

## SATURDAY

**ESCONDIDO** 9:00am to 10:30am  
CoDA Saturday Escondido - **CA0137** (s, ss, t)  
Trinity Episcopal Church (in the library)  
[845 Chestnut Street, Escondido, CA 92025](http://845ChestnutStreet.Escondido.CA.92025)  
Nicole (619) 733-6425

**UNIVERSITY HEIGHTS** 10:00am to 11:00am  
Live Easy but Think First - **CA1307** (wc, s)  
Live and Let Live Alano Club  
[3847 Park Blvd, San Diego, CA 92103](http://3847ParkBlvd.SanDiego.CA.92103)  
Scott J. (619) 635-5464

**MENIFEE** 10:00am to 11:30am  
Saturday CoDA Book Study - **CA1354** (sp, wc)  
St. Stephen Episcopal Church  
[26704 Murrieta Road, Menifee, CA 92065](http://26704MurrietaRoad.Menifee.CA.92065)  
Mary D. (951) 514-6418

## GRUPOS EN ESPAÑOL

[www.codaespanol.org](http://www.codaespanol.org)  
[www.codaenespanol.org](http://www.codaenespanol.org)

Para más informes, escriba a [espanol@coda.org](mailto:espanol@coda.org) o  
marque 888 444-2379. Deje un mensaje y se le  
devolverá la llamada.

**CHULA VISTA** Jueves 6:30pm to 8:30pm  
Ya no sea Codependente - CA1324 (e, s)  
First Baptist Church  
[494 E Street, Chula Vista, CA 91910](http://494EStreet.ChulaVista.CA.91910)  
Cindy (619) 482-6966

**CHULA VISTA** Martes 6:30pm to 8:30pm  
Encontrando mi Identidad - CA1290 (e, ss, t)  
[226 Church Ave, Chula Vista, CA 91910](http://226ChurchAve.ChulaVista.CA.91910)  
Lety (619) 623-7640

### THIS DIRECTORY IS CONFIDENTIAL

CoDA groups are listed at their own request.  
Being listed on this schedule does not  
constitute approval of any group's manner  
of practicing the CoDA program.



## MONTHLY MEETINGS

**KENSINGTON** First Sundays 5:30pm to 7:15pm  
**Sunday Speaker's Meeting** - CA0859 (spk)  
Kensington Community Church  
4773 Marlborough, San Diego, CA 92116  
Corner of Alder & Marlborough in the main hall.  
Contact email: [sdcodaspeakers@gmail.com](mailto:sdcodaspeakers@gmail.com)

### **Community Business Meeting**

Third Saturdays 10:00am to 12:00pm  
*All members are welcome. Group  
Rep information is available at  
[sdccoda.org](http://sdccoda.org)*

Mira Mesa Presbyterian Church,  
[8081 Mira Mesa Blvd, San Diego, CA 92126](http://8081MiraMesaBlvd.SanDiego.CA.92126).  
Corner of Reagan Rd. Enter parking lot from  
Berwyn Rd. - Contact Fran M. (619) 426-6843

### **San Diego County CoDA Literature**

Emailed orders will be available at the  
monthly Community Business Meeting.  
<https://www.sdccoda.org/community/literature.php>

**H&I Volunteer Opportunities in San Diego and  
Vista Correctional Institutions.**

Please Email: [h-i@sdccoda.org](mailto:h-i@sdccoda.org)

CoDA has **Alternative Format Meetings@**  
[CoDA.org - Find a Meeting](http://CoDA.org-FindaMeeting)

### **Links to other CoDA websites:**

CoDA International [www.coda.org](http://www.coda.org)  
Los Angeles County [www.lacoda.org](http://www.lacoda.org)  
Orange County [www.occcoda.org](http://www.occcoda.org)  
Southern California [www.socalcoda.org](http://www.socalcoda.org)  
Desert Area [www.desertcoda.org](http://www.desertcoda.org)

## Co-Dependents Anonymous of San Diego, CA

## CoDA Meetings Schedule

## January 2020

01/20/2020

P.O. Box 720064

San Diego, CA 92172-0064

Meeting Phone Line: (619) 222-1244

[www.sdccoda.org](http://www.sdccoda.org)

