

**Minutes of the
San Diego County Community Committee of Codependents Anonymous (CoDA)
Business Meeting, Saturday, Sept. 17, 2022**

Mtg Url link: [https://us06web.zoom.us/j/88345358086?](https://us06web.zoom.us/j/88345358086?pwd=VDMwbitrR05uZWxYcEtvTzcvZGpoUT09)

[pwd=VDMwbitrR05uZWxYcEtvTzcvZGpoUT09](https://us06web.zoom.us/j/88345358086?pwd=VDMwbitrR05uZWxYcEtvTzcvZGpoUT09)

Online Mtg ID- 8834 535 8086 Password = SDCoda

Attendance: (21) Sharleene, Mika, Michelle, Laurine, Nancy, Jimi, Csilla, Erin, Diane P., Ken, Debra, Emily, Jim W, Laurie S., Tina, David, Robert L., Leslie, Jonathan. Visitors: Tony A. (Kumeyaay, fr Serenity mtg at Twiigs, Dan M. (Lake Murray mtg)

The meeting was called to order at 10:02 am by Sharleene, Community Representative. All welcomed. The CoDA Opening prayer was recited. Attendees introduced themselves, their position (Group Service Representative, GSR, officer or chairperson) and their meeting. The meeting purpose & function were read. The meeting serves the CoDA fellowship and carries the message to those who suffer. The meeting coordinates intergroup recovery, serves as voice of the group to state & national organizations, provides information and starter materials to new groups. All the steps, all the traditions, as required by CoDA tradition, and service concepts were read.

Officer/Chairperson Reports:

10' report by Regional Rep.', 5' by other officers and Chairs.' A total of 8' for GSR's.

Chairperson, Sharleene (Shar) L.: Shar's new email is SDCcoda.zoom@gmail.com.

Alternate Regional Representative, Diane P.: reports on CoDA Regional meeting held Saturday Sept. 3, 2022, (10 am -1 pm) from Aaron's notes. Tuy (pronounced Twee) is SoCal Coda Regional Chair.' She announced 12-3-22 is next mtg, hybrid. The in-person location is in Culver City and online. Diane will attend online. The **Secretary & Alt. Delegate are SoCal Regional open positions.**

The Regional Treasurer reports SoCal Regional is \$500 ahead for the year. Outgoing Treasurer reported and new Treasurer was there also. They overlapped which Diane thought was a good idea for us.

The Corresponding Secretary is outgoing and our Gary J. is the new Corresponding Secretary.

Webmaster -we will be accepting a new website. Lisa is incoming Webmaster. Joe H. was previous Webmaster, now. He is historian. H&I is looking for H&I sponsor(s). The sponsors can do by phone or email, zoom mostly. Contact Codaworld.org if interested.

SD will host 2023 SoCal CoDA conference in May or June 2023.

Desert Community has problems with Zoom bombers.

Gary J announced the SoCal CoDA 2022 Conference went well. Part of it is working your program.

The International Conference in South Dakota - Delegates - Renee reported SoCal was only one with 3 delegates present. South Dakota provided good hospitality. Re CoDA Teen - conference discussed that it should not be a separate program. Lot of resistance regarding that. Conference discussed / or decided to develop prayers for each tradition in next workbook (green).

There were 30+ motions at the int'l conference. Time was a factor. To look at each, go to CoDA world website, CoDA.org. Sharon is another delegate to Int'l. We will only use CoDA endorsed literature. 30% of CoDA income is from Literature.

Changing to gender neutral language in literature. Must be approved by Board first tho.'
Change 'Committee workers' to 'Service Workers.'

Some Committees are ending - like Translation & Events Committee.

SoCal Regional voted NOT to keep the OCcoda.org domain name. Vice chair will make by law change for this. (Joe H., SoCalCoDA Webmaster, explains that at last SoCalCoDA regional meeting, the group was deciding whether to renew the domain name for Orange County CoDA (occoda.org). Since OCCoDA basically disbanded/disintegrated several years ago, SoCalCoDA decided 2-3 years ago to renew the occoda.org domain name as a placeholder for their intergroup. The occoda.org domain name is due for renewal in late 2022 or early 2023. The SoCalCoDA board decided to let Orange County be self-supporting and renew the domain name if they desire, are willing, and act on their own.) //End of Regional Rep' report.

Shar' - FYI, there's an email from CoDA.org that went out to form an Intergroup for phone & Internet meetings. That email is legit.

Alternative Community Rep', Sonya P: Not Present. no report

Alternate Regional Rep,' Diane P: reports for Aaron. See above.

Recording Secretary, Laurine: [Big thank you to Sonya P. for doing August minutes]

Parliamentarian, Michelle: Please put discussion items & motions (vote) in chat.

