

Co-Dependents Anonymous of San Diego, CA Meetings Schedule October 2024 (rev. 24.10.28,jjh)

P.O. Box 720064
San Diego, CA 92172-0064
Meeting Phone Line: (619) 643-4043
www.sdccoda.org

Newcomers are welcome at all meetings.

If you attend a meeting and it does not meet your needs, please try another.

For San Diego meeting changes and meeting contact information changes, email meetings@sdccoda.org

For CoDA.org, listing of new meeting, registrations, and changes to meetings, email meetings@codaa.org.

Meeting Codes

c	Closed - call before coming	sp	Sponsor Available
b	Book Study	spk	Speaker
e	Español	ss	Step Study
m	Men	t	Traditions
s	Sharing	w	Women
LGBTQIA+	LGBTQIA+	wc	Wheelchair Access

To phone into Zoom meetings, please call one of the following phone numbers (works with dialer app):

669.900.6833
720.707.2699
408.638.0968

**H&I Volunteer Opportunities in San Diego and Vista
Correctional Institutions ~ Currently on Hold**
Please Email: h-i@sdccoda.org

Links to other CoDA websites and information:

Meetings Worldwide	CoDA.org - Find a Meeting
CoDA International	www.codaa.org
Los Angeles County	www.lacoda.org
Orange County	www.occcoda.org
Southern California	www.socalcodaa.org
Desert Area	www.desertcodaa.org
CoDA En Espanol	www.codaaen-espanol.org
CoDA Hispana	www.hispanaa.org



For Group Secretaries or GSRs

Please click on the link for your meeting ID and verify your meeting's information at codaa.org whenever your meeting contact changes, or annually.

THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request. Being listed on this schedule does not constitute approval of any group's manner of practicing the CoDA program.

MONTHLY MEETINGS

VIRTUAL - Monthly Community Business Meeting

Third Saturdays 10:00am to 12:00pm

All members are welcome. (NOT A SHARING MEETING)

Zoom Meeting ID 883 4535 8086 # passcode SDCoDA
Gary (760) 215-9060

HYBRID - KENSINGTON First Sunday each Month 5:30pm

Sunday Speaker's Meeting - [CA0859](#) (spk)

Zoom Meeting ID 861 1638 7309# passcode 932 653

Kensington Community Church
4773 Marlborough Dr., San Diego, CA 92116
Email: sdcodaspeakers@gmail.com

WEEKLY MEETINGS

VIRTUAL - SAN DIEGO Sunday 10:30am
Sunday Serenity Online Meeting - [WW768](#) (sp, ss, t)
Zoom Meeting ID 841 9953 0825# passcode serenity Sharleene (858) 335-7745

IN-PERSON - NORMAL HEIGHTS Sunday 10:30am
Sunday Serenity Meeting - [CA0857](#) (sp, ss, t)
Lestat's [3343 Adams Ave, San Diego](#)
Fati (858) 692-4043

VIRTUAL - OCEANSIDE Sunday 5:00pm
CoDA "BYOBlue Book" - [WW298](#) (b, all genders)
Zoom Meeting ID 295 069 825# passcode 067375
Erin H. (760) 213-8946

VIRTUAL - MURRIETA Sunday 5:45 pm
CODA Step Meeting - [WW602](#) (ss)
Zoom Meeting ID 497 677 1364# passcode 810735
Darcie (951) 259-5248

VIRTUAL - SAN DIEGO Sunday 7:00pm
Sunday Night Serenity - [WW363](#) (ss, t, spk, LGBTQIA+)
Zoom Meeting
Ashley (515) 468-5606 Chris (770) 231-3166

IN-PERSON - SOLANA BEACH Monday 10:00am
Pathway to Freedom - [CA1615](#) (s, sp, ss)
Calvary Lutheran Church - Fellowship Hall
[424 Via de la Valle, Solana Beach, CA 92075](#)
Trish B (650) 400-4450

VIRTUAL - CARLSBAD Monday 6:30pm
Sisters Set Free Meeting - [CA1457](#) (s, w)
Zoom Meeting ID 826 9143 7592# passcode 305066
Abby (310) 614-7609, Marcy (301) 639-2508

IN-PERSON - SAN CARLOS/LAKE MURRAY Monday 6:30pm
La Mesa Monday Nights - [CA1105](#) (s, sp, t, ss, wc)
St Dunstan's Episcopal Church
[6556 Park Ridge, San Diego 92120](#)

IN-PERSON - CHULA VISTA Monday 7:00pm
Serenity Seekers - [CA1289](#) (s)
St. Johns Episcopal Church
[760 1st Ave. Chula Vista, CA 91910](#)
Nancy Y. (619) 787-5748

IN-PERSON - DEL MAR Monday 7:00pm
Del Mar CoDA - [CA0207](#) (ss, wc)
St. Peters Episcopal Church
[334 14th Street, Del Mar, CA](#) Bill text (858) 755-1250

VIRTUAL - SAN DIEGO Monday 7:30pm
 CoDA Warriors – [WW406](#) (m)
 Zoom Meeting ID 817 0215 7463# passcode men-only
 Aaron L. 619-807-0869

VIRTUAL – TEMECULA Tuesday 12:00pm
 Tuesday Emotional Freedom - [CA1306](#) (s)
 Zoom Meeting ID 493 811 070# passcode 886872
 Kelly (951) 526-6923

