

July 15, 2023 Meeting Minutes of the “San Diego (SD) County Community Committee Of Co-Dependents Anonymous (CoDA)” (By-laws official name)

Zoom Mtg ID- 8834 535 8086 , passcode= SDCoda; Mtg Url link:
<https://us06web.zoom.us/j/88345358086?pwd=VDMwbitrR05uZWxYcEtvTzcvZGpoUT09> ;

Community mtg contact: sd coda.zoom@gmail.com

SD CoDA website www.sdccoda.org

Southern California (SoCal) Regional CoDA website: www.socalcoda.org

World CoDA website: www.coda.org

Attendance: total 25, Officers/Chairs - (11) Sharleene, Michelle, Mika, Sonya, Joe, Laurine, Csilla, Aaron, Gary, Robert, Laura G.E.; GSR's - (13), Jim W., Jimi, Marilyn, Sarah K, Anna G., Bryna, Adelaide, Abby, Amanda , Esmeralda H., David B., Chris R. , Judy; Guest (1) Adelaide

The Meeting was called to order at 10:00 a.m. by Sharleene, Community Rep. Attendees introduced themselves, their position (Group Service Representative -GSR, officer or chairperson) and their meeting.

Sharleene, Community Rep:' The meeting purpose & function were read. The meeting's purpose is to serve the CoDA fellowship and carry the message to those who suffer; offer healthy growth for those seeking healthy relationships. The meeting coordinates intergroup recovery, serves as voice of the group to state, national, and world organizations. It also serves as a voice of the group with other CoDA service arms. It provides information and starter materials to new groups. Bryna read this month's 7th Service Concept. Mika read the long version of Tradition Seven.

OFFICER / CHAIR' REPORTS (Each has 5.' (minutes) Regional Rep' has 10.')

Shar, Community Representative: There will be a discussion about the Treasurer position in 2d part.

Sonya, Alternate Community Representative: No report.

Sonya, Public Info' Mail: Mail will be collected today and sent to Michelle B., Treasurer.

Laurine, Recording Secretary: Minutes of June 17, 2023 & contact list were sent out Monday, 7-10-2023. Please consider them for approval in 2d part of meeting.

Robert L., Parliamentarian: According to By-laws the Community Meeting is conducted in accordance with the 12 Traditions, Group Conscience, and Robert's Rules of Order, Parliamentary proceedings by the Group. There are 2 parts to the meeting. First part is Officer, Chair,' and GSR reports. Second part is old and new business, motions & discussions.

Any CoDA member is welcome to attend this meeting and address the Community. Each has a voice, so all are encouraged to discuss. However, only Group Service Reps (GSRs) and most officers and chairpersons can offer a motion, second a motion and vote. If

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they have a motion or discussion item, they are to write it in the Zoom chat box. Quorum is established at the beginning of 2d part by a roll call. Quorum is reached when 30% of the total number of meetings has a representative at the meeting.

Michelle B, Treasurer: She as treasurer is no longer a signer on our bank accounts. This will be explained in part 2 of the meeting.

Here are the numbers for June:

Cash Balances at June, 6/30/2023

Checking \$7,458.45

Savings \$7,603.27

Literature Petty Cash \$110.00

Total Funds \$15,171.72

	June 2023 only	YTD 2023 (Jan-June)
INCOME		
7 TH tradition	\$215.00	\$1,488.63
Interest	\$0.32	\$0.61
Conference	\$1,273.00	\$1,273.00
Literature	\$00.00	\$3,347.55
Totals	\$1,488.32	\$6,109.79
EXPENSES		
Rent	\$0.00	\$30.00
Conference	\$2,898.65	\$2,898.65
Zoom	\$149.90	\$149.90
Activities	\$41.28	\$282.57
PO Box Rental	\$194.00	\$194.00
Website	\$0.00	\$800.22
Literature	\$1,823.02	\$7,767.09
Totals	\$5,230.05	\$12,081.20
Net Income / (Loss)	(\$3,741.73)	(\$5,971.36)

Zelle & Venmo - Michelle set up both and sent info' out to all Community members to take back to their meetings. If you didn't receive it, let her know. You can still send checks to the P.O. Box (P.O. Box 720064, San Diego CA 92172).

