

OCTOBER 21, 2023 Meeting Minutes of the “San Diego (SD) County Community Committee Of Co-Dependents Anonymous (CoDA)” (By-laws official name)

Zoom Mtg ID- 8834 535 8086 , passcode= SDCoda; Mtg Url link:
<https://us06web.zoom.us/j/88345358086?pwd=VDMwbitrR05uZWxYcEtvTzcvZGpoUT09> ;

Community mtg contact: sd coda.zoom@gmail.com

San Diego (SD) CoDA website www.sdccoda.org

Southern California (SoCal) Regional CoDA website: www.socalcoda.org

World CoDA website: www.coda.org

Attendance: 18

Officers/Chairs - (9) Sharleene, Sonya, Michelle, Laurine, Csilla, Aaron, Gary, Robert, Laura; GSR's - (8), Patricia (new), Chris, Anna, Judy, Amanda, Bryna, Jimi, Marilyn, Visitor (1) Adelaide.

The Meeting was called to order at 10:00 a.m. by Sharleene (Shar'), Community Rep. Sharleene, Community Rep:'read the meeting purpose, Article I. B. from the bylaws - The San Diego (SD) County Community Committee Of CoDA's one purpose is to serve the CoDA fellowship and carry the message to those who suffer, and offer support of continuing growth for those seeking healthy relationships,

Bryna read this month's 10th Service Concept. Gary read the long version of Tradition 10.

Introductions of all present. Attendees introduced themselves, their position (Group Service Representative -GSR, officer or chairperson) and their meeting.

OFFICER / CHAIR' REPORTS (Each has 5.' (minutes) Regional Rep' has 10.')

Shar, Community Representative: —

Sonya, Alternate Community Representative: No report

Sonya, Public Info' Mail: Traveling so mail not yet picked up but will do so this week. 7th traditions coming through Venmo app' so that decreases mail.

Laurine, Recording Secretary: Meeting minutes dated 9-16-2023 & Community contact list were sent out Tuesday this week. Please review for approval in second part of meeting.

Robert L., Parliamentarian: Michelle read for Robert who arrived a little later. It was pointed out we are not using Robert's Rules of Order now. See discussion, second part.

According to our bylaws, the Parliamentarian ensures the meeting is conducted in accordance with the 12 traditions, and our group conscience... The community meeting is held once a month, and consists of reports (of officers, chairs' & group service representatives [GSR]) in the first part and new and old business in the second part (discussion and motions).

Any CoDA member is welcome to attend this meeting and address the Community. Each

of you has a voice so we encourage your discussion participation; however, only GSRs and most officers and chairpersons (voting members) can offer a motion, second a motion and vote. If you have a motion or discussion item, write it in the Zoom chat box.

Quorum is established at the beginning of 2d part by a roll call. Quorum is reached when 30% of the total number of meetings has a representative at the meeting.

Michelle B, Treasurer:

Cash Balances at 9/30/2023

Checking \$10,779.14

Savings \$7,604.22

Venmo \$253.00

Literature Petty Cash \$110

Total Funds \$18,746.36

	Sept 2023 only	YTD 2023 (Jan-Sept)
INCOME		
7 TH tradition	\$13.00	\$1,939.85
Interest	\$0.35	\$1.56
Conference	\$0.00	\$2,904.85
Literature	\$871.25	\$5,399.65
Totals	\$884.60	\$10,245.91
EXPENSES		
Rent	\$0.00	\$30.00
Conference	\$0.00	\$2,898.65
Treasurer	\$0.00	\$25.20
Zoom	\$0.00	\$149.90
Activities	\$0.00	\$282.57
PO Box Rental	\$0.00	\$194.00
Website	\$0.00	\$800.22
Literature	\$495.00	\$8,262.09
Totals	\$495.00	\$12,642.63
Net Income / (Loss)	\$389.60	(\$2,396.72)

Michelle says our overall net loss continues to decrease. She is almost done with the proposed 2024 budget which was to be presented this month. She will email to all for review. Thank you for your work on the budget, Michelle.

Aaron L, Regional Rep: - reported on Regional's 9-9-2023 meeting file attached with minutes. Details of Aaron's report already reported in September 16, 2023 minutes. Next SoCal Regional business meeting is Dec 9, 2023, 10 am-1pm, Zoom online and in person.

Tony, Alternate Regional Rep': No report. Not present

Gary, Literature: Report for September 2023

Sales- \$788.20, Petty Cash- \$110.00, Core Orders- (1) 9/11/2023, #39971, \$495.00
Inventory- \$2792.25, Deposits- \$871.25.

Jimi asks when new books and pamphlets will be available? Gary will order as soon as they appear on the CORE. Shar says from experience it might be a year.

Joe, Website Chair': send items for SD CoDA website to sdcodawebmaster@gmail.com
Shar read the webmasters report in second part. Three meeting changes reported, including two close downs & one temporary hold.. No changes to the free Recovery pamphlet yet because of app' problems, Finding an app to make the draft changes. July and August approved minutes added to the website. Joe Needs earlier ones.

Csilla, Newsletter Editor: (month) newsletter, posted. Send newsletter items to Csilla at newsletter@sdccoda.org before the end of month, Send newsletter items or your "CoDA Moments" (your experience, strength and hope story, 1 page OK & typical) Let her know, if any errors, changes or questions.

Laura, Activity Chair': Laura reported here and in 2d part, her successes and challenges. Not enough attendance. Bonfires are well attended. Pot lucks not so much. Will do activities probably every other month.
Laura started Activity Chair in Nov' 2022. Ready to give up to the next activity chair. Gary points out that the position is not for a year but up for rotation in January & it's actually a 2 year commitment.

