

**Minutes of the San Diego County CoDA Business Meeting (Revised)  
January 21, 2023**

**Present: Officers/Chairs - Sharleene, Michelle, Sonya, Erin W., Mika, Joe, Laurine, Csilla Aaron L. [8] GSR's - Nadine, Jim W. Rose Marie, Dominic, Abby, Bryna, Robert, Dani, Jimi, Wendy, David, Beth, Marilyn, Wendy. [14]**

**Visitors - Tina H., Tony [2]; 24 Total Attendance**

**The Meeting was called to order at 10:00 a.m. by Sharleene, Community Rep. Attendees introduced themselves, their position (Group Service Representative -GSR, officer or chairperson) and their meeting.**

**Sharleene, Community Rep:’ The meeting purpose & function were read. The meeting serves the CoDA fellowship and carries the message to those who suffer. The meeting coordinates intergroup recovery, serves as voice of the group to state, national, and world organizations. It provides information and starter materials to new groups. The traditions were read. Nadine read the Service Concepts. Abby read all the Traditions.**

**OFFICER / CHAIR’ REPORTS**

**The after meeting last month, 12-17-22 discussed how to deal with “bombers”- persons who join the Zoom meeting and cause disturbances. It will be a discussion topic at a future meeting.**

**Shar, Community Representative:**

**Ending Church rental association (18 years) with Mira Mesa Presbyterian Church - Shar returned the church key with a thank you card . Asks Treasurer to remove church from auto pay. Laurine will bring a nice plant for the church as thank you.**

**Someone working in mental health treatment from Chicago contacted us, San Diego CoDA. They are looking for individuals to tell their CoDA story and answer questions. Shar is sending this to Mika Outreach Chair.’ If you get such requests from organizations refer them to Mika. It falls under “Outreach.”**

**Sonya, Alternate Community Representative: no report.**

**Sonya, Public Info’ Mail: all mail collected and sent to Erin W, Treasurer. Mail included 3-4 Seventh traditions and bank statements.**

**Laurine, Recording Secretary: December 2022 minutes were sent out Monday and Thursday this week. Look at the Thursday minutes with Treasurer, Literature and Webmaster reimbursement numbers added and updated Community contact list.**

**Michelle, Parliamentarian: This is her last meeting as Parliamentarian. Michelle did a summary of Community meeting’s motions (votes) of her term (2022) except a few. Also, she took last 10 yrs of motions and categorized them by topic! Community Rep’ Shar gave big thanks to Michelle for collecting and categorizing the motions.**

**According to By-laws the Community Meeting is conducted in accordance with the 12**

Traditions, Group Conscience, and Robert's Rules of Order, Parliamentary proceedings by the Group. 2 parts to the meeting. Officer, Chair', and GSR reports in first part. Second part is old and new business, motions/ discussions.

Today's meeting focuses on new business, the elections. Maybe no time other business. GSR's may report at end of meeting, if time.

Any CoDA member is welcome to attend this meeting and address the Community. However, only Group Service Reps (GSRs) and most officers and chairpersons can offer a motion, second a motion and vote. Each has a voice so they are encouraged to discuss and vote. If they have a motion or discussion item, write it in the Zoom chat box.

Quorum is established at the beginning of 2d part by a roll call. Quorum is reached when 30% of the total number of meetings has a representative at the meeting. Anyone having a motion or discussion item is encouraged to write it in the Zoom chat box.

Erin W., Treasurer: Numbers from end of December 2022 for January 2023 report.

Checking: \$13,430.32; Savings: \$7,602.66; Total Assets: 21,033.08; Month of December Income: \$1038.00; Month of December Expenses: \$783.00; Year to date net Income for December \$513.17 +.

Caveat though is payment due to Joe, Webmaster for about \$800. So we are at minus approximately \$300, which is good.

Question is how to pay Joe. Erin says there are 4 signers but Gary J. is only registered signer in country. Possibly Erin and Gary can sign the check. The 4 signers are the Community Rep,' Alternate Community Rep,' Secretary & Treasurer. 3 remain the same from 2022. Treasurer changes in 2023. FYI our Union Bank will be renamed shortly to US Bank.

Erin paid Liability insurance in full, \$438.00 on 12/20/22 (as we did last year) though they bill us month to month. She has a paper copy of the policy. She will send that to Laurine as she requested.

The new treasurer will decide whether to use Quickbook. Cost is \$320.00 in 2023. It can be canceled and reimbursed to the Community.

The past 3 treasurers, Erin, Gary, Michelle, put together a more detailed one page listing of Treasurer duties from the current basic one.

