

# Minutes of the San Diego County CoDA Business Meeting

May 20, 2023

Present: Sharleene, Mika, Robert, Gary, Amanda, Tony, Jimmy, Jim, Will, Tina, Sarah, Csilla, Joe, Laura, Cindy, Rosemarie, Anita, Abby, David, Marilyn

The meeting was called to order at 10:00 a.m. by Sharleene, Community Rep. Attendees introduced themselves, their position (Group Service Representative, GSR, officer or chairperson) and their meeting. The meeting purpose & function were read. The meeting serves the CoDA fellowship and carries the message to those who suffer. The meeting coordinates intergroup recovery, serves as voice of the group to state & national organizations, provides information and starter materials to new groups. The fifth Tradition and Service Concept were read.

## Officer/Chair Reports:

Sharleene, Community Representative: Shar asked that anyone who didn't receive the agenda and/or reminders via email to please put their contact info in the chat so they can be added to the monthly contact list.

Robert, Parliamentarian: Robert explained that the Community Meeting is conducted in accordance with the 12 Traditions, group conscience, and Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. However, only Group Service Reps (GSRs) and most officers and chairpersons can vote. A quorum is reached when 30% of the total number of meetings has a representative at the meeting. Robert also said that anyone having a motion or discussion item is encouraged to write it in the Zoom chat box.

Michelle, Treasurer: Not present. Sharleene reported on Michelle's behalf, a checking balance of \$10,422.09, a savings balance of \$7,602.48, petty cash balance of \$110.00 for a total of \$18134.93. Income was \$0.00 and expenditures were \$1008.66. The detailed report has been attached at the end of these minutes for further review. Sharleene also mentioned that the PO Box rent is now due along with our annual Zoom payment. Additionally, Sharleene reported that Union Bank does not offer Zelle for business accounts but US Bank, which Union is transitioning to does. Zelle will be set up once that transition is complete. Sharleene also passed on a request from Sonya for GSRs to please ask their treasurers NOT to send 7<sup>th</sup> tradition via certified mail as there is no one to sign for it, please just send via regular mail to our secured PO box address.

Aaron, Regional Representative: Not present

Tony, Alt. Reg. Rep: Tony shared a PowerPoint with the group from the last SoCal meeting. Highlights include: Thuy is stepping down as chair, Sam is looking for speakers for an Orange County meeting, SoCal has reported an increase in donations and has set up a Zelle for digital donations that can be accessed via Zelle with the contact: [chair@socalcoda.org](mailto:chair@socalcoda.org). There are eight service positions at the regional level that will be up for election at the Assembly at the SoCal Conference. SoCal is in the process of debuting a new website but it is not quite ready yet. Tony also shared the intergroup reports from the meeting. The Powerpoint is included at the end of the minutes. Csilla was under the impression that Aaron had taken the recording secretary position and was looking for clarification. Gary responded that both Aaron and he have been "filling in" the current term and can stand for election at the Assembly if they wish. Anita asked for confirmation on when Thuy is stepping down. Sarah asked Tony to post Bryna's contact information in the chat.

Gary, Literature: Gary reported sales of \$55.00, Petty Cash of \$110.00, 1 CORE order for \$931.85, a sale to H&I for \$48.00. Gary did not record the inventory amount this month. Gary mentioned that he

has been preparing for the upcoming conference so that we have plenty of inventory for those days. David inquired about the “free” pamphlet. It requires a revision and Joe created it and had not revised it. Mika asked about a new edition of a workbook, Gary did not have any information on that. Joe asked Gary to send the changes to the pamphlet and he can then make the adjustments. Sharleene also mentioned that there has been discussion about changing the phone number on the pamphlet as well and that has not yet been resolved.

Joe, Webmaster: Joe reported that he has been doing self-training on updating our website and will share possible changes in the next few weeks. He has been asked by Tina to do a eblast for more volunteers for the conference and that will go out in the next few days. Will asked if there is any intergroup communication between the various webmasters in the SoCal region. Joe responded that yes, sometimes but not regularly.

Csilla, Newsletter: Csilla reported that the May newsletter is on the website. GSR’s please remind your groups that it is on the website. She is still looking for submissions for the CoDA Moments section. Submissions are due by the 25<sup>th</sup> of the month. Abby inquired if submission information is on the newsletter and Csilla confirmed that it is. Sharleene mentioned that there is a July camping trip in the works and Aaron is the contact for that.

Laura, Activities: The last bonfire had 12 attendees. Hoping for more attendees for future activities. There was a pot luck after the last speakers meeting and Laura would like to plan another one for a future meeting.

