

**Minutes of the
San Diego County Community Committee of Codependents Anonymous (CoDA),
Business Meeting
February 19, 2022**

Present: Sharleene L., Diane P., Laurine O., Sonya P., Michelle B., Leslie M, Anita , Tina V, Gary J., Nancy M., Aaron L., Isis M, Erin W.

The meeting was called to order at 10:00 a.m. by Sharleene, Community Representative. All welcomed. Newcomers asked to introduce selves. The CoDA Opening prayer was recited. Introductions were made. Chair' asks all to identify their position and meeting they represent. The meeting purpose & function were read. The 2d service concept and 2d tradition were read. Group Conscience defined.

Officer/Chairperson Reports:

10' report by Regional Rep.', 8' by other officers and Chairpersons. A total of 8' by Group Service Representatives (GSR's). Sharlene - asks for change of reports sequence which is added to discussion items later in meeting.

Community Rep', Sharleene (new): Thanks Comm' Rep's who came before and all present today.

Alternative Community Rep', Sonya P: turned over sec' files to new secretary, Laurine. Will share permissions for google drives to all.

Recording Secretary, Laurine (new): - received all files fr Sonya P. Thanked Sonya for pitching in on January 2022 minutes.

Parliamentarian, Michelle B.: Michelle explained that the Community Meeting is conducted in accordance with the 12 Traditions, group conscience, and Parliamentary rules & Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. Only Group Service Reps (GSRs), officers, Chair's may present motions. However, only GSR's and most officers and all chairpersons can vote. Add any motions or discussion items to Chat.

Michelle explained that the meeting has two parts consisting first of officer/chair reports, and second, old and new business where motions and discussion items are addressed. A quorum is reached when 30% of the total number of meetings has a representative at the meeting.

Alternate Community Rep, Sonya,: No report

Treasurer, Erin (continuing, new): As of beginning of January 2022, Total CoDA Community assets are \$25,196.00 in assets. The meeting received a number of 7th traditions in December & January and all deposited.

Regional Representative, Aaron L(new): contacted Marlene, outgoing Regional Rep' who will introduce him to Regional meeting person. SoCal Regional meeting is quarterly, 1st Sat., Mar. 5, 2022.

Alt. Reg. Rep, Diane P (new): No Report

Newsletter Chair, Csilla F. (Priscilla), - traveling, working on newsletter.

Meeting List Chair', Isis : -is interested in giving up her service position. Has done it a year. January mtg list was posted on CoDA website. Ready to give Joe, webmaster, a Feb' meeting list. One meeting change - Sunday Serenity mtg in new location, Twiggs Bakery & Coffee shop, on Park Ave, Green room. Note -no in-person meeting THIS Sunday Feb 28, 2022 because of green room schedule conflict. Hybrid still. Will start in-person Mar. 6, 2022 Sunday. Send meeting changes to Isis at meetings@sdccoda.org .

Workshops, Panels, and Seminars, OPEN position:

Public Information Mail, Sonya,: Received 2 bank statements and three 7th traditions. Sonya reported she collects CoDA mail weekly and sends 7th Traditions to Erin H., Treasurer.

Public Information Phones, Gary: 9 calls this past month, questions like “What is CoDA?, Looking for a meeting for friend; What’s the meeting zoom info, Any meetings in person?”. Gary referred them to Isis’ meeting list which answered most questions.

Hospitals and Institutions, Mika: Again waiting to hear from the Women’s Jail, whether COVID safe. Waiting for clearance to enter facility. Waiting to go to halfway/sober houses.

Literature, Gary (new),: Jan - sales of \$127.00, petty cash \$110. Orders \$794 to CORE – Inventory \$2,087. One meeting asking for lots of newcomer Literature & coming back for more, weekly, the Tuesday Loving Support mtg.

Outreach, Mika:

Activities, Tina H: The recent activity, the Encinitas ”Swami cafe” breakfast & tide pool walk was sparse - only 2 persons. Needs more advertising. Tina needs list of all Community names.