Aaron L, Regional Rep: - SoCal Regional has quarterly meetings. Last was rehash of previous meeting's items. 3 Open positions: Recording Secretary, 2d delegate to Coda World Conference and Chair' for H&I (Hospitals & Institutions). Secretary just does once every 3 months for 3 hrs. Can do the minutes from home because of Zoom.

SoCal Webmaster is working on website. May not be up yet. You can donate electronically to SoCal soon hopefully. Nxt mtg is Mar. 4, 2023, 10am-1 pm, Hybrid, in Culver City in LA.

Someone asks how long is term? 2 yrs Aaron thinks. Csilla points out they have been looking for Recording Secretary all year, so the term only has 1 year.

Wendy asks who to contact to volunteer for SoCal positions. SoCal contact information - Thuy (pronounced Twee) K., SoCal Regional Chair', 562-208-5553, [chair@socalcoda.org](mailto:chair@socalcoda.org)

#### **Alt. Regional Rep: OPEN**

**Gary, Literature:** Not present but he sent numbers thru Shar. December 2022 Sales and Deposit are \$433.00; Petty cash is \$110.00; CORE order was \$25.75; Inventory is \$2,817.40. Sales for year are \$406.27.

**Gary, Public Info, Phones:** Not present but Shar' reports for him. 10 calls.

**Joe H., Webmaster:** Updating web. Just posted the SoCal conference flier. Joe says he may "flower-ize" it, i.e. add "bells & whistles." Website users download the CoDA meeting list 1,200 to 2,000 times monthly. That is the website's most important service. Joe will attend the SoCal conference planning meetings. The Wed' before Community meeting is the SoCal Conference planning meeting.

Shar asks Joe to post the still OPEN positions after the election. Again expresses appreciation for his good work, welcoming attitude.

**Csilla, Newsletter:** Again, you are encouraged to share your CoDA Moment writing your experience, strength and hope for the newsletter. Also, read them for your recovery. Laurine adds it can be part of your Recovery. You can send your share anonymously. GR's please ask your meetings for their CoDA moments. CoDA Moments can also be found on CoDA World website, [www.CoDA.org](http://www.CoDA.org). Csilla thanks group for letting her be of service. Email newsletter submissions to [newsletter@SDCCODA.org](mailto:newsletter@SDCCODA.org). Re newsletter deadline, send items by the last week up to almost the end of the month.

**Mika M., Outreach Chair:** - looking for NAMI (National Association of Mental Illness) booth at the San Diego Fair this year to work with. Michelle suggests Mika email an electronic copy of the one page CoDA outreach flier with tear away phone/web info' to all GR's and officers. Everyone can post it in their neighborhood - Alano clubs, public libraries, doctor offices, store bulletin boards, rec' centers, post offices. Dani suggests add flyers to newsletter for people to print any time of year.

**Laura, Activities:** Not present. But Shar informs that Laura is planning events.

#### **AD HOC Reports**

**Laurine O., Liability Insurance Coordinator, Ad Hoc:** A question came up if a Step Study group meeting in different location, time as a registered meeting is covered by the Community's Liability Insurance. [Laurine had suggested they register as an official meeting] Is SD CoDA Community's participation in the June 2023 SoCal Conference covered? [Yes, by venue required insurance] Probably a discussion item. If you need insurance certificates for your landlord, have your meeting GSR contact Laurine O., 858.733.0111 text or call.

In 2d part, Shar' answers 2 questions on Non-Profit and Liability Insurance: 1) No, SD

CoDA Community is not Non-Profit. Does not have a Non-Profit number: 2) Yes, we have Liability Insurance and can provide a certificate.

Shar' asks if meeting is comfortable with doing GSR reports after the elections.

Joe moves.

Meeting breaks mid-morning at: 10:50 10' break - be back at 11:00

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The meeting resumed at 11:01 am.

**Robert L., SoCal Conference Chair,' Ad Hoc:** [also Michelle- Treasurer/ Registration; Nadine - Art & Design; Dani - Food Chair'; Tony - Tech' Chair'; Venue Coordinator/Sec' - Shar; Workshops & Speakers - Tina; Volunteer Coordinator- Rebecca.]

Theme "CoDA: It's a Journey, Not a Destination... are we there yet?" The Conference location is Marina Village, next to Mission Bay. GR's please ask your meetings for concepts, ideas for workshops and to volunteer as a group. Want to get groups involved. "Save the Date" and "Asking for Volunteers" flyers coming soon.