Aaron L, Regional Rep: - talked about changing SoCal Conference Facilitator to SoCal Events Coordinator Chairperson. Next meeting is Sat, Sept. 2, 2023, 10 am - 1 pm. Here is Aaron's June 3, 2023 powerpoint report, text only:



June 3, 2023 SoCal Meeting Presentation

DELEGATES Delegates would like your input on the motions coming up at the CoDA Service Conference (CSC) in July. Go to 2023 SoCal Conference Website, then 2023 CoDA World tab. Five different surveys representing different categories of motions - have your voice heard! Give them feedback as to your opinion and why. These motions do have an effect.

CSC 2023 will be in Dallas, Tx July 23-27; CoDA convention will be July 28-30 in Dallas, Tx; Both are hybrid. \$50 in person, \$15 virtual for convention

SOCAL REP' REPORT Next SoCal Business Meeting is Saturday Sep. 9 from 10am-1pm on Zoom. Last meeting of current officers who are leaving. Visit website - <https://www.socalcoda.org/> and submit email at the bottom of the page to receive announcements. Board email: board@socalcoda.org

TREASURY Budget from June 2023 - May 2024 was approved. There is a \$3,700 shortfall expected expenses than income due to inflation and less 7th Tradition donations. Current balance will cover it. SoCal has a Zelle account - use chair@socalcoda.org

MOTIONS Motion passed to create distribution channel for archiving of recordings of past speakers/workshops. New duty added to by-laws of vice-chair for updating by-laws when motion is passed. // End SoCal Regional Report.

Tony, Alternate Regional Rep': Not present, no report.

Gary, Literature: June sales were \$622.85. Petty cash is \$110.00. 2 CORE orders of \$286.36 and \$1536.66 = \$1813.02, tax and shipping included. Inventory is \$2457.55. Deposits \$0.00. Still waiting for bank account number. Conference sales were \$558. Additionally after the conference, 2-3 meetings put in huge orders. San Diego CoDA members get best buy possible because no shipping cost, bulk order discount prices, & book cost increases, are absorbed by the Community. For example, members pay \$12 or so for the green workbook. Cost in other intergroups/counties is about \$20. Other Intergroups can only order from CORE.

Joe, Website Chair': (Send any web items to sdcodawebmaster@gmail.com) 1) Joe considered changing website app.' He looked at WordPress but it needs whole new set of skills, so he passed on it. It would be hard for a new webmaster; 2) fix the preamble and tradition; 3) added recordings (Super Saturday & other talks); 4) adding approved 2023 Community meeting minutes; waiting on secretary Laurine; 5) he's working on the 'free' flyer which is in adobe illustrator; he now has a paid Adobe acrobat app' so formatting will now be correct on the 'free' flyer and convertible and fixable in MSWord; 6) Joe is historian for SoCal (Regional) so he uploaded our May 5-7, 2023 SoCal CoDA Conference recordings to SoCal website.

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Csilla, Newsletter: July newsletter posted. She is asking SD folks to share their “CoDA Moments”-experience, strength, & hope. 1 page is OK & typical. Let her know, if any errors, changes or questions on newsletter. Email newsletter submissions or your “CoDA Moments” to editor Csilla at newsletter@sdccoda.org before the end of month for next month’s newsletter.

Laura, Activity: Not present. Reported by Csilla for Laura. Camping- there’s 15 so far. Rsvp to Aaron. Camping includes an in person meeting. Also Aug 19, 2023 at Mission Bay, 6 pm Potluck bonfire, info’ is on website.

Sonya, Public Info.’ Mail: - see above after **Sonya, Alternate Community Representative:**

Gary, Public Info.’ Phones: Gary, the usual. 10 calls, different reasons. Gary loves this position. Someone in tears looking for meeting, leaves in laughter having found a meeting and relief.

Workshops, Seminars, Panels Chairperson: OPEN.

Mika M., H&I (Hospitals & Institutions) Chair: contacted jail again and no response back. Maybe holiday. Will try again this month. Posted flyer in some places. Gary J. - at the CoDA SoCal conference, teens from halfway houses had dramatic stories. They are told to call Mika. She is waiting on them.

Mika, Outreach: lot of Calls on Literature. She sends them to Gary.

