

**Minutes of the
San Diego County Community Committee of Codependents Anonymous (CoDA)
Business Meeting
March 19, 2022**

Present: 16, Sharleene L., Diane P., Laurine O., Michelle B., Tina V, Gary J., Aaron L., Isis M., Erin W., Bea T, Rich McL (visitor), Debra, Mika M. Csilla F., Elisa P., Leslie M,

The meeting was called to order at 10:00 a.m. by Sharleene, Community Representative. All welcomed. The CoDA Opening prayer was recited. Newcomers asked to introduce selves. Introductions were made. Chair' asks all to identify their position and meeting they represent. The meeting purpose & function were read. The 3d service concept and 3d tradition were read. Group Conscience defined.

Officer/Chairperson Reports:

10' report by Regional Rep.', 5' by other officers and Chairs. A total of 8' by Group Representatives.

Community Rep', Sharleene : Sincere thanks to those who went before and welcome to all. Hopes for meaningful interaction by all. Changed report order a little as discussed in last month's meeting..

Alternative Community Rep', Sonya P: not present.

Recording Secretary, Laurine: sent minutes and list of GSR/officers Thurs 5 pm. Let me know if you did not receive. Gary - GSR list was 29 pp to print. To be corrected.

Parliamentarian, Michelle B:

Michelle explained that the Community Meeting is conducted in accordance with the 12 Traditions, group conscience, and Parliamentarian procedures developed by our groups & Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. Only GSR's, officers, Chair's may present motions. However, only Group Service Reps (GSRs) and most officers and chairpersons can vote. Add any motions or discussion items to Chat.

Michelle explained that the meeting has two parts consisting first, of officer & chairperson reports, and second part, old and new business where motions and discussion items are addressed. In second part a roll call will establish whether a quorum is reached. Quorum is when 30% of the total number of meetings has a representative at the meeting.

Treasurer, Erin: Total liabilities and equities as of Feb 28, 2022 is \$24, 875.25. The Community meeting has received a number of 7th traditions over the last few months maybe because of end-of-year. We are doing well [with income] Erin will deposit today. Shar- the appropriate persons (Community Rep,' Alternate Community Rep,' and Treasurer, Secretary) will get together to establish the bank signatures. Attachment.

Regional Representative, Aaron L: (see attached report) 1) CoDA Regional has about \$25,000 in bank. It has a budget with 7th traditions coming in as expected, right on target per the budget.

2) Two representatives and an alternate are sent to the CoDA Int'l meeting in So Dakota this year, 2022. Regional pays for hotel and air. The 2020 conference was canceled so one canceled flight from 2020 was used for this year. 3) Webmaster Jay is developing new google site. Needs someone with computer graphic experience to help. Contact Jay at webmaster@socalcoda.org , if you can help. Historian Joe, part of our Community, is archiving old files. Send anything old you may have to him. 4) Since Desert CoDA declined to do the SoCal Conference this year, SoCal Region is doing it. Conference Chair

Christine is starting 2022 SoCal Conference planning. Various committees are starting up. Set dates, registration, etc. Aaron has her email & phone number, if anyone wants to help. 5 persons volunteered. Need more. FYI, Valley SoCal refers to TVCC = the 3 Valleys.

5)The Intergroup en Espagnol (at SoCal Regional). 7 meetings were created in 2015. Like San Diego (SD) Community meeting, they hold a business meeting, monthly on 3d Saturdays of the month, 10 am-12 p.

6)SoCal Regional wants to set up a SoCal Conference Committee format. So SoCal Regional would do most of work. 2022 Budget was approved. 7) Patrick's CD recording business is closing, so motion approved for SoCal Regional to buy his remaining CDs from previous conferences for \$255. Historian asks for any old conference material..

8)Treasurer received a 1099 K form. IRS says we owe taxes but a representative said we don't make enough money to pay taxes. This was a 3 hour meeting held every 3 months. Isis re graphics help needed - are they looking for volunteers or 'paid persons.'"

Alt. Reg. Rep, Diane P: no report

Workshops, Panels, and Seminars, OPEN position: no report

Public Info Mail, Sonya P: Not present. Sent report through Shar.' Sonya forwarded 7th Traditions and bank statements to Treasurer Erin.

Literature, Gary: Feb' sales of \$223.40. Petty cash remains \$110.00. No Feb' CORE (our mail order source) orders. Inventory is \$1,964.46.

Webmaster, Joe H.: not present.