To volunteer, email [arewethereyet023@gmail.com](mailto:arewethereyet023@gmail.com) or on electronic conference flier, click on QR code (Quick Response code - small square with black and white pattern). It opens up the Volunteer sign up form. **IMPORTANT** - Shar asks any volunteers to click on the QR code, fill out the form listing jobs you will do so Committee can coordinate the work required to do the Conference. Shar asks Joe to list the still open conference Chair's on website.

The SoCal conference committee meets the 3d Wed' of month, 5 pm few days before Community meeting on 3d Saturday. Email [arewethereyet023@gmail.com](mailto:arewethereyet023@gmail.com) to attend conference planning meeting.

### **2nd PART OF MEETING**

Parliamentarian, Roll call: It was determined we have 30 meetings. 30% quorum is 9. Roll call was taken and quorum was met by 19 voting members. The procedure for submitting motions and discussion items is to submit it in the Zoom chat.

Approval of the minutes: Laurine moved to approve the December minutes as presented. Robert seconds .

Vote 17 Yes, 0 No, 2 Abstain. Motion passed to approve December 2022 minutes.

### **New Business**

**ELECTIONS** - Requirements for officer & chairperson candidates: Active 1 yr in Coda, familiarity and commitment to 12 Steps & Traditions. Attend last 4 Community meetings. If not, start as acting officer. Become actual officer once attend 4 meetings. Today's terms are for 2 years. Robert asks those in current positions for partial terms - to say how long they have been serving in positions.

Shar - half the Community positions are up for election in odd years for 2 year terms; half are up in even years for 2 years. Most of the positions today start in the odd year. If candidates served a year or year and half, they can run because they have not completed a full term. Candidates are prohibited from running if they served 4 consecutive years in any position unless Community votes to set aside the rule.

1st positions up for reelection are ones where the candidate filled a partial term last term. We ask if they are willing to serve the next full term. Besides the first person who volunteers or accepts nomination, Parliamentarian, Michelle, asks if anyone else is interested in position. Also, Robert L. asks that those who filled position in previous term say how long they served before starting this term. Shar says because of COVID some did not complete a full term. But they can still run for a full new term.

Alternate Community Representative' - Sonya willing to serve the next full term. Was elected Sept, 2021. So served for 1 - $\frac{1}{4}$ . year. Alternate Comm. Rep.' Csilla moves to nominate Sonya as Alternate Community Rep.' Mika seconds. 16 Y, 0 No, 3 Abstain. Motion passed to elect Sonya Alternate Community Representative.

Zoom Procedure note: Michelle is not using the automatic poll app' because it was inconsistent. Did not show in some persons' screen in the meeting earlier.

Alternate Regional Representative: Tony Has been in CoDA 2- $\frac{1}{2}$  yrs. Has been increasing his service work. Has been to the SoCal Regional meeting so is familiar with that service arm. Visited other meetings including ours. Nadine asks, can you be GSR and Alternate Regional Rep.? Yes. Tony asks if Aaron completes his term, is he automatically the Regional Rep? Answer - No.

Nadine moves to nominate Tony. Robert seconds.

17 Yes, 1 No, 1 Abstain. Motion passed to elect Tony Alternate Regional Rep.'

Nadine asks can you be a GSR and officer? Yes.

Recording Secretary: Laurine O. Laurine willing to serve the next full term. No one else interested in running. By-laws prohibit serving more than 4 years continuously in this and / or other position (Laurine was Parliamentarian - 3 years, Recording Secretary 1 year - 2022). So Group Conscience votes to set aside this rule.

Mika moves to set aside this rule and nominate Laurine as Recording Secretary. Joe seconds.

17 Yes, 1 No, 1 Abstain. Motion passed to elect Laurine O. as Recording Secretary.

Treasurer: Michelle B. - currently filling an even year starting position (Parliamentarian). Has been parliamentarian 2- $\frac{1}{2}$  yrs. She regrets leaving this position because she has learned and gained so much. Michelle volunteers as Treasurer candidate. No other candidates.

She has definite ideas about the position. She feels we do not need to use Quickbook or anything difficult. The Treasurer needs to check the bank statement, record amounts, plus and minus. Thanks to all the groups who do 7th tradition. Qualifications. In CoDA 7 years. Extensive background in accounting. She served as Community Treasurer in the

past and she is the now the SoCal Conference treasurer.

Joe moves to nominate Michelle. Sonya seconds.