Gary, Public Info,' Phones: Gary answered 5 calls. Mostly simple questions like, Is the meeting still available? How much does it cost?

Workshops, Seminars, Panels Chairperson: OPEN.

Mika M., H&I (Hospitals & Institutions) Chair: Not present

Mika, Outreach : Not present

AD HOC REPORTS

Bylaws Ad Hoc Comm., Gary: Committee of 5 went through 10 years of motions re bylaws. Half the bylaw motions were already added. Committee plans to review rest of them and add to bylaws when the budget is presented.

Disruptors Ad Hoc Comm, Gary: Name changed from Bombers to Disruptors. Waiting for input for a draft video. Monitors will be involved to look out for disruptors.

GSR Reports (check-ins)

Marilyn, Sunday in person Sunday Serenity meeting Twigs location closed. Looking for new location. Temporary place for tomorrow (10-22-23) at 10:30 am instead of 11:00 at a furniture store, Box Drop Furniture on Morena Boulevard. Permanent place to be determined.

Most meetings reported doing well: Chris R, Sunday Night Serenity; Robert, Joy in the Journey; Anna G, in person Loving Support; Jimi, CoDA Warriors; Patricia, Sunday Murrieta.

Anna, In-person Loving Support - looking for replacement GSR because of her schedule and east-west coast time difference difficulty.

Judy, Womens Friday, Peace & Serenity - could use some support. Meeting small but people starting to come back.

Aaron, Sunday CoDA Speaker Meeting - looking for in-person speakers for 25' share. If no speakers, people can do 10' shares.

Patricia, Sunday Murrieta Disruptor suggestions - Bryna asks & Patricia says they mute everybody at the beginning of the meeting until introductions. If someone needs to speak, they ask the host. This discourages disruptors who don't stay. Also, Sunday Murrieta meeting locks it 10' after the start, sometimes. They don't want to discourage genuine late meeting goers.

Meeting breaks at 11:56 am, to return at 11:10 am.

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The meeting resumed at 11:10 am.

Parliamentarian (Michelle acting), Roll call: It was determined we have 31 meetings. 30% quorum is 9. Roll call was taken and quorum was met by 15 voting members consisting of GSR's and officers. There are 2 non-voting (Chair' & Parliamentarian) & 1 visitor.

The procedure for submitting motions and discussion items is to submit it in the Zoom chat (before meeting 2d half). 2' to present, 5' of discussion. Keep responses concise, 1-2.'

OLD BUSINESS:

1. Approval of Minutes. Secretary Laurine moved to approve the 9-16-2023 minutes. Laura seconds. 12 Yes, 0 No, 2 Abstain. Motion passed.

2. Discussion. Removing Robert's Rules of Order, Shar: At the Service Conference this summer 2023, Robert's Rules of Order were removed from CoDA business meetings. Reasons for the change is not known exactly, Shar says. The Fellowship Service Manual (FSM) is the guide for how to conduct CoDA meetings. It was rewritten recently without Robert's Rules of Order.

Shar reads pages 22-23 from the new Fellowship Service Manual (FSM) on determining Group Conscience. Decisions at all levels of CoDA are made with the guidance of our Higher Power, expressed through the 12 Traditions.

Particularly useful are Tradition One, Our common welfare should come first; personal recovery depends upon CoDA Unity; and Tradition 2, For our group purpose there is but one authority_a loving Higher Power as expressed by our Group Conscience. Our leaders are but trusted servants_they do not govern.

Several persons say they approve of removing Robert's Rules but need to have some structure and keep the timer to keep meeting moving forward & concise. Marilyn says the new procedure should be encouraged at all the CoDA meetings. Her meeting did a lot of Group Conscience voting lately. Gary says the manual describes how to deal with

disagreements and such, and that will be part of our education.

No action taken and tabled till next time for further discussion.

3. Discussion, Activity Chair Activities and challenges, Laura: See Activity Chair report 1st half.

4. Discussion/Explanation, History of the budget process by-law, Laurine:

- a. In 2018, an Ad Hoc Committee on Excess Funds, chaired by Addie, Carolyn C. (a CPA) and Laurine O, committee members, was appointed.
- b. The committee determined there were no excess funds. What seemed excess funds was the large literature inventory. The committee explored a 501(c) non profit status and other financial alternatives for the Community. We used Carolyn C.'s CPA experience and expertise. In the end the committee recommended an annual budget review and approval process to keep the Community's financial status transparent to all.
- c. The Ad Hoc Committee's motion for a budget process paragraph was voted into the by-laws, on Dec. 15, 2018. 7 Yes, 2 No, 1 Abstain.
- d. No action was taken to put the approved budget process into the by-laws for several years.
- e. So on Aug. 15, 2020, Laurine presented to Community an update of the previous 2/15/2014 by-laws revision. It included the already approved Article VIII, A. Monetary Policy, budget process paragraph. Laurine moved for minor changes which passed. - renumbered Articles IX and X to VIII and IX. 2) correct paragraph reference, typos, & updates on pages 4, 5, 6 & 8. (see Aug 15, 2020 minutes)
- f. The meeting mistakenly believes the budget paragraph has not passed. Laurine forgot it already passed, so the Community meeting believes that the budget paragraph is still pending.
- g. Documenting the reviewable, approvable budget process in the by-laws was to keep the Community's financial status transparent to all.

NEW BUSINESS:

1.- None

Michelle moves to close meeting. Sonya seconds. 12 Yes; 1 No; 0 Abstain. Motion passed. Shar leads Serenity prayer to close at 12:17 pm.

Respectfully submitted

Laurine Ota, Recording Secretary