Workshops, Panels, and Seminars: Open

Sonya Public Info Mail: Not present. Shar reported that all mail has been sent to Michelle.

Gary, Public Information Phones: Gary reported 8-10 calls this month. There were a range of reasons for the calls but this service really helps people find meetings.

Mika, Hospitals and Institutions & Outreach: Mika reported that the most recent outreach occurred at Sober Life Recovery Solutions. Mika did an in-person initial presentation and Gary assisted on a follow up Zoom. She felt as though the many questions that were asked really helped people and that they will now make use of the information they received. Mika also thanked Bryna for assistance with adjusting a one-sheet handout about CoDA. Shar asked that if anyone is interested in receiving the document, they connect with Mika via the chat. Robert asked if SDCCODA provides literature to these groups and Mika confirmed that Gary put together a packet of pamphlets as well as a Blue Book for them to keep.

Sharleene interjected to let the group know that it was 11am and that our time for the first half of the meeting had technically finished. She asked for a group conscious to continue with the reports and postpone the break until after they take place. 11 voted to continue reports at this time.

GSR reports: Robert reported that the Saturday Escondido meeting is suspending due to lack of attendance at this time.

Amanda, Abby, Tony, Sarah, Marilyn & Cindy all reported healthy, thriving meetings.

Conference ad hoc: Robert reported that the conference is in two weeks at Marina Village. The Eventbrite link for registration is live on the SDCCODA site but not on the SoCal site. Volunteers are still needed for Sunday. Anita shared a flyer for an in-person fellowship opportunity for Friday night after the opening of the conference at the Mission Bay Beach Club. People are encouraged to bring

food/snacks to share and there will be heaters. The planning group is also encouraging other in person fellowship for those that can't make this one. Sharleene included the flyer for the Mission Bay event with the invitation for this meeting.

Break was called at 11:15am

The meeting resumed at 11:22am. It was determined that we have 31 meetings. Roll call was taken and quorum was met by 10 voting members. Robert reiterated the procedure for submitting motions and discussion items.

Approval of the minutes:

Laura moved to approve the April minutes as presented. Csilla seconded.

VOTE: 13 yes, 0 no, 2 abstain. The motion passed.

#### **Old Business:**

1. Seminar Saturday Recordings - Joe requested to table until next meeting.
2. Zoom bomber workshops - Robert putting out a call to GSRs for bomber training next Saturday, the time has yet to be determined. It will be recorded and posted on our website and sent as a link as a reference for any meeting having this issue.

#### **New Business:**

1. Ideas for cheaper rent location for seaside meeting. David's group is unable to make the rent that the church has raised it to. He is looking for an alternative location but all have been around the same cost or required a contract. Laura suggested that libraries are often free so maybe check the libraries in your areas. Rosemarie suggested that the SeaCoast Community Church does a lot of meetings and charges \$1.00 per person. Sharleene reminded that the Community can provide a copy of liability insurance at no charge. Laura also suggested a park as an alternative location. Robert suggested Dove Library and Senior Center on Adams Drive in Carlsbad.
2. Reimbursement for Zoom renewal - Sharleene reported that it has already renewed and is looking for reimbursement for the cost of \$149.99 that posted to her personal card.

Mika moved to reimburse Sharleene the amount of \$149.99. Csilla seconded.

VOTE: 15 yes, 0 no, 0 abstain. The motion passed.

3. Approve access to funding for conference - Robert asked that any funds paid for by personal account for the Conference Committed be reimbursed. There are funds allocated in the budget for that amount. This vote is to allow reimbursements approved by the conference chair. Michelle sent in a statement agreeing with the reimbursements. SoCal will also possibly donate back to San Diego to help with conference expenses. Gary asked that any money not used will be returned and that was agreed. Csilla asked for clarification on the SoCal donation. Robert clarified that SoCal has already helped with payment of the venue rent and that expenses can be submitted to SoCal but their reimbursement timeline is over three weeks turnaround and the conference is in two weeks. The conference is possibly a moneymaker and any profit will be split between SD and SoCal, which would potentially completely pay back this allocation of funds from the SD budget. Gary also mentioned that SoCal also pays the expenses related to the Assembly meeting at the conference. Tina confirmed that this is just a reimbursement of an allocated expense.

Gary moved to allow reimbursements of personal monies spent on conference expenses up to a total of \$2,000.00. Rosemarie seconded.

VOTE: 14 yes, 0 no, 0 abstain. The motion passed.

