Minutes of the San Diego (SD) County CoDA Business Meeting, June 17, 2023

Present: (22 total) Sharleene, Judy, Debbie M, Laurine, Aaron, Robert, Amanda, Tony, Michelle B., Joe, Laura, Cindy, Marilyn, David B., Chris R, Sarah K, Csilla, Gary, Jimi, Rosemarie, / Kenguest, Adelaide R.-guest.

The meeting was called to order at 10:02 a.m. by Sharleene, Community Rep.' Attendees introduced themselves, their position (Group Service Representative, GSR, officer or chairperson) and their meeting. The meeting purpose & function were read. The meeting serves the CoDA fellowship and carries the message to those who suffer. The meeting coordinates intergroup recovery, serves as voice of the group to state & national organizations, provides information and starter materials to new groups. Michelle read sixth Tradition and Aaron read sixth Service Concept.

Officer/Chair Reports:

Sharleene, Community Representative: Whether to read all or 1 of traditions will be discussed in 2d part of meeting. Also need feedback from GSR's for World CoDA voting issues.

Sonya, Public Info Mail Chair': all mail sent to Michelle, treasurer. Minutes, including 2022 minutes, motions, contact lists were added to our Google drive. If anyone needs flyers or other documents added to the google drive for historical purposes, send to Sonya P. Michelle- please add January to May 2023 treasurer's reports.

Laurine, Secretary: minutes by Sonya sent Thursday. Please refer for approval in meeting's second half.

Robert, Parliamentarian: Robert explained that the Community Meeting is conducted in accordance with the 12 Traditions, group conscience, and Roberts Rules of Order. Any member in CoDA is welcome to attend this meeting and has a voice. However, only Group Service Reps (GSRs) and most officers and chairpersons can vote. A quorum is reached when 30% of the total number of meetings has a representative at the meeting. Robert also said that anyone having a motion or discussion item is encouraged to write it in the Zoom chat box.

Community meeting consists of officer, chairperson and GSR reports in first half and old and new business in the second half.

Michelle, Treasurer: this is thru May 31. Checking account is \$11,200.50; savings not confirmed, but last balance was \$7,602.84. Petty cash is \$110 for literature. Total is \$18,913.34.

May income from 7th Tradition is \$638.10. Literature income was \$2,248.45. Literature expense is \$2,108.14. Net income is \$778.41.

YTD Jan-May, assets is \$4,621.36. Total Expenses \$6,851.10. Net loss is \$2,229.74. The loss is because of conference literature purchase. By June or July the bottom line will improve.

The bank account officially changed fr Union Bank to U.S. Bank now. Accessing our account and straightening out paperwork have been very challenging. Michelle discloses that she is listed as the owner so it's attached to her personal account. This means she could transfer CoDA money to herself. To fix that, Michelle will change herself to a limited signer like the 2 other signers.

No access to savings account yet. Regarding checks and deposit slips, we can still use old ones with

the Union Bank name. Michelle is expecting a debit card soon. We voted a few months ago to use Zelle. Union doesn't use Zelle for business accounts, but US Bank does. Once settled, we can use Zelle for monetary transactions.

Aaron, Regional Representative: his powerpoint report on the 6-3-2023 business meeting at the conference is attached, including SoCal Regional's questionnaire for our feedback on issues for the July 27-29, 2023 World CoDA conference in Texas.

Sat Sept 9, 2023, 10 am-1pm is last meeting of the current SoCal Regional officers. You can add your name to SOCAL website to receive SoCal news. Board@SoCalCoda.org or https://www.socalcoda.org/

Budget reported and approved. There is a \$3,700.00 expected shortfall. To donate to SoCal, send to their Zelle account "chair@socalcoda.org"

New 2023- 2024 SoCal Regional Officers: Chairperson- Anna C. fr Valleys, Vice Chair - Darcy fr LA, Aaron L. - Recording Secretary fr San Diego (been doing for 6 months); Gary J. - Corresponding Secretary from San Diego (also, has been acting), 2024 World Delegate (after 2023's Dallas conference) - Lindsey fr San Diego, 1 of 2; alternate delegate- Linnaea (2 delegates and 1 alternate); Historian- Joe H. fr San Diego (repeating); Treasurer-Michelle B from San Diego; Conference Facilitator- Robert L fr San Diego. Many officers fr SD, 6 of 9.

