

**Minutes of the San Diego County CoDA Business Meeting
June 18, 2022**

Present: Gary, Sonya, Sharleene, Aaron, Mika, Anita, Nancy, Emily, Michelle, Bryna, Erin, Csilla, Laurine, Tina, Bea, Jimi, Elisa, David

The meeting was called to order at 10:00 a.m. by Sharleene, Community Rep. Attendees introduced themselves, their position (Group Service Representative, GSR, officer or chairperson) and their meeting. The meeting purpose & function were read. The meeting serves the CoDA fellowship and carries the message to those who suffer. The meeting coordinates intergroup recovery, serves as voice of the group to state & national organizations, provides information and starter materials to new groups. The 6th Tradition and Service Concept were read.

Officer/Chair Reports:

Sharleene, Community Rep: A time has been set for the bank signing to put the current officers on the bank account.

Sonya, Alternate Community Rep/Public Info Mail: All mail collected and sent to Erin.

Recording Secretary: Laurine thanked Sonya for taking today's minutes as she has been having health challenges.

Michelle, Parliamentarian: Michelle explained that the Community Meeting is conducted in accordance with the 12 Traditions, group conscience, and Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. However, only Group Service Reps (GSRs) and most officers and chairpersons can vote. A quorum is reached when 30% of the total number of meetings has a representative at the meeting. Michelle also said that anyone having a motion or discussion item is encouraged to write it in the Zoom chat box.

Erin, Treasurer: Erin reported that there is 23,491.11 in our combined accounts as of May. She will send the updated balance sheet to Sonya for the minutes. (included at the end of this document)

Aaron, Regional Representative: Aaron reported on the SoCal Assembly meeting that took place during the SoCal CoDA conference. Two positions were not filled, that of Webmaster and Recording Secretary. If anyone is interested, please reach out. The next SoCal meeting will take place on September 10, 2022. Aaron also mentioned an upcoming national/international CoDA meeting Elisa inquired if there were any delegates from San Diego going to the national/international meetings. Gary responded that there are delegates from SoCal but not San Diego specifically. Minutes of the Assembly included below:

JUNE SOCAL MINUTES FOR THE ASSEMBLY 6-4-2022

*12:00 noon Start on Zoom
Thuy K – Chairperson
Kirsten S – Vice Chairperson
Christine K – Conference Facilitator
Tammy G – Recording Secretary
JW – Webmaster
Jim P – Treasurer
Joe H – Historian
Sharleene
Sharon A – Delegate
Vanessa - Delegate
Marlene
Thomas
Sharon H – H and I*

Approximately 84 people in attendance June 2022 Assembly

Welcome: Thuy

Opening Prayer: All

Coda Purpose: Sharon A.

Twelve Traditions: Vanessa

Up and Coming Events: Thuy

- August 22 – 25, 2022 South Dakota Virtual and in person – Watch for Survey
- 2022 International Coda Convention August 26 & 28 2022, “Do Big Things in Recovery” Workshops and Speakers
- SoCal Meeting Sept 10th – 10am – 1pm via Zoom

Video Montage – Kirsten

- 5 SoCal Intergroups “The Joy is in the Journey”

Conference Purpose Survey Commercial – Kirsten

Christine – To Guide Elections electronically

- **Chairperson – Thuy – Self Nominated – Votes:**

Yes 22/28
No 0
Abstain 6
2yr Term

- **Vice Chair – Kirsten – Nominated**

Yes 19/23
No 0
Abstain 4
1yr Term

- **Treasurer – Jim – Nominated Anna Incoming**

Yes 17/20
No 0
Abstain 3
2yr Term

- **Recording Sec – Tammy – No Nominations**

- **Incoming Delegate #1 Vanessa – Self Nominated-**

Yes 12/17
No 0
Abstain 3

- **Incoming Delegate #2 – Sharon A – Self Nominated**

Yes 12/16
No 2
Abstain 2

- **Incoming Alternate Delegate – Debra – Self Nominated**

Yes 14/17
No 0
Abstain 3

- **Webmaster – JW – No Nominations – 2yr Term**
- **Corresponding Secretary – Autumn – Incoming Gary Nominated**

Yes 18/19
No 0
Abstain 1/19
2yr Term

- **H & I Chair – Sharon H – Nominated**

Yes 18/21
No 1
Abstain 2
2 yr. Term

End of Elections

Question – Anna can we hold 2 positions – (Tammy after review, it is not mentioned in SoCal By Laws, nor in International By Laws, on TVCC it is recommended that Chair not hold any other position, all other board members should they feel they can take on more than one position, it is voted on).

The Financials – Jim – Thank you Please see Financials and Balance Sheets located on website for all to view

- **Budget Pasted**

16 Yes
0 No
2 Abstaining

New Business: More Events

- **August Camping Trip – Aug 12 – 13th (San Diego – Flyer on Website 2022**
- **Picnic Potluck – Saturday Aug 13th,**
- **SoCal Meeting Sept 10th, 2022**

Announcement: SAN DIEGO WILL HOST 2023 SOCAL CODA CONFERENCE!