But the Vision Board on Feb. 9, 2022 online was well attended and enjoyed great fellowship. The vision board person is willing to do again next year.

Tina will allow someone else a chance to do Activities service. But she’s willing to coordinate the holiday party and backup a new Activities Chair. Tina was thanked for all her service.

Webmaster Joe: Not present.

Ad Hoc Committees: None active, except Michelle’s effort.

Flyer Committee, Michelle: Michelle reported the flyers have been updated, including the OPEN positions and emailed out.

Liability Insurance, Laurine - will get a general Insurance certificate for any meeting to present to landlord.

GSR Reports

Nancy M. - How do other meetings handle 7th Tradition? How are distributions made - by check, by Venmo? How does Venmo work? Doing by personal checks for now. Erin - First and last name, so a

problem, unless person willing. Sonya P. suggests use electronic collection of 7th tradition. Erin warns - if the Venmo or Zelle is a business acct., there's a fee. Gary - Paypal charges a fee so his mtg doesn't use it. But our meeting Venmo, Zelle accounts are not business accounts. Don't sign them up as business accounts. The Venmo, Zelle electronic accounts can have any kind of name - initials, the name of a meeting. The bank account linked to it can change with the changing treasurer or responsible person.

Question of how to make out checks to the Community business meeting so Treasurer Erin can cash it. Gary says make checks to "San Diego County Codependents Anonymous Community Meeting" or similar. Checks made to treasurer Erin's name cannot be cashed or deposited to the Community meeting.

Tina - thought someone was going to list the topics covered. Wants a mtg outline to report to her mtg, if possible. Elisa had volunteered to do a meeting outline for GSR reports. (This might be a separate ad hoc committee)

Anita - Tuesday Loving Support Group Service Representative. Can fulfill GSR for 5 months till end of May but out of country for few months. She has possible replacement. Returning in Sept. Could take position back then.

Mika - announces there will be a Tradition only study. Wondering if it will be open to all. To be determined.

Laurine- Diane P speaking at the Monthly CoDA Speakers mtg, 3-6-22.

The Escondido Sat' Morning meeting continues to meet 2d Saturday 8-9 am at Trinity Episcopal for "coffee & donuts/bagels" before meeting.

Community Rep' Shar'- important to increase representation of San Diego CoDA meetings with Group Service Representatives (GSR's) at the Community meeting. Please encourage meetings to send a GSR..

Isis - re meeting list. Please update any mtg changes. meetings@sdccoda.org

Break was called at 10:50am

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The meeting resumed at 11:01am.

Roll Call & Quorum. It was determined that we have 30 meetings. Need 9 voting members for quorum. Roll call was taken and quorum was met by 13 voting members.

Michelle reiterated the procedure for submitting motions and discussion items (put in Chat).

Approval of the January 2022 minutes moved by Michelle B , Leslie seconded. 10 Yes. 2 No. 1 abstain. The motion passed.

Old Business:

1) So'Cal Conference. June annually is the SoCal conference date with election of the SoCal officers. 4 groups typically rotate hosting- LA, Valley LA, Desert, San Diego -in that order. The Valley (eastern LA), hosted last year. Before that L.A. hosted. Desert CoDA has declined to host for 2022 so San Diego CoDA was asked to host for 2022. The conference would be online.

Shar' says there's a lot of technology behind an online Conference. She is in favor of waiting till next year, 2023, for an IN-PERSON conference. She is in contact w/ Conference Chair Facilitator Christine. LA would host in 2024.

Gary- a virtual conference can reach many. Cost is minimal. Can reach Codependents that suffer better with virtual. Anita - can we do Hybrid.?

SoCal Region meets quarterly on 1st Saturday. March 5, 2022.

MOTION. Michelle moves for SD to host this year's 2022 SoCal Conference. Gary seconds. Higher Power moment.

