

Minutes of the San Diego CoDA Business Meeting

October 17, 2020

Present: Diane P., Nadine, Joe, Badriuh, Raquel, Rick, Gary, Sharleene, Susan, Dede, Rita, Michelle B., Bekah, Nathan, Tina, Nancy, Frank, Sonya, Carol, Csilla

The meeting was called to order at 10:00 a.m. by Diane, Community Rep. The group recited the CoDA Opening Prayer together. Diane welcomed Badriuh, a new member, as well as Rita, an alternate GSR. She then read the purpose of the Community meeting as written in the bylaws, as well as the 10th Service Concept. Sharleene read the 10th CoDA Tradition. Diane explained that the first part of the meeting consists of officer and chair reports with a ten-minute break at approximately 10:50; the second part consists of old and new business. The meeting will end at approximately 12:00 p.m. All members were reminded to mute their microphones when not talking. Introductions were then made as Diane called upon each person in attendance.

Officer/Chair Reports

Diane, Community Representative: Diane thanked Susan for stepping forward and filling the treasurer's position. She reminded the group that we still have open positions: alternate community rep, newsletter, Workshops,/Panels/Seminars, Public Information Phones, and Public Information Mail. Diane also said that she had sent an email to everyone regarding an item that would be discussed in the business portion of the meeting relating to GSRs from out of the SDCCoDA area.

Alternate Community Representative: OPEN

Csilla, Secretary: Csilla emailed copies of the September minutes, along with an updated phone list to all those on the list. She asked that if anyone failed to receive the email, had corrections, or if there were any additions to the phone list, to please let her know in the chat portion of the meeting. A couple of corrections have already been forwarded to her so she will send out an updated phone list within the next few days. Approval of the September minutes will be voted upon right after the break.

Michelle, Parliamentarian: Michelle explained that the Community meeting is conducted in accordance with the 12 Traditions, group conscience, and Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. However, only Group Service Reps (GSRs) and most officers and chairpersons can vote. A quorum is reached when 30% of the total number of meetings has a representative at the meeting. Michelle also said that anyone having a motion or discussion item, can write it in the Zoom chat box.

Susan, Treasurer: Since Susan just was voted in as treasurer in September, she sent the following information via email:

August Checking Summary:

Balance 8/1	\$9,947.25
Additions	405.00
Subtractions	15.00
Balance 8/31	10,337.30

August Savings Summary 8/1-8/31 \$7600.86

Total Assets \$17,548.11

September Checking Summary:

Balance 9/1	\$10,337.30
Additions	379.49
Subtractions	15.00
Balance 9/30	\$10,701.79

September Savings Summary 9/1-9/30 \$7600.86

Total Assets \$ 18,302.65

Marlene, Regional Representative: Absent

Jill, Alternate Reg. Representative: Absent

Newsletter: OPEN

Workshops, Panels, and Seminars: OPEN

Public Information Mail: OPEN

Public Information Phones: OPEN

Frank, Hospitals and Institutions: Frank reported that CoDA is still unable to hold meetings at Las Colinas and it looks like admittance will not be anytime soon. Clearances for several of the volunteers have lapsed. Frank has taken copies of some of

the CoDA materials out to Las Colinas, but the situation remains very sad since many women had been quite receptive to the CoDA meetings.

Sharleene, Literature: Sharleene reported the following:

Literature Sales	\$ 214.00
Petty Cash	110.00
Inventory	\$2534.10

Sharleene asked the GSRs to ask their group literature person to call her if they have excessive literature and are not able to sell it. She will gladly exchange it if they need other literature or refund their money if it can be used by another group. She purchased 100 blue and 100 green books a year ago from CORE at a cost of \$12 each. If a member were to order a book from CORE online, it would cost them \$20 with tax and shipping. She has only 11 green books and 25 blue books left and doesn't feel it would be prudent to reorder in the quantity that would get the price down to \$12 each, so any group with excessive literature might be able to help with this situation.

Laurine, Outreach: Absent

Tina, Activities: Tina reported that a flyer for an online Vision Board activity to be held on Tuesday, October 27 from 7:00-8:30 p.m. was sent out to CoDA GSRs as well as the information was put on the website. She is exploring other activities for the future.

Joe, Webmaster: Joe has kept the meeting information up to date and has announced the upcoming Vision Board activity. He has done no mass emails lately.

Michelle, Email ad hoc: Michelle reported that she sent the GSRs a flyer regarding the open Board positions. She will give it to Joe to post on the website. Michelle will begin working on the next flyer.