Meeting List Chair', Isis OPEN, This is Isis' last meeting as Meeting List Chair.' One of the Spanish meetings is not meeting but Letty is still willing to be the meeting contact. Send changes to meetings@sdccoda.org

Activities,Tina, OPEN : Tina heard 2 north county persons might be willing to co-chair but not certain. Please share that the Activities Chair position is open at meetings. Activities don't have to be elaborate.

Workshops, Panels & Seminars- OPEN

Public Information Mail, Sonya P: not present, given by Shar.' Sonya Received bank statements and 7th traditions. Sent to Treasurer Erin.

Public Information Phones, Gary: 9 calls this past month, questions like "Asking for meetings, whether meetings still active or for personal support, in the moment."

Hospitals and Institutions (H&I), Mika: wants appointment with Gary to put together packets for H & I when she is able to enter different facilities, institutions, maybe April 15, 2022.

Outreach Mika:

Ad Hoc Committees:

"The Flyer Committee," Michelle updated "OPEN positions", the "Seeking GSR's" notice & "How our meeting is run" in the flyer; also included the "Welcome Newcomer" letter submitted by Shar.'

Michelle sent 3 (or 4?) documents to all on the contact list. Webmaster Joe H. will post on website & include in an upcoming email. Please spread the word at all your meetings. We need more participation and want all meetings represented.

Liability Insurance - nothing. Contact Laurine if questions, or need insurance certificate.

GSR Reports

To report anything- items of interest, problem issues, questions.

Aaron L's meeting - Can a person get a tax receipt for donating to the San Diego (SD) Community Meeting? No. Neither Community nor SoCal Regional have 501(3)c status. World CoDA can receipt, 501(3)c donations but call first to confirm.

Tina, Thursday Women's Truth & Recovery, Oceanside- In her meeting masks required only if not vaccinated. But there's another issue. A 3 year old comes. Is it appropriate to bring a child to a meeting with adult shares? The child was well behaved, quiet, doing a coloring book. But is the child absorbing inappropriate matters? Group conscience. Gary -similar at Tues Loving Support meeting. The parent and other members were asked not to bring children. The mother still came back for meetings but without children. Group conscience.

Leslie -5:45pm in Wildemar, Sunday "CoDA Step Meeting", is back to online (virtual) from hybrid. Members are from all over. 12 to 30 members attend, a strong meeting

Isis, Meeting List Chair' - Reminder to all. Let her know if any changes to meetings. Needs to know to finalize March schedule. meetings@sdccoda.org

Debra - Serenity Seekers, Monday. People asking for date of yearly SoCal conference. In June. Exact date to be announced.

Sharleene, Tuesday Loving Support - Picking up Literature. Tues' meeting is large with many newcomers. Other meetings can pick up literature at that meeting from Gary J., Community Literature Chair.' Buying from Community meeting is cheaper than CORE with the additional shipping costs. Community often buys in bulk to decrease cost. Anita is the Tuesday Loving Support Group Service Representative.

Elisa created a Google doc with her notes on February meeting. Shared document. Everyone has edit access. Be careful no one accidentally deletes the document.

Community Rep' Shar'- important to increase representation of San Diego CoDA meetings with Group Service Representatives (GSR's) at the Community meeting. Please encourage meetings to send a GSR..

Break was called at 10:55

The meeting **resumed** at 11:05am.

Roll Call & Quorum. It was determined that we have 30 meetings. Need 9 voting members for quorum. Roll call was taken and quorum was met by 12 voting members.

[Gary 1/Deborah 2 / Bea 3 / Diane 4/ Mika 5/ Leslie 6 / Tina 7 / Isis 8 / Csilla 9 / Aaron 10 / Erin W. 11/Laurine 12] Elisa 0 , not present working, /Shar' Comm Rep 0.

Approval of the February minutes delayed to later in the meeting so secretary could send corrected minutes and to non-recipients. (secretary used only the GSR list but not Officer/Chair list to send out initially)

Michelle reiterated the procedure for submitting motions and discussion items (put in Chat).

New Business:

1) DISCUSSION -Sharleene- proposes a workshop on Google Docs (word processing) for the Community Committee - GSR's, Officers, Chairpersons. Aaron & Elisa are familiar with Google Docs. Elisa willing to set up an informal workshop. (she is in and out of meeting because of work). Once date is set, it can be a Community activity. Shar' asks a Higher Power moment.

MOTION - Shar - Is it appropriate to do a Google Doc workshop for the Committee (GSR's, Officers & Chairs) as an opportunity & activity?