19 Yes, Unanimous. Motion passed to elect Michelle B. as Treasurer to finish out the term for 1 year.

Parliamentarian: Robert L. Attendance is important. Michelle only missed 4 meetings in her 3 years as Parliamentarian. Follow Group Conscience, By laws, & Traditions. Keep meeting moving. there's only 1 year left on this term.

Robert volunteers as candidate. No other volunteers. Robert is letting go of some obligations so will have time to take on Parliamentarian. Conference chair wraps up in June. He's clear about job requirements.

Nadine moves to nominate Robert. Abby seconds.

19 Y, Unanimous.. Motion passed to elect Robert Parliamentarian,

**Workshops, Panels & Seminars Chair:: OPEN** It's an even year position start. 1 year left in the term. No need during COVID but will ramp up now with lessened in person restrictions. No volunteers or nominations.

Public Info Mail, Sonya willing to serve the next full term. Very convenient because she lives nearby. Has served 2 years already.

Robert moves to nominate Sonya. Nadine seconds.

17 Y, 0 No, 2 Abstain. Motion passed to elect Sonya as Public Info Chair.'

Public info,Internet (Webmaster): Joe H. Joe willing to serve the next full term. served 1 yr, previously for pay, "hired gun."

Csilla Csilla moves to nominate Joe as Webmaster. Robert seconds.

18 Y, 0 No, 1 Abstain. Motion passed to elect Joe H. as Public Info,' Webmaster.

Outreach Chair: Mika M. Mika willing to serve the next full term. Has been serving for the past 6 months. Position elected in odd years, so term is for 2 years. [she is willing to continue as H&I also)

Debra moves to nominate Mika. Rose Marie seconds.

18 Y, 0 No, 1 Abstain. Motion passed to elect Mika M. as Outreach Chair.'

Newsletter chair': Csilla Csilla willing to serve the next full term. Served as newsletter chair 21 months served as Newsletter Chair after. Probably other officer/ chair service before this. Anyone else interested? No.

Robert moves to nominate Csilla F. Debra seconds. Csilla accepts.

19 Y, 0 No, 0 Abstain. Motion passed to elect Csilla F. Newsletter Chair.'

The meeting is at 12:00 pm. Sonya moves to extend meeting 15 minutes. Nadine seconds.

17 Yes, 0 No, 2 Abstain. Motion passes for meeting to extend 15 minutes.

**Meeting List Coordinator/ Chair: OPEN.** updates meetings. Joe is acting Meeting List

Coordinator. Isis was last Coordinator during COVID. If someone wants to do, Joe can walk them thru. Laurine gives "Shout out" to Isis for doing a good job. She had to establish the electronic versus in-person meeting status and many things during a time of change because of COVID. Getting info' from a contact was a challenge then. Paved way for Joe.

Joe willing to subsume this job into Webmaster's job. Shar says one person to handle meeting changes, makes process simpler & efficient. Michelle requests to table discussion. New Parliamentarian will discuss this item next meeting. Position NOT filled.

**Concludes Elections!**

Shar - next month's discussions or motions will include: a) Meeting List Coordinator - is position needed?; b) filling the last open position, Workshops, Panels, Seminar Chair'; c) provide guidance re "Bombers," unwanted attendees with bad behavior; d) authorizing new officer signers for bank documents (checks, etc.)

### GSR Reports

Marilyn- reiterates Sun' "Serenity..." meeting is not hybrid. It's split in 2, virtual and live. (Marilyn is live/in person meeting GSR)

Rose Marie - Sun' afternoon "Not Just for Beginners" meeting hopes to do hybrid once a month. Twiggs offered their location.

Question - Does Twiggs (coffee shop location of Sunday Serenity meeting) have equipment for hybrid? No. Rose Marie asks, can I purchase equipment? Twiggs has a screen that AA provided. Sunday Serenity was going to ask use but didn't follow up. Shar - if not a large meeting, can use a laptop. Its a large room, 20 people, so needed a mic'. (a mic' can be provided separately to use with a laptop)

Mika for Wed. am - getting new GSR. Needs to know who to inform.

Laurine adds to contact her if meeting needs insurance certificate.

Abby - Her women's meeting decided not to go worldwide. Very happy w/ decision because it's a women's only meeting and a lot of intimate sharing goes on.

Jim W. for meeting WW651, change GSR from Rick to Wiil C. Sending message to Laurine.

Laurine moves to adjourn meeting; Robert seconds.

19 yes, 0 No, 0 abstain. Unanimous. Motion to adjourn passed.

Meeting concludes at 12:17 pm. Shar leads out with Serenity prayer. Please stay after for any questions.

Respectfully submitted

Laurine Ota, Recording Secretary,