.

Roll call was taken and, since we have 29 meetings, the quorum of 9 was met by 15 voting members. Laurine reiterated the procedure for submitting motions and discussion items.

Old Business:

Approval of minutes: Since there were computer problems and the December minutes did not get sent to all members, the vote to approve them will be taken in February.

New Business:

Voting for the new slate of officers and chairpersons took place with the following people unanimously voted into office:

Position	Candidate	Nominated/Seconded
Community Rep.	Diane P.	Diane P./Marlene
Treasurer	Vacant	
Regional Rep	Marlene	Laurine/Jay
Workshops, Panels, Seminars	Vacant	
Public Info Phones	Vacant	
Hospitals & Institutions	Frank	Frank/Nancy
Literature	Sharleene	Laurine/Gary
Activities	Vacant	
Alternate Community Rep	Vacant	
Parliamentarian	Michelle B.	Michelle/Sharleene
Alternate Regional Rep	Jill	Jill/Frank
Newsletter/Meeting List	Fran	Fran/Diane
Public Info Mail	Vacant	

The meeting was adjourned at 11:55, followed by the Serenity Prayer.