There's a SoCal motion to change the SoCal Conference Facilitator position (previously Christine). Currently the SoCal convention Chair' is rotated among the intergroups. The move is to change SoCal Conference Facilitator to SoCal Events Coordinator Chair.' The new SoCal Events Coordinator Chair' will chair the SoCal CoDA convention and other SoCal events. Aaron created a questionnaire for feedback.

Aaron's takeaways. See, also, Aaron's June Regional report. May take work away from local communities & teamwork opportunities. Not all communities can do SoCal Conference Chair.' Robert says it's definitely more work for the Events Coordinator Chair' to chair SoCal conference & other SoCal events. He is new SoCal Conference Facilitator and this position change affects him. Laura suggests that if the SoCal motion passes, that current SoCal Conference Facilitator, our Robert L, have chance to decline new position. Michelle requests this as discussion item.

Feedback for World CoDA and this by or before Sep 9, by doing survey. Link in chat.

World Conference is \$50 in person, \$15 virtual, July 23-27, 2023 in Dallas TX.

Tony, Alt. Reg. Rep: No report

Gary, Literature: Gary reported May sales of \$858.25. Petty Cash of \$110.00. 3 CORE orders for total of \$2,108.15. Inventory of \$3,398.35.this month. 3 deposits on June 15th, totaling \$2,248.45. Need account no. to make any more deposits. His no's differ a little from Michelle's because Michelle's no's are based on bank activity. Gary's are actual no's.

Joe, Webmaster: he needs camping information to add to web page and an email blast (e-blast). If anyone else needs an e-blast contact joe at email, sdcodawebmaster@gmail.com

Csilla, Newsletter: June newsletter posted. Includes SD news, SoCal, & World CoDA news. Contact

her at newsletter items. GSR's remind your groups that newsletter is on the website https://sdccoda.org/newsletters/newsletters.php. Take time to deepen your Recovery. Submit a share of your CoDA Experience, Strength and Hope for the "CoDA Moments" section. Submissions due by 25th of the month or Csilla can include in next month's.

Laura, Activities: SoCal Conference potluck after June's monthly Speaker's meeting was well attended. Laura looking into a free movie activity. She will plan activities all over SD county. Hopes for more participation. Activity tonite, info' in chat. Campout July 21-23, 2023. Campout info' sent with today's meeting reminder from Shar.

Workshops, Panels, and Seminars: Open

Gary, Public Information Phones: 8 calls this past month. "How to get to meeting? What do I need to bring? How much cost, etc." Responded to all. Public Info' Phones really helps people find meetings.

Mika, Hospitals and Institutions: report next month. Not here today.

Mika, Outreach: report next month. Not here today.

GSR reports:

Amanda, Sisters Set Free - 20-30 attend. All service positions filled.

Rosemarie, Not Just Beginners, Sun 12:30 -Zoom, 5-6 attend. Will try for 1 mtg/month in person. Robert, Joy in Journey- meeting has gone once thru their CoDA Coloring book. Lots of steady newcomers.

Robert, Escondido Saturday Morning, 9:15 am mtg - closed officially by Group Conscience. Could not get enough persons to fill service positions.

Jimi- Wed Men's Warriors, Mon 7 pm - mtg is well. 30-40 men,

Marilyn - Sun Serenity at Twiggs, in person, well attended, 25-30.

Judy, Women's Peace & Serenity,Fri 6 pm, San Marcos - 4-6 attend, small mtg, could use support. Changing Zoom info' because they are funding their own Zoom. Judy will contact Joe to submit new Zoom info and new WW # for meeting schedule.

Aaron, monthly CoDA Speaker mtg, Sun. 5:30 pm - no GSR. Trouble lately getting speakers. But nxt July and Aug, have 2 speakers. Each of 2 speakers have 25' to share their story or several persons can do 10' shares. Contact Robert L, Speaker Coordinator, 760.672. 2101.



Robert, Conference ad hoc: Thank you All. Proud of volunteers

and all for a great event. SD created a new & greater convention. It included online participants, including worldwide participants. Hybrid and online events worked great. We were able to absorb the Spanish Language translation to include the Spanish speaking participants. SD has more Spanish speakers per capita than English speaking. We hope to draw more participants that way. This event was trailblazing in Hybrid and Bilingual presentation. Despite chaos on the ship, we paddled to shore

successfully. Michelle - Conference Treasurer report next month after more info.