Serenity Prayer: All

Closing Assembly Board Meeting 1:50pm

Please see below for urgent vote via email: Month of June

Since we voted in the 2022/2023 SoCal CoDA budget back in March, prices have significantly increased due to inflation. It's been brought to our attention that the current \$1500 budget for delegates is not enough for the expenses for this year. And definitely the reduced budget that we passed of \$1267 for next year's delegates expenses won't be enough. To eliminate a lengthy discussion during the assembly meeting, I'd like to propose a different budget for us to consider. It increases the delegate's budget to \$1900. Thankfully, the cost of living is a bit lower in Texas (location of next year's conference) than in South Dakota (current year) otherwise I would have proposed more.

Please review and provide your vote for or against the new proposal by 10pm on Thursday, June 2nd. I understand that this is a bit rushed and I'll turn over if we get enough votes before the assembly meeting. There are 16 voting members so 7 votes will be enough to pass this new budget. If we get enough votes then we'll go into the assembly with the new budget, if not then we'll have the discussion during the assembly meeting. At the very least, the board won't be blindsided by a new budget.

I move that we accept the new budget attached below. You all know that I'm not fully abreast with all of Robert's Rules, so please view this motion/process as a way of moving things forward for the sake of efficiency and forgive it's lack of technical terms or procedures. Here's to doing it imperfectly! :)

In Service,

Thuy

Thank you everyone for voting so quickly. The motion has passed. We got the following votes:

Tammy – Y

Sharon A – Y

Thomas F – Y

Jay – y

Joe – Y

Vanessa – Abstained

Kirsten – Y

Jim P – Y

Christine - Y

Gary - Y

Autumn - Y

Aaron - Y

Sharon H - Y

Gary, Literature: Gary reported: \$576.00 in sales, \$110.00 in petty cash. He placed 2 CORE orders totalling \$959.57. Nancy inquired if there was any new literature. Gary responded that yes, the new piece is called "Joy of the Journey". Shar added it is art-based and beautiful.

Diane, Alt. Reg. Rep: No Report.

Joe, Webmaster: Not present

Csilla, Newsletter & Meeting List: Csilla reaffirmed that she is trying to have the newsletter ready for the first of the month. She is currently looking for additions to the CoDA Moments section. People from our community can share their experience strength & hope. When there are no submissions, she will pull from CoDA.org. She asked that GRS's please bring back to thier meetings and ask for submissions. Jimi asked if ok to use Csilla's email for submissions. Yes, and they must be received by the last week of the month. Submissions must be a person's own experience, not outside literature.

Activities: Open

Workshops, Panels, and Seminars: Open

Gary, Public Information Phones: Gary reported that there were 8 calls this month to the info line including those looking for meetings in Spanish.

Mika, Hospitals and Institutions & Outreach: Laurine sent info for who to contact for outreach. She is reaching out to Frank for jail contact that has been lost.

Michelle, Email ad hoc: no report

Laurine, Insurance ad hoc committee: no report

GSR Reports:

Bea: Wednesday Morning Miracles (WW590). No report. Mika added that the meeting will be lengthened to 9:30-11am. They will update with Joe.

Nancy: Sunday Not Just Beginners (CA0228). The meeting's 7th tradition check hasn't been cashed. Erin deposited on Tuesday. Please let her know if it continues to be a problem. Group could use new folks and it completely online.

Anita: Tuesday Loving Support (CA0037) Has been out with COVID. They had a social get together at the beach after the conference. Almost 20 folks attended from throughout the county. Their group would like to do this again. She is gone until fall but will try to plan another when she returns.

Elisa: Wednesday Empowerment Through Recovery (CA1316). Numbers fluctuation but good. Reminder that GSR google doc is up and running for GSRs to share information. Shared doc so please be aware not to delete anything.

Emily: Sunday Serenity (CA0857). New GSR and has no specific information for the group. Shar mentioned that it is a great well-running hybrid meeting along with the Sunday Speakers meeting.

Jimi: CoDA Warriors (WW406). No issues. The meeting is going well.

Michelle asked for a group conscious to continue with GSR Report. Laurine moved to extend. Elisa seconded.

Vote: 9 yes, motion passed.

Tina: Thursday Women's Truth & Recovery Oceanside (CA1247). 15-20 attendees. 6:30-8:00pm currently, changing to 6:15-7:30pm. Shar reminded Tina to pass that information along to Joe to update the website.

Shar reminded the group that Joe is standing in for the Newsletter person if anyone want to take that position on.