**Newcomers are welcome at all meetings.  
If you attend a meeting and it does not  
meet your needs, please try another.**

**Our Newsletter/Meeting Schedule Chair is a  
vacant position. If you are interested in  
serving please contact the Community Rep.  
or attend the Community Business meeting.**

For **San Diego** meeting schedule changes  
and meeting contact information changes,  
please email: [c-rep@sdccoda.org](mailto:c-rep@sdccoda.org)

For meeting registration, changes and to list  
meetings with Co-Dependents Anonymous  
International, email [meetings@coda.org](mailto:meetings@coda.org).

Meetings Worldwide: [CoDA.org - Find a Meeting](http://CoDA.org-FindaMeeting)

### **Meeting Codes:**

c	Closed - call before coming	wc	Wheelchair Access
b	Book Study	sp	Sponsor Available
e	Español	spk	Speaker
g	Gay	ss	Step Study
m	Men	t	Traditions
s	Sharing	w	Women

## SUNDAY

**CLAIREMONT** 10:30am to 12:00pm  
Sunday Serenity Meeting - **CA0857** (sp, ss, t)  
The Serenity Shop,  
Meeting room east side of bldg.  
[4736 Clairemont Mesa Blvd, San Diego, CA 92117](#)  
Aaron L (619) 807-0869

**KEARNY MESA** 12:30pm to 2:00pm  
Not Just Beginners - **CA0228** (s)  
Sharp Mesa Vista Hospital  
[7850 Vista Hill Ave, San Diego, CA 92123](#)  
Enter through east parking lot on Meadowlark Dr.  
Professionals and clinical observers not permitted.  
Michelle S. (619) 772-0509, Mike M. (619) 934-6621

**OCEANSIDE** 5:00pm to 6:00pm  
CoDA Blue Book Read and Share - CA1519  
[WRC 1963 Apple St., Oceanside, 92054](#)  
Babysitting provided for children ages 2-10.  
Drop off children at the outside gate  
playground. Due to facility restrictions, the  
Frt. door is locked at 5:05 and the meeting is  
closed.  
Jenny (760) 207-4947

**UNIVERSITY HEIGHTS** 2:00pm to  
3:00pm  
Hillcrest/Univ. Hts., Sunday - **CA1157** (s, wc, g)  
Live & Let Live Alano Club  
[3847 Park Blvd, San Diego, CA 92103](#)  
Scott J. (619) 635-5464

**TEMECULA** 3:00 pm to 4:30pm  
The Sunday Group - **CA1365** (s)  
[27470 Commerce Center Drive, Temecula, CA 92590](#)  
Alano Club - Darcie (951) 259-5248

**MURRIETA New Location** 5:45 pm to 7:00pm  
CoDA 5:45 Murrieta Meeting - **CA1500**  
The Community House  
[41685 Date Street, Suite 100, Murrieta, CA 92562](#)  
Darcie (951) 259-5248

## MONDAY

**SAN CARLOS / LAKE MURRAY** 6:30pm to 8:00pm  
La Mesa Monday Nights - CA1105 (s, sp, t, ss, wc)  
[6556 Park Ridge Blvd, San Diego, CA 92120](#)  
St. Dunstan's Episcopal Church - Craig (619) 368-8433

**DEL MAR** 7:00pm to 8:00pm  
Del Mar CoDA - CA0207 (ss, wc)  
St. Peters Episcopal Church - Youth Room  
[334 14th Street, Del Mar, CA 92014](#). Take 14th St to  
Maiden Ln to Parish Ln, park in upper lot.  
Bill B. (858) 755-1250

**CHULA VISTA** 7:00pm to 8:15pm  
Serenity Seekers - CA1289 (s)  
St. John's Episcopal Church  
Room: Staff Lounge  
[760 1<sup>st</sup> Ave., Chula Vista CA, 91910](#)  
Nancy Y. (619) 787-5748