Vote: __ Yes. __ No, __ Abstention. Vote not counted but Passed per Community Rep' Sharleene

Added note -[[Google Drive](#) is a file storage and synchronization service developed by Google. Allows users to share files and collaborate easily. Google Drive encompasses **Google Docs** (word processing), **Google sheets** (spreadsheet) and **Google Slides**.]

2) DISCUSSION - Shar - Should this meeting (Community members) continue to pay 7th tradition? Do we need to do a 7th tradition? Previously Community's 7th Tradition was used to pay church rent. The Church rent and the Zoom account are now paid as budget items. So a 7th tradition is not needed. We did agree to continue Church rent. Laurine - we could continue to pay \$15 monthly church rent in gratitude for a limited time more. Whether we continue to pay Church rent is to be determined. Gary - we will decide whether to continue online Zoom in future and then decide whether we need to continue Church rent. Tina- everyone at this meeting is doing service so feels Community members should not pay 7th tradition.

Mika asks if proportions/percentages of a meeting's 7th Tradition are set for paying service arms above group/meeting level. There is a suggested proportion, but it's a group conscience decision.

No Vote. Shar will leave out from here on, the 7th tradition requested at every meeting thanks to discussion and group conscience expressed today.

3) DISCUSSION - Diane P- currently uses **her** Zoom account for the Community meeting. She uses many other meetings on her account. Who is Zoom dollars paid to?

Can account for the meeting be the meeting name and change the credit card or account when needed? Yes. Already covered in last month's 2-19-22 meeting under Nancy's question on how to establish electronic accounts for a meeting's 7th tradition.

Gary - we need to do a separate Zoom account for the meeting to cover monthly Community meetings, Super Saturdays, and other CoDA Community events. Table till next month?

4) DISCUSSION - Shar- proposes to remove "point of order" on page 4, bottom in "Welcome to the Newcomer" letter, which was sent out with the agenda. It comes from Robert's rules of order. Shar' values this business meeting but wants it to feel comfortable & safe like our regular meetings.

Shar would like to remove “Point of Order” but still allow the Community member to question the business on the floor. A member can ask for clarity, but hopefully not challenge. “Point of Order” is formal and feels contentious. We need this letter to feel friendly going to the newcomer.

Isis - this is an educational, informational thing. Some may feel comfortable with this process and OK to use those words. Csilla - There have been many contentious meetings. Suggests not “Point of Order” but “Request a Higher Power moment.”

Not voted.

Approval of minutes.

Looking at approval of 2-19-22 minutes. Some didn't get minutes so secretary sends out again. 5' break to review minutes. Return at 11:46.

Isis corrections - Twiggs misspelled. Isis' name attached to some things incorrectly. Not sure why listed as Acting Meeting List Chair.

Erin - was inconsistent in way she reported assets. Total liabilities and equities as of Feb 28, 2022 is \$24,875.25. This is to change today's minutes, March assets. Feb assets are correct.

Approval of the February 19, 2022 minutes moved by Michelle B , Aaron L. seconded.

11 Yes. _0_ No. 0__ abstain. The motion passed.

5) DISCUSSION. Elisa discusses when meeting minutes are sent out. Comparing with others what are the “hot topics,” important things to take back to meeting. Elisa requests minutes asap. As a GSR, if not at meeting, wants to be able to take back info' to meeting. Laurine says she can try to get minutes out in a week. Elisa asks if recording is available to GSR's. No, according to Diane, Zoom host.

Csilla - sending minutes out the week of the meeting, 4 weeks later reminds members of the meeting. (Perhaps need to send out a meeting reminder. Secretary will send out reminder 4- 5 days before.)

Isis - GSRs take notes. Are responsible for taking time sensitive and important items back to meetings.

Elisa - wanted minutes or to talk to other GSR's to compare what hot topics are. Not high level, business stuff. Tina wanted an outline. Community Rep's Agenda gives the outline. Tina found Elisa's google doc notes so useful. Elisa will compare the minutes with her meeting notes google doc.

Michelle moved to adjourn the meeting at 12:04 pm Gary seconded.

Vote : 12 Yes.0. 0. Unanimous. The motion passed.

Shar' shares her appreciation of everyone and how we all work together to support each other. . A sign of a loving Higher Power at work. Any questions - stay after the meeting

Sharleene adjourned the meeting followed by the Serenity Prayer.

Respectfully submitted,

/S/

Laurine R. M. Ota, Recording Secretary Mar.19, 2022