Gary mentioned that Laurine has previously brought up that in past, at this meeting all the traditions were read. Why aren't we reading them now? Sharleene said that she is using the script that was provided for her. We will need to review bylaws and old minutes to answer this question. This item will be carried over until next month.

Gary moved to adjourn the meeting. Will seconded.

VOTE: 14 yes, 0 no, 0 abstain. The motion passed.

The meeting was adjourned at 12:02pm, followed by the Serenity Prayer.

Treasurers Report as of 4/30/2023

**Cash Balances at 4/30/2023**

Checking \$10,422.09

Savings \$7,602.84

Literature Petty Cash \$110

Total Funds \$18,134.93

**Apr 2023 only**

Income

7<sup>th</sup> tradition \$0.00

Interest \$0.00

Literature \$0.00

Total \$0.00 (no income)

Expenses

Activities \$76.81

Literature \$931.85

Total \$1,008.66

Net Loss: (\$1,008.66)

**YTD 2023 (Jan-Apr)**

Income

7<sup>th</sup> tradition \$635.53

Interest \$0.18

Literature \$1,099.10

Total \$1,734.81

Expenses

Rent \$30

Activities \$76.81

Website \$800.22

Literature \$3,835.93

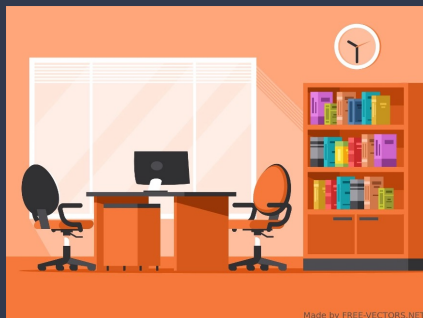
Total \$4,742.96

Net Loss: (\$3,008.15)

# May 6 SoCal Meeting Presentation



## Socal Rep report



Thuy will be stepping down as chair. She is working on finding someone willing to take position.

Sam hosts a virtual speakers Meeting in Orange County. He is looking for Speakers. He translates to Farci. 120 - 160 live participants and 3K listening to recordings. Contact information (310) 895-0516

# Treasury



Treasury has had an increase in donations

SoCal CoDA has over \$26,000

Anna plans on putting together a list of donations by meeting for the assembly

SoCal has a Zelle account - use [chair@socalcoda.org](mailto:chair@socalcoda.org).

# Positions open during conference assembly



- Chairperson (2nd yr of 2-yr term)
- Vice Chairperson (1 yr)
- Recording Secretary (2nd yr of 2-yr of term)
- Corresponding Secretary (2 yr)
- Conference Facilitator (2 yr)
- Delegate 2 (for 2024 & 2025 world conference)
- Alternate Delegate (for 2024 world conference)
- Historian (2 yr)

Website –  
<https://www.socalcodahispana.org/>

Webmaster not present at meeting. No report given.



## Rep Reports



TVCC - they are trying to grow their intergroup business meeting.

Intergroupal Hispana CoDA is an intergroup from Orange County of Spanish Speaking Meetings. They will be hosting an informational meeting on July 5. See Website for details:

<https://www.codahispana.org/>

Los Angeles Intergroup is not sure they want to put on the conference in 2024. They have had trouble with participation.

Desert CoDA - this intergroup is no longer meeting

Coachella Valley - small intergroup of just 3 men's meeting - no rep was present

San Diego/Temecula - I gave my report



# SoCal conference report

Conference is coming up June 2-4

[Link to Eventbrite Registration](#)

- [Links to flyers](#)
- [Volunteer link here:](#)



# Proposed change to Conference Facilitator



A motion was proposed and tabled for further reflection to make changes to the Conference Facilitator position.

Currently Christine holds this position and they act as a liaison to the host intergroup community that puts on the yearly conference which has rotated between San Diego, Los Angeles, TVCC, and the Desert.

Because some of the intergroup communities have not had the volunteers to host the conference, the motion proposes that the position be changed to SoCal Events Chairperson and that this person be in charge of coordinating the conference.

I am looking for your feedback on this. We have postponed the vote for the September 9 meeting.

# Delegates



Delegates are waiting on motions to be published.

They will be purchasing airline tickets and arranging accommodations for CoDA Service Conference soon.

***CSC 2023 will be in Dallas, Tx July 23-27***

***CoDA convention will be July 28-30 in Dallas, Tx***

# Anonymous Stories for conference



Bryna is looking for anonymous stories to be displayed on a slide presentation at the conference showing successful recovery choices.

Contact info: [blb12n12@pacbell.net](mailto:blb12n12@pacbell.net), 619-203-5852