Laurine, ad hoc Insurance Committee: Absent

GSR Reports: Nathan thanked Tina for the flyer about the vision board. He reported that a member from Los Angeles who attends the Kensington meeting was excited to hear about this activity and said she would share the information at other meetings in the Los Angeles area. Dede said that in the Sunday blue book study there had been 5-6 people and now with zoom, there are 35-40 people joining. Rita said that her group had been meeting on a conference call and now has switched to zoom. She was looking for information on how other meetings handle their 7th Tradition. Sonya reported that her zoom meeting has created a power point with all the readings included. She offered to

forward this to any group who would like to use it. She also said that they use Venmo and Paypal to collect 7th Tradition. Her group is planning on extending these zoom meetings through the end of the year. Isis reported that the Sunday morning CoDA meeting usually has 40 people attending. Nancy reported that the Sunday afternoon Mesa Vista group was asked to retrieve their literature and other items from the outbuilding where they had been meeting. Rick reported that there is a Saturday morning 8:30-10:00 step study that meets before the 10:00 a.m. CoDA meeting in Menifee. This group was negative in the beginning of the meeting closures but now may want to remain permanently on Zoom. The group has retrieved all the literature that had been stored at their facility and will no longer pay rent there. Nadine reported that the Tuesday Loving Support has host, co-host, and timer positions that help facilitate meetings. She asked if anyone knew if there was a paypal charge.

Michelle, Email ad hoc: Michelle sent the GSRs a flyer pertaining to the open board positions. She will give it to Joe to post on the website and will begin work on the next flyer.

Laurine, Insurance ad hoc committee: Absent

Break was called at 10:45.

The meeting resumed at 10:50. Michelle said that we have 26 SDCCoDA meetings and a quorum is 8 voting members. Roll call was taken and the quorum was met by 15 voting members. Michelle advised the group that a person presenting a discussion item or motion has 2 minutes to present it and 5 minutes for members to discuss it.

The first order of business is approval of the September minutes. Michelle moved for approval of the minutes and Sharleene seconded the motion. A vote was taken and the results were as follows: **14 – YES; 0 – NO; 1 – Abstention**. Minutes were approved as written.

New Business:

Diane presented a discussion item regarding whether GSRs need to be from San Diego County since our business meeting is for San Diego County CoDA. Now that we are meeting on Zoom, members come from all over the country and the issue is whether they can represent that meeting if they are not residing in the county. There was much discussion with the following ideas: if there are live business meetings, the GSR needs to be able to attend the monthly meeting; some of the Temecula and Menifee groups are really in Riverside County; in CoDA we give our first names and not where we live;

each CoDA group is autonomous; accountability and commitment to the group and business meeting is important. Diane summed up the discussion by saying that it seems that individual CoDA groups, not the Community, have the final say on who their GSR is. The important thing is that the GSR attends the monthly business meeting and takes back information to the group they represent.

Joe presented a discussion item about whether the CoDA phone number should be taken off the website since we have cancelled the phone service. Gary said that we can use it for call forwarding since CoDA has had that number for a long time and it did not come from the phone service. A discussion proceeded about how the community can set up call forwarding to a member. The logical person would be the Public Information Phones chairperson, however, we do not have anyone in this position at this time. Diane wondered if we own the phone number. Michelle said that since we canceled the service, the number just rings. Gary said that he never received a bill from AT&T, only from the phone service. Isis said that she was under the impression that if we cancelled the service, we cancelled the phone number. Nancy reported that when you call the number, the recording says that the number is no longer valid. Sharleene said that the main purpose of CoDA is to reach the codependent who still suffers. It was pointed out that we need to resolve this phone issue in the simplest way possible and that one to one contact with people who use the phone number is critical. Gary said that we should not remove the existing phone number from the website.

Tina pointed out that it was frustrating to have this big discussion with no resolution. Nancy moved that we keep the phone number on the website. Volunteers from the Community business meeting can take monthly turns answering the phone calls after we establish call forwarding. Isis seconded the motion. The voting went as follows: **11 –YES; 4 – NO; 0 –ABSTENTIONS.** The motion passed as presented.

Raquel pointed out that whoever takes their turn answering the phone needs to keep track of the calls. Sharleene volunteered to check out what it will take to set up call forwarding. Gary spoke up and volunteered to take the public information phone chair. Voting to have Gary take this position was unanimous with **15 members voting YES.**

Tina presented a discussion item about the GSR reports. She said that they are valuable and would like to see them on the agenda with a time limit of 5 to 10 minutes. There was much discussion with Diane pointing out that it is important for the community business to be done with the GSRs reporting as time permits. Many members felt that the GSR reports are important and they should not just fill in a gap. Some said that it is refreshing to hear about things that are happening in the individual groups, how they are handling issues that come up, and maintaining a two way communication amongst

GSRs Tina made a motion that the Group Service Representatives, as a group, have a permanent 8 minutes to share information, questions, and problems about what is happening in their group. The voting went as follows: **14 – YES; 0 – NO; 1 – ABSTENTION.**

Michelle moved that the meeting be adjourned; Rick seconded this motion. The meeting was adjourned at 11:45 followed by the Serenity Prayer.