**CLAIREMONT** 8:00pm to 9:15pm  
Candlelight - CA0405 (s)  
Serenity Shop  
[4736 Clairemont Mesa Blvd, San Diego, CA 92117](#)  
Scott (619) 254-5559

**CARLSBAD** 6:45pm to 8:00pm  
Sisters Set Free - CA1457 (w, s)  
[2020 Chestnut Ave, Carlsbad, CA 92008](#)  
Pilgrim United Church. Please park in the lot on  
Monroe St. [Wendy M \(619\) 961-5757](#)

## TUESDAY

**CLAIREMONT NEW Location** 5:30pm to 7:00pm  
Loving Support - CA0037 (s, ss, t)  
Pioneer Ocean View Church  
[2550 Fairfield St., San Diego, CA 92110](#)  
At the end of Fairfield St., in the fellowship hall  
Sharleene (858) 335-7745

**TEMECULA** 12:00pm to 1:30pm  
Tuesday Noon - CA1306  
[27470 Commerce Center Drive, Temecula, CA 92590](#)  
Alano Club - Darcie (951) 259-5248

## WEDNESDAY

**ALLIED GARDENS** 9:30am to 10:45am  
Miracles - CA1428 (s)  
[5107 Waring Road, San Diego, CA 92120](#)  
Meeting is in the flat building to right of Fosters Freeze.  
Tina (619) 957-3071

**ESCONDIDO** 6:30pm to 7:45pm  
Wednesday Night Empowerment Through Recovery -  
CA1316 (s, ss, t).  
[795 N Rose Street, Escondido, CA 92025](#)  
Corner of Mission Ave & Rose St  
Gary (760) 215-9060

## THURSDAY

**LA MESA / SPRING VALEY** 6:30pm to 8:00pm  
Reflection and Meditation - CA1262 (b, s, sp, wc)  
Trinity Presbyterian Church  
[3902 Kenwood Drive, Spring Valley, CA 91977](#)  
In the Ward Building across from the Sanctuary.  
Jill 619-549-9251

**MIRA MESA new name** 7:00pm to 8:30pm  
CoDA for Beginners and Beyond - CA0220 (s, sp, wc)  
Mira Mesa Presbyterian Church (at Reagan Rd)  
[8081 Mira Mesa Blvd, San Diego, CA 92126](#)  
Robin L. (858) 733-2396

**OCEANSIDE** 6:30pm to 8:00pm  
Women's Truth & Recovery Meeting - CA1247 (w)  
Immanuel Lutheran Church  
[1900 S Nevada Street, Oceanside, CA 92054](#)  
Dede A. (619) 888-2028

**TEMECULA** 7:00pm to 8:30pm  
Living Recovery - CA1239 (b, s, sp, ss, t)  
[27470 Commerce Center Drive, Temecula, CA 92590](#)  
Alano Club - Darcie (951) 259-5248

## FRIDAY

**MIRA MESA** 6:00pm to 7:15pm  
Mira Mesa Serenity Lifers - CA0975 (s, sp, wc)  
Mira Mesa Presbyterian Church (at Reagan Rd)  
[8081 Mira Mesa Blvd, San Diego, CA 92126](#)  
Bryna (619) 203-5852

**SAN MARCOS** 6:00pm to 7:15pm  
Women's Peace & Serenity - CA1391 (w, s, t, ss)  
Panorama Teen and Family Center  
[131 Richmar Ave, San Marcos, CA 92069](#)  
Next to San Marcos Senior Center and Fire Station.  
Rita (760) 420-7857

**ENCINITAS** 7:00pm to 8:00pm  
Encinitas Seaside - CA1277 (s)  
Seaside Center for Spiritual Living  
[1613 Lake Drive, Encinitas, CA 92024](#)  
Quimby Room (facing Lake Drive)  
Susan (760) 944-6101

**SANTEE** 7:00pm to 8:00pm  
Fresh Air CoDA in SANTEE - CA1463  
Step by Step, Serenity and Beyond Shop  
[8790 Cuyamaca Street, Santee, CA 92071](#)  
Gary (760) 215-9060 Steven (619) 504-6793