AD HOC Reports.

(Laurine O., Liability Insurance Coordinator, Ad Hoc: for a liability insurance certificate, meeting GSR contacts Laurine O., 858.733.0111, text or call. Provide landlord/organization name, address and your meeting information (CoDA mtg no.), GSR email, phone.

Conference Ad Hoc Chair: report at beginning of 2d half.

GSR REPORTS:

Abby-Serenity, Sun am, Online Thriving. Service positions filled. Great volunteers.

Robert - Joy in Journey Thurs. Next week is 1 yr anniversary. Several persons to take 1 year token. Average 35 attendance each meeting.

Anna, Loving Support, Clairemont, Online Great meeting, going well. Getting used to GR position. Shar will send her a Community meeting agenda so it’s easier to take minutes for her meeting.

Bryna, Serenity Lifers Online, Friday pm Re the minutes/ contact list, the July 22, blank agenda sent by Shar was very helpful.

Aaron- Monthly CoDA Speaker meeting The meeting gives speaking opportunities, 2 speakers a meeting, 25’ each. Speaker requirements are 6 months CoDA attendance and working on Steps. 2 speakers on Aug. 1 and on Sept, 2023 but need speakers after that.

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Robert is the speaker coordinator contact.

Esmeralda H. (new GR) Saturday CoDA Book Study, Menefee/Murrieta, Mtg doing great.

Gary, Fresh Air CoDA in Santee, Fri pm, no GSR. 60 usual attendance. It's called the "Fri Date" meeting. Fellowship goes until 11:20 pm, from 7 pm meeting start! Great fellowship.

Community Meeting breaks at 11:03 am,

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The meeting resumed at 11:10 am.

AD HOC, SoCal CoDA Conference Wrap up- Michelle reports because Chair' Robert's signal is spotty. Profit of \$12.00. Big Yay, because it's usually a loss. SoCal will reimburse us for any expenses.

Parliamentarian, Roll call: (by Michelle because of Robert's spotty signal)

It was determined we have 31 meetings. 30% quorum is 9. Roll call was taken and quorum was met by 19 voting members.

The procedure for submitting motions and discussion items is to submit it in the Zoom chat. 2 minutes to present, 5 minutes discussion. Keep responses concise, 1-2'. Any questions on procedure? No.

OLD BUSINESS:

1.Approval of Minutes.

Secretary Laurine moved to approve the June 17, 2023 minutes. Mika seconds. 14 yes, 0 No, 2 Abstain. Motion passed to approve June 17, 2023 minutes.

2.-Discussion & Motion to make the Treasurer a non-signer on the San Diego CoDA Community bank account, Michelle: transition to US Bank from previous Union Bank account has been challenging. US Bank commingled Michelle's personal information with our CoDA Community account. Michelle asked Shar to remove her from the Community account. After much discussion with the bank and Michelle, Shar & Sonya would like to take over as the co-signers with limited access. Michelle wants to remain as treasurer, though not on the account, so it needs a motion and group conscience taken.

The Debit Card of San Diego CoDA's account will be Shar's name instead of Michelle's. Michelle will create reports based on statements from the bank. Shar or Sonya will follow through with checks or payments when necessary. Our bylaws require 2 signers. Bank only requires 1 signer. Shar or Sonya will sign and mail. If Zelle - then Michelle sends. Several ways to pay bills. Just need approval to operate this way.

Sonya moves to make the Treasurer position NOT to be a signer on the SD CoDA Community bank account, for remainder of this year only,. The new treasurer next January will be a signer on the Community account. Michelle's treasurer term ends

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December 2023. Gary seconds.

Michelle moves to extend discussion for 2 minutes. Laurine seconds. Motion to extend time 2' passed. Robert- can we elect another signer? But that would be a person who takes over as Treasurer. It's complicated. Took a year to get signers and bank together.

17 Y, 1 N, 0 Abstain. Motion passes.

Sonya moved to adjourn meeting. Abby seconded. 18 Yes, 0 No, 0 Abstain. Motion passed to adjourn. Thank you from Shar to all. Closes with Serenity prayer at 11:40 am. Shar will stay briefly for any questions.

Respectfully submitted

Laurine Ota, Recording Secretary