Break was called at 11:04am. The meeting resumed at 11:10 am.

We have 31 meetings. 30% of meetings required for quorum of 9 voting members. Roll call taken and quorum met by 18 voting members. Robert reiterated the procedure for submitting motions and discussion items. Submit in chat.

Approval of the minutes: secretary Laurine moved to approve the May 2023 minutes as presented. Michelle B seconded.

VOTE: 15 Yes, 0 No, 1 Abstain. The motion passed.

Old Business:

1. Discussion & Motion, Joe H.: Super Saturday workshop recordings place on San Diego CoDA website, Shar- many wonderful talks, title them please. Waivers signed. Laura anonymity important to her. Does not want her face or voice on web. Audio only. Audience member asking question just id'd by first name and that codependent.

Joe motions to post Super Saturday workshop speakers and other interesting talks for which speakers signed waivers on SD CoDA website. Gary seconds. Joe will honor any request to remove or amend recording for anonymity or inappropriateness.

16 Yes, 0 No, 1 Abstain, Motion passed.

- 2.Discussion, "free" flyer & new CoDA general contact phone number, Joe: has not worked on flyer yet. Will consult with Gary re phone number to list on it. Gary's personal phone is listed on this, other readings, and website. Community needs to consider a permanent CoDA phone.
- 3. Discussion, SoCal Conference allotment, Michelle: not on budget. Need to address. We need more information. Tabled.
- 4. Discussion, Reading all the extended traditions or just tradition of month, Shar: all of the traditions from the extended pamphlet are read. The business meeting is different than a regular meeting. CoDA requires reading all the regular (short) traditions in group meetings. Community by laws don't require or specify this. Shar' points out we already spend 20-30' reading in a two hour meeting.

Joe motions to read extended tradition of the month only. Michelle seconds.

15 Yes, No 2, Abstain 0. Motion passed to read only tradition of month (extended paragraph pamphlet).

New Business:

1. Discussion & Motion, whether we can reimburse committee members via Zelle, Michelle: Zelle accounts can receive and pay. Payer and payee must have Zelle. Currently, checks to pay requires 2 of 3 signers to physically sign check. It was OK when we met in person but now harder because it has to be mailed or physically brought to the 2d signer. That's time consuming.

If we do Zelle, the treasurer still has to get approval by another signer-2 signers. If motion is accepted, do we need to update bylaws? To be determined. Laura - how to prove the person got the money? Bank has record. Treasurer Michelle will save print screen. There would be an audit trail. Jim says alternate ways to receive 7th tradition are important during Zoom and anyway. Michelle moves to use Zelle as alternate for reimbursements & monetary transactions with 2d peron

approving. Laura seconds. Parliamentarian Robert - take a moment to consult your higher power. 14 Yes, 0 No, 1 Abstain. Motion passed to reimburse committee members via Zelle.

2. Discussion & Motion, whether to accept 7th tradition via Venmo, Michelle: Currently we accept via checks. Previously voted to accept Zelle payment. No fees for sender or receiver in Venmo. Michelle will set up. Comment - our groups already using Venmo/Zelle. This is timely. If passed, Michelle will inform via SD CoDA website or an:eblast.

Michelle motions to accept 7th tradition via Venmo. Tony seconds. 15 Yes, 1 No, 0 Abstain. Motion passed.

3. Discussion, SoCal Regional motion to change (SoCal) Conference Facilitator position to an Events Coordinator Chair,' Aaron: instead of a local SoCal Conference Chair,' from San Diego, Los Angeles, Valleys or Desert Intergroups, there would be a SoCal Events Coordinator Chair, to chair the SoCal conference and other SoCal events.

Gives Conference Chair more authority to carry out his/her job. Robert - maybe too much work? Good to have Conference Facilitator and Conference Chair. If intergroup can't provide Conference Chair,' Socal can provide the Conference Chair and the Facilitator. Robert thinks should be 2 people in the role. Tabled.

Gary moves to adjourn. Laura seconds.

15 Yes, 0 No, 0 Abstain. Motion passed to adjourn. Shar thanks all. Stay, if any questions.

12:03 pm, meeting closes with Serenity Prayer.

Respectfully submitted, Laurine Ota, secretary

[Shar sending Mika, Chris, Jim W & others who can't be here, the meeting recording. It's audio & also visual, so only goes to Community members. Anonymity.]