Vote: 2 Yes. 10 No. 1 Abstain. Aaron L. will report to Conference facilitator Christine. So SD will host for 2023, not 2022 (SoCal Regional will host for 2022).

2) Mika -How to list Hybrid meetings on mtg list? Mika's mtg is growing so it has 2 different meetings. One in-person and one online. Isis recommends to list it as 2 meetings, even if same meeting time. (Requires registration with WSO as 2 meetings with 2 meeting ID numbers) In Person & Online. 5' discussion. Isis, on meeting list, V= virtual, I=in person, H= hybrid. Mika will report to group regarding 2 different meetings. It should be noted that new mtgs get \$75 free literature. Gary - Re literature for virtual meetings, Community doesn't mail to its virtual members. They can order direct from CORE (source for Code Community literature) or pick up at Literature Chair' Gary's location.

Tina's meeting split into in-person and online. Both meetings are fighting for the original meeting number. Gary -the virtual meeting when it registers gets a new world-wide number. It loses its California status. The in-person meeting keeps the original California based meeting number. Discussion will continue offline.

New Business:

DISCUSSION ITEM - Authorizing Signers for the Bank, check signing etc. - 3 persons needed, the Community Rep' -Shar, Alt Rep' -Sonya P. & Treasurer - Erin H. The Secretary, Laurine O. has to verify the positions. Sec' appears in person. Brings copy of published minutes. To be determined later - a central bank location for all to meet.

Secretary Laurine needs to sign both Jan' & Feb' minutes. Must wait till Mar for Feb. minutes to be approved & signed.

MOTION - Treasurer election. After asking Erin if she's willing, Michelle moves for Erin H. to continue as Community Treasurer. Gary seconds.

Vote: Unanimous. 13 Yes. 0 No, 0 Abstention. Passed - Erin H. continues as Treasurer.

DISCUSSION ITEM - Shar' moves to change order of Chair reports. For related activities and convenience of Chairpersons to report. Shar' will send proposed order to officers & all. Nancy says Community Rep' sets order of reports, so it doesn't need a vote.

DISCUSSION ITEM - Tina, why do we collect 7th tradition in Community meeting? Community meeting members do a lot of service. Why should GSR's and officers pay 7th tradition? Gary - we decided to pay for our expenses (rent) while at the Church. We could do Community's 7th Tradition out of meeting contributions to Community. Now on Zoom (online), there's just the Zoom cost. We still pay rent at the Church \$15/month. To hold room if we decide to return in-person. Community meeting has no meeting number. Does not contribute to service arms. Nancy - we can put this meeting's expenses as a budget item. Possibly make a motion for vote next month for old business. Tina will bring up if she thinks it should be voted.

DISCUSSION ITEM by Nancy What determines whether an online meeting is listed on the San Diego meeting list?

Online meeting members can be in or outside San Diego (SD). Nancy - when Temecula asked to join SD meetings, we decided to let them tho' they are in Riverside Co. Shar - Generally meeting location or members' location doesn't affect us unless they ask to be listed on our San Diego meeting list. Shar? Or Nancy? - **Suggest we take each meeting on an individual basis as to whether we list them as a San Diego meeting.**

Diane - this affects the Service Arm distribution. For example, the English (fr England) originating meeting would have a World Wide meeting number, so it's not obligated to donate to the SD Community, SOCAL Regional or World Service CoDA. The English meeting asked to be listed on San Diego's meeting list. Isis - There may be San Diego based meetings with a WSO number **but it's up to meetings to ask to be on the San Diego meeting list.** Isis agrees with most of previous discussion.

Michelle moved to **adjourn the meeting** at 11:52 am. Isis seconded.

Vote: 13 Yes. Unanimous. The motion passed.

Sharleene adjourned the meeting followed by the Serenity Prayer.

Respectfully submitted,

/S/

Laurine R. M. Ota, Recording Secretary, corrected & approved by Community meeting 3-19-2022