Treasurer, Erin: Our total assets as of end of August 2022 are \$24,084.11.

August Income: \$906.86

August Expenses: \$685.43

7th tradition, year to date: \$3629.64

Checking: \$11,850.50

Savings: \$7602.30

Total Assets: \$24,084.11 ?

Year to date, neg \$12 ,000 (just in literature) .??

Erin worked with Michelle B on Quickbooks. Made corrections on older records. Erin says there's a lite at end of tunnel for her as Treasurer.

=====

Literature, Gary: - For August 2022 , **Aug sales ? /June Sales-\$375.00**; Petty Cash- \$110.00; Core Orders- 2 for a total of \$670.43; Inventory- \$3491.57; **Aug. Deposits ? /June Deposits-\$0.00**

Newsletter - Csilla: Shar- encourage your meetings to look at the newsletter, chock full of info, updates, sponsor info, Healy- coordinator for starting step studies.

[SD CoDA Newsletter found at <https://www.sdccoda.org/newsletters/> Contact Csilla for any newsletter submittals at newsletter@sdccoda.org. Deadline - by 25th of month before.]

Activities: OPEN, no report

Webmaster, Joe H.: Send website submittals to him at webmaster@sdccoda.org.

Meeting List Chair, OPEN. Send meeting changes to meetings@sdccoda.org Joe H. is temporarily doing meeting list updates. Thank you Joe!

Workshops, Panels, and Seminars, OPEN : no report

Activities, OPEN : no report

Public Information Mail, Sonya P: not here but sent all mail to Erin.

Public Information Phones, Gary: not present. No report.

Hospitals and Institutions (H&I), Mika: She has persons interested in being sponsors at H&I. Debra has question - re jails. Suggested to go to CoDA.org,' go to H&I, paragraph about H&I, jails.

You can be a CoDAsponsor in jails thru world web. You do it by snail mail letter, not even email. Shar' points out ev' thing is anonymous. If by mail, addresses of sponsors are not given out. It's meaningful and very wonderful for inmates during COVID.

Outreach Mika: Will receive a bin of Outreach info from last Outreach chair' Laurine O.

Ad Hoc Committee Reports

The Flyer Committee, Ad Hoc, Michelle: no report.

Liability Insurance Ad Hoc, Laurine: no report.

Community Meeting Google doc' Notes, Ad Hoc, Elisa: No report. . Any questions contact Elisa(203) 524-3222, elisainrecovery@gmail.com. Elisa's Google doc link: *Notes for San Diego CoDa GSRs (and Other Members who want to share the message)*

GSR Meeting Reports

(To report items of interest, issues, questions.) 8’ total time, 2’ extensions. If you speak, iD your mtg please.

CoDA Step Meeting, Jim W. (WW602): - will change meeting format wording to gender neutral. Re gender, “he- she” to “people.” They voted to wait till World CoDA acts. It’s already voted at the International Conference. Check the website. It’s among the 30 motions. Diane says her meeting’s waiting till World Board approves. It’s on Board agenda, but Diane doesn’t know when. Once World Board approves officially, it’s up to individual Meetings to change to gender neutral wording in their readings.

CoDA Warriors, Jimi P. (WW406): meeting going well.

Serenity Seekers, Debra (CA1289): “God boxes” - meeting made boxes, w stickers, etc. for affirmations, steps. May be a workshop at the 2023 SoCal CoDA conference.

Escondido Sat’ Morning, Laurine (CA0137) : if you need a Saturday morning (9:15 am) meeting in North County, Escondido (virtual and in person).

Joy is in the Journey, Robert L (WW700): meeting for 5 weeks so far. Based on Coloring Book book. Based on joy based things - music, etc. Online only.

Women’s Truth & Recovery, Tina (CA1247) : is well organized. Redid their meeting script. Tina has been GSR a long time. She is now the backup GSR. New GSR is coming on.

Sunday Serenity Meeting, Emily (CA0857): - has comment & question - The group is changing. Group conscience is deciding to divide into Virtual and In Person. It only occasionally meets on Hybrid. Emily is the Virtual/Online Serenity mtg GSR. Does the in person meeting need their own GSR ? Shar’ will speak to them.

[Morning Miracles Mtg, Mika (for Bea) (WW590):

Nancy M. , Not Just Beginners (CA0228): -

Elisa, Empowerment Through Recovery (CA1316):

Serenity Seekers mtg, Debra (CA1289):]

Meeting breaks at 11:03 am, 10’ break.

=====

Meeting resumes at 11:15 an

Friday Encinitas Seaside Mtg. David B (CA1277): - no report.