Bryna: Friday Serenity Lifers (CA0975). Meeting is still going and would love to see anyone online if they are available on Friday evenings

Laurine: Escondido Saturday (CA0137). Time changed to 8:45am start. It is a hybrid meeting. They offer a donut and coffee social before the meeting on the second Saturdays of the month.

Break was called at 10:50am

The meeting resumed at 11:00am. It was determined that we have 31 meetings. Roll call was taken and quorum was met by 9 voting members.

Michelle reiterated the procedure for submitting motions and discussion items.

Approval of the minutes:

Tabled until July

Old Business:

No old business.

New Business:

Changes to the Mira Mesa Serenity Lifers Meeting Bryna came before the group to announce that this meeting will remain online permanently. She was asking for guidance on how best to dispose of their stock of literature, tokens, and the key to the church where the meeting was held previously. Csilla suggested she contact the church to return the key in person. Bea asked for clarification on the time of the meeting (6:00-7:15pm). Erin said that her meeting (Thursday Women's Truth & Recovery

Oceanside (CA1247) would take the literature and make good use of it. Anita mentioned that the Tuesday Loving Support (CA0037) had their literature stolen and would also be happy to take it. Gary responded that the Tuesday meeting is in good financial shape and doesn't need the donation. Laurine suggested they keep the tokens and mail them out to participants. Mika suggested that Bryna email Joe with the name change and email CoDA World to keep them informed.

Speakers Meeting Announcements Aaron is the secretary for the Speakers Meeting and needs another speaker for the July in-person meeting. The meeting is looking for someone to share their recovery stories. It is such a gift to hear people's stories and they would love to have new speakers. You must have 6 months of recovery, regularly attend meeting and have worked the 12 steps. Laurine reiterated that speaking helps in recovery - the message rather than the mess. Tina volunteered to speak. Gary asked GSR's to take this back to their meetings. Bea asked where and when the Speaker's Meeting takes place (First Sunday of the Month, 5-7pm). She volunteered to speak. Erin also volunteered. Aaron shared his phone info in the chat for the GSRs. Michelle asked if speakers can speak virtually. Gary explained that they weren't able to make the speakers work via virtual but currently live only with attendees able to participate via Zoom.

Camping Trip Aaron shared the flyer for the upcoming camping trip taking place August 12-13. It will be sent to all on the mailing list to bring back to their meetings. There will be a potluck & sharing meeting on Saturday to include those not camping. This is a co-ed event.

Craig's Memorial Nancy shared that Craig, a longtime SD CoDA member has passed away and his memorial is today at Crown Point. There will be a pot luck at 5pm and a sharing meeting at 7pm. The information is on the newsletter. Shar asked for clarification on the location at Crown Point. Nancy indicated that blue balloons will indicate the spot.

Encouraging Meetings to Attend the Business Meeting Shar asked for volunteers to call and invite meetings we are not seeing at this business meeting to encourage them to come. The increase of GSR participation is very important. Laurine and Tina volunteered to help. Laurine suggested that this new group attend some of those "dark" meetings and ask to present at those meetings on the importance of representation at the community meeting. Michelle will share the "What is a GSR" doc. Diane asked to pass out the doc to all GSR's on what their length of service and service requirements are. It has been recently sent to all the meetings. Laurine wondered what kind of "carrot" could help entice GSRs. Bea wondered if these items can be mailed instead of emailed. Michelle will put together a step-by-step how to be a GSR.

Meeting Passcode This meeting's Zoom information has changed the new meeting id is: 883-4535-8086, the passcode is SDCoda. You can also click the link on the website. All info is sent every month and we are still struggling with not everyone receiving the information. Michelle suggested that everyone add the groups emails in their setting and she will assist in doing this.

2023 SoCal Conference Did we agree to host? At the conference it was announced that SD had agreed to host. Gary doesn't remember that. If we are hosting, we need to get started. Please add to the agenda for next meeting after review of past minutes to see if we committed or not.

Michelle moved to adjourn the meeting at. Erin seconded.

Vote: 13 yes, 0 no, 0 abstain. The motion passed.

The meeting was adjourned at 11:49 pm, followed by the Serenity Prayer.

San Diego County CoDA

Balance Sheet
As of May 31, 2022

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
COGS Petty Cash	0.20
Union Bank Checking	11,987.58
Union Bank Savings	7,601.76
Total Bank Accounts	\$19,589.54
Other Current Assets	
Literature Inventory	3,491.57
Petty Cash - Literature	110.00
Uncategorized Asset	300.00
Total Other Current Assets	\$3,901.57
Total Current Assets	\$23,491.11
Other Assets	
Key Deposit	0.00
Total Other Assets	\$0.00
TOTAL ASSETS	\$23,491.11
LIABILITIES AND EQUITY	
Total Liabilities	
Equity	
Opening Balance Equity	0.00
Retained Earnings	25,196.40
Net Income	-1,705.29
Total Equity	\$23,491.11
TOTAL LIABILITIES AND EQUITY	\$23,491.11