IN-PERSON - CLAIREMONT Tuesday 5:30pm
 Loving Support - [CA0037](#) (s, ss, t)
 2550 Fairfield St, San Diego, CA 92110
 Sharleene (858) 335-7745, Gary (760) 215-9060

VIRTUAL - CLAIREMONT Tuesday 5:30pm
 Loving Support - [WW725](#) (s, ss, t)
 Zoom Meeting ID 867 1536 0745# passcode 123456
 Sharleene (858) 335-7745, Gary (760) 215-9060

IN-PERSON - ALLIED GARDENS Wednesday 9:30am
 Peace Seekers - [CA1428](#) (s)
 5107 Waring Road, San Diego, CA 92120
 JD (619) 888-2769

VIRTUAL - ALLIED GARDENS Wednesday 9:30am
 Morning Miracles - [WW590](#) (s)
 Zoom Meeting ID 816 1946 9886# passcode recovery
 Liz (858) 437-1530

VIRTUAL - ESCONDIDO Wednesday 6:30pm
 Empowerment Through Recovery - [WW746](#) (s, ss, t)
 Zoom Meeting ID 284 864 6891# passcode 000000
 Diane (760) 580-1949

IN-PERSON - HILLCREST Wednesday 6:30pm
 Hillcrest Co-Ed CoDA - [CA1578](#) (s, spk, LGBTQQIAA+)
 Kava Collective
 1731 University Avenue, San Diego, CA 92103
 Rob (760) 717-7420, Yadim (619) 845-2093

IN-PERSON - ENCINITAS Wednesday 7:00pm
 Encinitas Seaside - [CA1277](#) (s)
 Seaside Center for Spiritual Living (Rose Room)
 1613 Lake Drive, Encinitas, CA 92024
 Rich (760) 522-5444

IN-PERSON – SAN DIEGO Wednesday 7:00pm
 San Diego CoDA Women - [CA1651](#) (w)
 BoxDrop Furniture
 1205 West Morena Ave Suite C, San Diego
 Gigi (703) 338-6627 gigiross1967@gmail.com

IN-PERSON – SAN DIEGO Thursday 6:00pm
 The Thursday Recovery Meeting - [CA1642](#) (s, b, t)
 Pioneer Ocean ViEW UCC
 2550 Fairfield St. San Diego, CA 92110
 Stephen (858) 945-7434

IN-PERSON – OCEANSIDE Thursday 6:15pm
 Women’s Truth & Recovery Meeting - [CA1247](#) (s, w)
 Emmanuel Lutheran Church
 1900 S. Nevada Street, Oceanside, CA 92054
 Text: Leticia (661) 916-4611

VIRTUAL - SAN DIEGO Thursday 6:30pm
 Joy in the Journey – [WW700](#) (s)
 Zoom Meeting ID 821 0275 3564# passcode journey
 Robert (760) 672-2101

IN-PERSON - MIRA MESA Thursday 7:00pm
 CoDA to Serenity & Beyond - [CA0220](#) (s, sp, wc)
 Mira Mesa Presbyterian Church (at Reagan Rd)
 8081 Mira Mesa Blvd, San Diego, CA 92126
 David (858) 997-9810, Brenda B. (619) 381-9322

IN-PERSON - HILLCREST Thursday 7:00pm
 A New Freedom: Men’s and Male Identifying - [CA1562](#)
 (m, s, ss, t, b, spk, LGBTQIA+) Kava Collective - Side Room
 1731 University Avenue, San Diego, CA 92103
 Rob (760) 717-7420, Yadim (619) 845-2093

IN-PERSON - OCEANSIDE Friday 5:00pm
 Am I Codependent? - [CA1652](#) (s, t)
 North County Friendship Center
 1906 Oceanside Blvd., Ste. D, Oceanside, CA 92056
 Chris (949) 413-3834 cgsylence@outlook.com

IN-PERSON - LAKESIDE Friday 5:30pm
 Lakeside Friday at the Hotel - [CA1579](#) (s, b, t)
 Lakeside Hotel
 9940 River Street Lakeside, CA 92040
 Bobbi (619) 443-4175

VIRTUAL - MIRA MESA Friday 6:00pm
 Serenity Lifers Online - [WW741](#) (s, sp)
 Zoom Meeting ID 829 3652 9363# passcode 200724
 Bryna (619) 203-5852

IN-PERSON – SAN DIEGO Friday 6:00pm
 The Rainbow Connection- [CA1641](#) (spk, b, s, ss, LGBTQIA+)
 Mental Health Center of San Diego
 960 Grand Ave., San Diego, CA 92109
 Sydonie shoottheduck@gmail.com

VIRTUAL - SAN MARCOS Friday 6:00pm
 Women's Peace & Serenity - [CA1391](#) (w, s, t, ss)
 Zoom Meeting ID 878 7167 7579# passcode serenity
 Judy S (760) 271-6619

VIRTUAL - SANTEE Friday 7:00pm
 Fresh Air CoDA in Santee - [WW727](#) (s)
 Zoom Meeting ID 152 410 235# passcode freshair
 Gary (760) 215-9060

VIRTUAL – MENIFEE/MURRIETA Saturday 10:00am
 Saturday CoDA Book Study - [WW651](#) (sp)
 Zoom Meeting ID 497 677 1364# passcode 810735
 Jim (951) 972-2829

VIRTUAL - UNIVERSITY HEIGHTS Saturday 10:00am
 Live Easy but Think First - [WW707](#) (s)
 Zoom Meeting ID 203 840 5272# passcode 2022Coda
 Scott (619) 635-5464