End of Group Rep’ reports. //

2d part of meeting

Parliamentarian, Michelle B: Michelle explained that the Community Meeting is conducted in accordance with the 12 Traditions, Group Conscience, and Parliamentary procedures developed by our groups & Roberts' Rules of Order. Any member in CoDA is welcome to attend this meeting and address the group but only GSR's, most officers, & Chair's may present motions, second motions and vote. Add any motions or discussion items to Zoom Chat.

The monthly Community meeting has two parts. First consists of officer, regional rep' & chairperson reports; and Group Service Representative reports of their meetings. In second part a roll call establishes whether a quorum is reached. Quorum is when 30% of the total number of meetings has a representative at the meeting. Minutes from previous meeting are approved or not. The second part is old and new business where motions and discussion items are addressed.

Michelle, parliamentarian, points out that she cannot make motions. Others will pass for acceptance of minutes and adjournment of meetings, etc. She asks Secretary to make motions for minutes approval, etc. .

Roll Call & Quorum. San Diego Community has 30 meetings. Need 10 voting members for 30% quorum. Roll call was taken and quorum was met by 15 voting members.

This meeting – (15) Laurie, Laurine, Beth, Tina, Debra, David, Diane P., Jimi P., Mika, Nancy M, Jim W., Robert, Emily, Beth, Csilla,

Non voting ,Shar - Community Rep,' Michelle B.-Parliamentarian; Visitors -Dan M.(LaMesa Monday Nights), Tony (Sun Serenity, Warriors), Ken, Jonathan.

Motion. Laurine moved to approve August 2022 minutes. Mika seconded.

VOTE: 10 yes, 0 No, 2 Abstain. **The motion passed.**

Michelle reiterated the procedure for submitting motions and discussion items (put your Discussion items and Motions in Chat). For motions & discussion items 2' to present, 5' discussion. Please keep questions and comments concise.

Old Business:

1) **Discussion - Update your Meeting Info.** Important to update your contact info, and status. Put in chat or send to Shar's new email, SDCcoda.zoom@gmail.com.

2) **Discussion - Outreach for GSR's in our contact list.** Shar sends a blank agenda to new GSR's for ease of taking notes at the Community meeting. She sends it out in a separate email w/ flyers, and other useful info. It can also be sent with the contact list that goes out.

3) **Discussion - Can we count the WW— virtual/online meetings in our meeting quorum count?** Absolutely **Yes** Shar says. Bryna brought this up in a previous meeting and contacted CoDA World. Shar also contacted CoDA World and talked to a woman who does the meeting listings. (Robert says it is Joan) If you have questions about listing your meeting, which you do online, she will answer.

There are no CoDA police, so you can go where you want (In-person, virtual, hybrid). A WW- - meeting no. is for online. CA- - no's are the original in-person meetings. Lot of meetings haven't shifted to WW no's tho' they are online. **THEY DO NOT HAVE TO.** Hybrid meetings

have a CA no. Shar - there are split meetings that carry the same no. and same name. It's being worked out in this transition.

Miscellaneous: Diane - Unless you are a hybrid, if you want to be online with world connections, you must have a new WW no. Mika - her mtg gets int'l attendance but it's not as intimate. Shar's home, Loving Support, doubled from 20 to 44 when it went virtual/ online.

Ken questions the meetings listed on Coda.org Ken attends 2 meetings not on CoDA.org meeting list. He's tried to list it at World several times and no response. [Others have commended World CoDA's quick response for meeting listings & changes] Tina asks, do his 2 unlisted meetings need to contact World and change from the in-person CA no. to WW online no. ?

2) Discussion. SoCal 2023 conference - 2' to present. 5' to discuss - in May or June. We are starting now if we do conference in-person. Need a venue, a location.

Positions to Fill - note email address. Michelle B. volunteered to be Treasurer of SoCal conference. Nadine to do flyers, graphics. Michelle - did a registration form. Send volunteer candidates to: ----- Michelle asks can positions be filled by non San Diego (SD) people? People can be from anywhere. Those outside meetings fr SD can be contacted & informed re the Conference.

Robert - what is the ball park of time involved? Depends on Committee, which are autonomous. Typically - 1 meeting every several months, then more often as time approaches - then 1/month, 1/week.

Motion. Diane moved to adjourn. Laurie seconded.

VOTE: 12 yes, 0 No, 0 Abstain. **The motion passed.**

Shar- thanks to all in the process. We are trying to reach the codependent suffering and trying to find us.

Respectfully submitted,

Laurine Ota, Recording Secretary, September 17, 2022

Link to these minutes on Google doc-

<https://docs.google.com/document/d/1VrqMY6JRHCDZ1iy2cv07popk4TLNbw7k2j-tx5yJnRA/edit>